PARENTS' PLACE NEWSLETTER

Contact us:
626.919.1091
1500 S Hyacinth Ave #B
West Covina, CA 91791

Volume 31, Issue 3 January-March 2023

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A Message from Elena Sanchez, Executive Director

Welcome Parents, Families, Friends, Professionals, and Community members,

Our team provides the most current resources, information to empower families and individual's we serve. We meet their needs by offering a "listening ear" and meeting them where they're at in their journey. We offer workshops, conferences, support groups, and parent to parent support just to mention a few, in hopes to achieve the families and individuals' goals of living to their fullest potential. In our efforts to introduce our team, Parents' Place newsletter will proudly "Spotlight "a team member, where they will have the opportunity to write about the role(s) they play here at Parents' Place. This month the "Spotlight" is on Tavia L. Lawson.

What's your role at Parents' Place? My name is Tavia Lorese Lawson and I am a Family Support Specialist and a proud Mom of an amazing young man who just happens to have Autism. I also serve as the California Autism Professional Training And Information Network CADRE Family Resource Center Mentor for the Southern California Region on behalf of Parents' Place. CAPTAIN helps those with Autism and Other Developmental Disabilities. Lastly, I help to co-facilitate the REACH English Support group along with Elizabeth Cuevas. The REACH Support group is a great group of parents whom I get the privilege of learning from every time we meet on Zoom.

What led you to your current role? A behavioralist and a school administrator told me about Parents' Place. At Parents' Place, I was fortunate to meet a lady named Wendy, who took out the time to listen intently to my family's struggles. Wendy explained she was a parent too. I began to take workshops, attend trainings, and check out books that were recommended. The workshops, trainings, and EZ Access binder provided to me, empowered me to learn how to advocate for my son. Eventually attended the Information Fair and Festival where I was introduced to what I call an "encyclopedia" of resources that were available throughout the community. The agencies that I was able to connect with, in addition to the support received by Wendy from Parents' Place, is what led me to seek an internship with the organization.

What do you most enjoy about your role? Collaborating locally and statewide with the Local Educational Agencies to bring vital information needed to the families we serve. I especially enjoy working behind the scenes and encouraging families. When families understand that they are not alone on this journey, and that I can help assist them in some small way, that brings me joy.

What advice would you give to a parent who is interested in learning more about Parents' Place? My advice to parents is, no matter your child's age, it is never too late to learn about the services available to you. We are willing to help. To contact our office feel free to email **empower@parentsplacefrc.com** or you can contact me directly to tavia.l@parentsplacefrc.com. Thank you.

Bienvenidos Padres, Familias, Amigos, Profesionales y Miembros de la Comunidad.

Nuestro equipo de Parents' Place provee recursos e información actual para empoderar y ayudar a todas las familias e individuos que servimos. Cubrimos sus necesidades ofreciendo talleres, conferencias, grupos de apoyo, apoyo de padre a padre solo por mencionar algunos de nuestros servicios. Tratamos de ayudar en donde usted está en el camino para que su familia e hijo/a puedan cumplir sus metas de vivir a su máximo potencial.

En nuestro esfuerzo de presentarles a nuestro equipo de trabajo, la carta trimestral electrónica estará presentando a un miembro de nuestro equipo en cada edición, donde tendrá la oportunidad de explicar el rol que él o ella tiene en nuestro centro. Para este trimestre le presentaremos a Tavia L. Lawson.

¿Cuál es tu papel en Parents' Place? Mi nombre es Tavia Lorese Lawson y soy especialista en apoyo familiar y una orgullosa madre de un joven increíble que tiene autismo. También sirvo como Mentor del Centro de Recursos Familiares CADRE de la Red de Información y Capacitación Profesional de Autismo para la Región del Sur de California en nombre de Parents' Place. CAPTAIN ayuda a las personas con autismo y otras discapacidades del desarrollo. Por último, ayudo a co-facilitar el grupo de apoyo de inglés REACH junto con Elizabeth Cuevas. El grupo de apoyo REACH es un grupo de padres de los que tengo el privilegio de aprender cada vez que nos reunimos en Zoom.

