

Parents' Place FRC  
invites you to join us  
on Zoom....

# REACH



A parent support group for families who have children with special needs.

1st Thursday of Every Month  
7:00 p.m. to 8:00 p.m. (Guest Speaker)

8:00 p.m. to 9:00 p.m. (Parent to Parent Support)

(English Speaking)

You are invited to REACH Support  
**Group Meeting via Zoom Zoom Phone**

**Information:** US: + 1-669-900-9128

**Meeting ID:** 860-9930-7295

**One Tab Mobile:** US:+1669-900-9218,  
86099307295

**Questions?** Call (626) 919-1091 or

**Email the facilitator at:**

tavia.l@parentsplacefrc.com

**Website:** [www.parentsplacefrc.com](http://www.parentsplacefrc.com)

Click here to register on Zoom

**Thursday, May 1, 2025**



**Topic: It's Okay, Not To Be Okay: Let's Talk About  
(Mental Health Awareness Month)**

**Presented by:**

**William Kirkendall, Associate Professional Clinical Counselor,  
and Vicky Loera, Licensed Marriage and Family Therapist.**

**Description:** Description: Join us for an open and welcoming conversation as we come together for Mental Health Awareness Month. REACH offers a safe space for families to talk about mental health, share experiences, and learn how to better support each other at home, school, and in the community. If you're a parent, caregiver, or an individual with a disability who has children, - we invite you to connect with others, explore helpful resources, and discover strategies to foster well-being. Let's break the stigma and remind one another that it's OK not to be OK.