¿Qué te llevó a tu puesto actual? Un especialista de comportamiento y administrador de escuela me hablaron de Parents' Place. En Parents' Place, tuve la suerte de conocer a una señorita llamada Wendy, que se tomó el tiempo para escuchar atentamente las retos de mi familia. Wendy explicó que ella también era madre. Comencé a tomar talleres, asistir a entrenamientos y leer libros que me prestaron de su libreria. Los talleres, capacitaciones y la carpeta EZ Access que me proporcionaron, me permitieron aprender a abogar por mi hijo. Finalmente asistí a la Feria y Festival de Información, donde me presentaron lo que llamo una "enciclopedia" de recursos que estaban disponibles en toda la comunidad. Las agencias con las que pude conectarme, además del apoyo recibido por Wendy de Parents' Place, es lo que me llevó a buscar trabajo voluntario con la organización.

¿Qué es lo que más disfrutas de tu papel? Colaborar a nivel local y estatal con las agencias educativas locales para brindar información vital necesaria a las familias a las que servimos. Me gusta especialmente trabajar detrás de escena y alentar a las familias. Cuando las familias entienden que no están solas en este viaje, y que puedo ayudarlas de alguna manera pequeña, eso me trae alegría.

¿Qué consejo le daría a un padre que esté interesado en aprender más sobre Parents' Place? Mi consejo para los padres es que, sin importar la edad de su hijo, nunca es demasiado tarde para conocer los servicios disponibles para usted. Estamos dispuestos a ayudar. Para ponerse en contacto con nuestra oficina, no dude en enviar un correo electrónico a **empower@parentsplacefrc.com.** Si quiere conectarse directamente conmigo no dude en mamdarme un correo electronico a **tavia.l@parentsplacefrc.com.** Gracias.

THE SAN GABRIEL/ POMONA PARENTS' PLACE FAMILY RESOURCE & EMPOWERMENT CENTER

Calendar of Events 2023

Calendar of events for Zoom Webinars and Support Groups Effective: January, 2023
PRE- REGISTRATION REQUIRED: CALL (626)919-1091
(ALL WORKSHOPS ARE FREE).

DRAWING CLASSES ONLINE-
This program teaches children how to draw using a step-by-step process. Classes are available **on-demand (recorded) for Parents' Place families until we return for classes. Families can purchase as many on-demand classes as they wish and access them when it is most convenient at:** www.artkidsrock.com or by calling (626) 974-1806.
Year round: 1 free class then $10 for additional courses.
Parents' Place does not receive funds from student registration.

Save the Date
Sunday, April 30, 2023
Annual Information Fair & Festival!
Time: 1:00 p.m. to 4:00 p.m.

JANUARY

REACH Support Group
IPP Overview
Thursday, January 5, 2023
7:00 p.m. - 9:00 p.m.

SG/PRC - Early Start- From **Admissions to Transition at Age Three!**
Tuesday, January 31, 2023
4:00 p.m. - 5:30 p.m.

Starlight Support Group on Zoom
CLAP project – English & Chinese translation
Tuesday, January 24, 2023
10:00 a.m. - 12: 00 p.m.

Play to Learn Workshop
Special Presenter on Speech & Language
Wednesday, January 25, 2023
10:00 a.m. - 11:30 a.m.
call office to register 626-919-1091

FEBRUARY

Office of Clients Rights Advocacy, (DRC)
SSI Overview
Friday, February 3, 2023
10:00 a.m. - 11:00 a.m. Eng.

Overcoming Misinterpretations in Cross Cultural Communication
Alternative Dispute Resolution)
Thursday, February 16, 2023
10:00 a.m. - 12:00 p.m.
ESGV SELPA
1400 Ranger Drive, Covina, 91722

Starlight Support Group in-person
IHSS Eligibility – English & Chinese translation
Tuesday, February 28, 2023
10:00 a.m. - 12: 00 p.m.

TASK-Parent Training Center
Assessment Process
Tuesday, February 21, 2023
10:30 a.m. - 12:00 p.m.

Play to Learn Workshop
Gross Motor / Fine Motor
Wednesday, February 22, 2023
10:00 a.m. - 11:30 a.m.
call office to register 626-919-1091

MARCH

Office of Clients Rights Advocacy, (Disability Rights CA)
IHSS Overview
Friday, March 3, 2023
10:00 a.m. - 11:00 a.m.

Starlight Support Group on Zoom
TASK-Navigating IEP's
Tuesday, March 28, 2023
10:00 a.m - 12: 00 p.m.

Office of Clients Rights
IFSP/IPP Overview
Thursday, March 30, 2023
10:00 a.m. - 11:00 a.m.

Play to Learn Workshop
Special Presentor on Social Emotional
Wednesday, March 29, 2023
10:00 a.m. - 11:30 a.m.
call office to register
626-919-1091

Funded in part by California Department of Developmental Services & California Department of Education

THE SAN GABRIEL/ POMONA PARENTS' PLACE FAMILY RESOURCE & EMPOWERMENT CENTER

Calendario de Eventos 2023

Calendario de eventos para seminarios en la web y grupos de apoyo via Zoom vigentes: Enero, 2023 SE REQUIERE INSCRIPCIÓN PREVIA: LLAME AL (626)919-1091 (TODOS LOS TALLERES SON GRATUITOS).

CLASES DE DIBUJO EN LÍNEA- Este programa enseña a los niños a dibujar utilizando un proceso paso a paso. Las clases están disponibles a pedido (grabadas) para las familias de Parents' Place hasta que regresemos a clases. Las familias pueden comprar tantas clases a pedido como deseen y acceder a ellas cuando sea más conveniente en: www.artkidsrock.com o llamando (626) 974-1806. Todo el año: una clase gratis y luego $10 para cursos adicionales. Parents' Place no recibe fondos de la inscripción de estudiantes.

APARTE EL DIA PARA NUESTRA FERIA ANUAL Y FESTIVAL INFORMATIVA **DOMINGO, 30 DE ABRIL DEL 2023** DE 1:00A 4:00 P.M.

ENERO

Oficina de los derechos del Cliente
SSI Overview
Viernes, 27 de Enero 2023
10:00 a.m. - 11:00 a.m.

SG/PRC - **Intervencion Temprana desde la admision hasta la transicion a los tres años**
Martes, 31 de Enero 2023
4:00 p.m. - 5:30 p.m.

Play to Learn
Presentador epecial en Habla y Lenguaje
Miercoles, 25 de Enero 2023
10:00 a.m. - 11:30 a.m.
hablar a la oficina para registrarse al 626-919-1091

Nuevo Dia! Grupo de apoyo **projecto de CLAP**
Cada segundo Miércoles del mes
10:00 a.m. - 12:00 p.m.

Carita Feliz! Grupo de apoyo (syndrome de down) **projecto de CLAP**
Cada tercer Viernes del mes
4:00 p.m. - 5:30 p.m.

Dad Rocks! Grupo de apoyo (Para padre Ingles y Espanol)
Cada tercer Viernes del mes
6:30p.m. - 8:30 p.m.

FEBRERO

Superar las malas interpretaciones en la communicación intercultural
Jueves, 16 de Febrero 2023
10:00 a.m. - 12:00 p.m.
ESGV SELPA
1400 Ranger Drive, Covina, 91722

TASK-Centro de capacitación para padres
Proceso de Evaluación
Martes, 21 de Febrero 2023
10:30 a.m. - 12:00p.m.

Play to Learn
Motricidad gruesa / Motricidad fina
Miercoles, 22 de Febrero 2023
10:00 a.m. - 11:30 a.m.
hablar a la oficina para registrarse al 626-919-1091

Nuevo Dia! Grupo de apoyo
Cada segundo Miércoles del mes
10:00 a.m. - 12:00 p.m.

Carita Feliz! Grupo de apoyo (Syndrome de Down)
Cada tercer Viernes del mes
4:00 p.m. - 5:30 p.m.

Dad Rocks! Grupo de apoyo (para padres en Ingles y Espanol)
Cada tercer Viernes del mes
6:30 p.m. - 8:30 p.m.

MARZO

Play to Learn
Presentador especial en lo social y emocional
Miercoles, 29 de Marzo 2023
10:00 a.m. - 11:30 a.m.
hablar a la oficina para registrarse al 626-919-1091

Nuevo Dia! Grupo de apoyo
Cada segundo Miércoles del mes
10:00 a.m. - 12:00 p.m.

Carita Feliz! Grupo de apoyo (Syndrome de Down)
Cada tercer Viernes del mes
4:00 p.m. - 5:00 p.m.

Dad Rocks! Grupo de apoyo (Para padres en Ingles y Espanol)
Cada tercer Viernes del mes
6:00p.m. - 7:00 p.m.

THE SAN GABRIEL / POMONA
PARENTS' PLACE
ESTABLISHED
1989
SERVING THE
SPECIAL NEEDS COMMUNITY

Parents' Place is now open two Saturday's a month!
¡Parents' Place ahora está abierto dos sábados al mes!

January/Enero
14 8:30 a.m. - 1:00 p.m.
28 8:30 a.m. - 1:00 p.m.

February/Febrero
4 8:30 a.m. - 1:00 p.m.
18 8:30 a.m. - 1:00 p.m.

March/Marzo
11 8:30 a.m. - 1:00 p.m.
25 8:30 a.m. - 1:00 p.m.

April/Abril
***30 Info Fair**

May/Mayo
5 8:30 a.m. - 1:00 p.m
20 8:30 a.m. - 1:00 p.m

June/Junio
3 8:30 a.m. - 1:00 p.m
23 Open House

2023

1500 S. Hyacinth Ave. Ste B
West Covina CA 91791
626-9191091
www.parentsplacefrc.com

The San Gabriel/Pomona Parents' Place
along with the City of West Covina
proudly announce the

28th Information Fair & Festival

Fair & Festival

Festival y Feria Informativa

資訊博覽及節慶

Sunday/Domingo/週日
April 30, 2023
1:00 to 4:00 p.m.

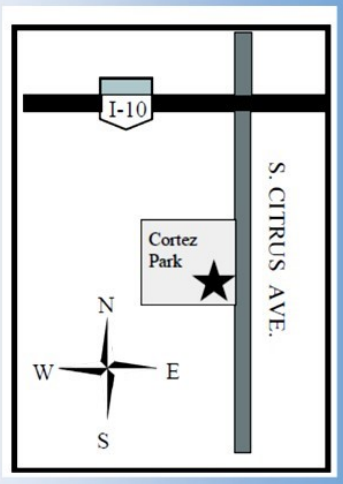
EVERYTHING IS FREE! GRATIS! 免費

For children, teens, young adults with special needs, their families, and professionals who work with them. Para niños , jóvenes con discapacidades y para los profesionales que trabajan con ellos.

ALL ABILITIES ARE WELCOMED!

This event is organized & sponsored by:
Parents' Place Family Resource & Empowerment Center
1500 S. Hyacinth Avenue, Suite B, West Covina, CA 91791
Office: (626) 919-1091 Fax: (626) 919-2784 Website: **www.parentsplacefrc.com**
In conjunction with:
California Department of Developmental Services, California Department of Education
City of West Covina & private donations from community organizations

Location/Lugar/地點:
CORTEZ PARK
2441 E Cortez Avenue
(Off Citrus)
West Covina, CA 91791



ACTIVITIES / ACTIVIDADES/節目

For Children, Teens & Young Adults/Para Niños y Jovenes/小孩

- **Clowns** / Payasos/小丑
- **Face Painting** / Pintura para la Cara/面部彩繪
- **Moon Bouncers** / Brincolin/月球彈跳
- **Game Booths** / Juegos/攤位遊戲
- **Sensory Area**/Area sensorial/感官區
- **Prizes**/Premios/禮物
- **Live Entertainment**/Entretenimiento en Vivo/現場表演

For Parents/ Para los Padres/家長

- **Information Booths**/Informacion sobre servicios /資訊展覽
- **Support Groups'Area** / Grupos de Apoyo/支援小组區
- **Parent networking** / Platique con otros padres /家長聯誼
- **Have Fun with your Children** /Diviertase con sus hijos/孩子同樂

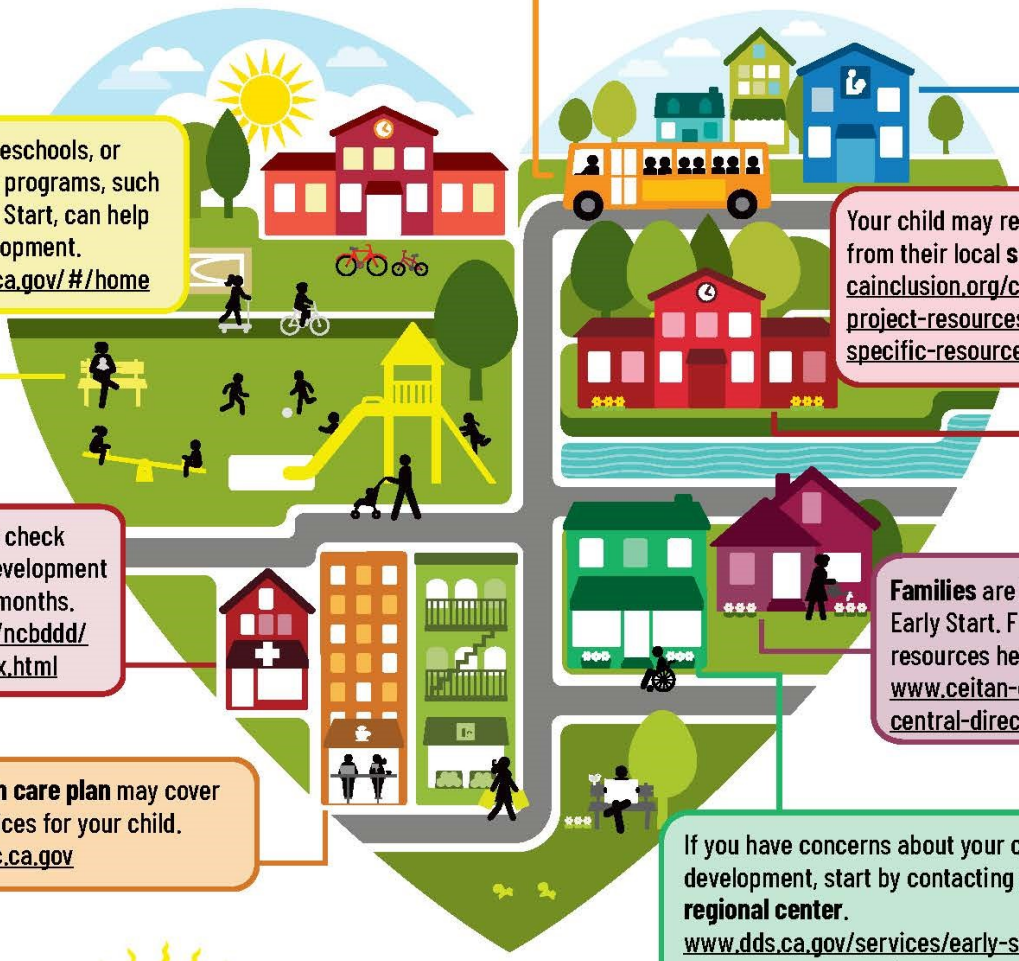
The Early Start Community

If you have a young child who needs specialized care or has a disability, or if you have a concern about your child's development, there is help and support in your community!

Early Start **Family Resource Centers** help you navigate through Early Start. www.dds.ca.gov/services/early-start/family-resource-center

Places like **libraries** provide opportunities for learning and inclusion. www.library.ca.gov/services/to-libraries/library-directory

Child care, preschools, or home visiting programs, such as Early Head Start, can help support development. mychildcare.ca.gov/#/home



Your child may receive services from their local **school**. cainclusion.org/camap/map-project-resources/county-specific-resources

Pediatricians check your child's development at 9, 18, & 24 months. www.cdc.gov/ncbddd/actearly/index.html

Families are the heart of Early Start. Find Early Start resources here: www.ceitan-earlystart.org/central-directory

Your **health care plan** may cover some services for your child. www.dmhc.ca.gov

If you have concerns about your child's development, start by contacting your local **regional center**. www.dds.ca.gov/services/early-start/family-resource-center/regional-center-early-start-intake-and-family-resource-centers

CALIFORNIA EARLY START

The California Department of Developmental Services and the Interagency Coordinating Council on Early Intervention have information for parents and professionals about how to get help and support. For additional questions, please call the Early Start BabyLine at 800-515-BABY (800-515-2229).

Local contact information:

Parents' Place Family Resource & Empowerment Center
626-919-1091
www.parentsplacefrc.com

Design created by Guthrie Devine at Eastern LA FRC.

Our Toy-Book-Video Lending Library is Back!

If you would like to borrow a toy, book, activity box, or video, call us to make an ***appointment!*** Once your borrowing period ends, you will drop off the items at The Parents' Place location.

All items are sanitized upon return.

Parents' Place activity boxes come with educational toys that address five areas of development: ***Language***, ***Fine Motor Skills***, ***Social-Emotional***, ***Cognitive***, and ***Sensory***. You may borrow up to one or two boxes at a time,

To set up an appointment please contact:
Parents' Place Family Resource and Empowerment Center:
(626) 919-1091
1500 S. Hyacinth Ave., Suite B, West Covina., CA 91791
www.parentsplacefrc.com

This program is funded in part by The California Department of Developmental Services, The California Department of Education, and private donors.

NUESTRA BIBLIOTECA DE PRESTAMO DE JUGUETE-LIBRO-VIDEO ESTA DE REGRESO!

Si, usted desea pedir prestado un juguete, libro, video o caja de actividades, **llamanos para programar una cita!** Recogeras una bolsa con tu nombre en la entrada de Parents' Place. Una vez que el periodo de prestamo termine regresaras el articulo a Parents'Place.

TODOS LOS ARTICULOS DE REGRESO, SON DESINFECTADOS

Las cajas de actividades de Parents' Place vienen con material educativo que compreden las 5 areas de desarrollo: **Lenguaje, Habilidad Motriz Fina, Socio-Emocional, Cognitivo y Sensorial**

Puedes pedir prestado, 2 al mismo tiempo.

Para programar una CITA por favor, contactanos a:
Parents' Place Family Resource and Empowerment Center:
(626) 919-1091
1500 S. Hyacinth Ave., Suite B, West Covina., CA 91791
www.parentsplaefrc.com

This program is funded in part by The California Department of Developmental Services, The California Department of Education, and private donors.

Parents' Place Virtual/In-Person Support Groups

"REACH"
English Support Group
For any information, please call Parents' Place or
email the facilitator directly at
tavia.l@parentsplacefrc.com

Time: 7:00p.m. to 9:00p.m.
Every first Thursday
of the month
ZOOM

"NUEVO DIA"
Para más información hable a el lugar de los padres o mandar un correo electrónico a la facilitadora de este grupo ElenaSanchez a elena.sanchez@parentsplacefrc.com

Hora: 10:00a.m. to 11:30a.m.
Cada Segundo Miércoles
de cada mes
En Persona

"DAD ROCKS"
Dads Assisting Dads Raising Outstanding Cool Kids with Special Needs call Parents' Place or email Elena Sanchez at:
elena.sanchez@parentsplacefrc.com
Time / Hora: 6:30p.m. to 8:00p.m.
Every third Friday of the month
Cada tercer viernes del mes
English / Español
En Persona

"CARITA FELIZ"
Grupo para padres que tienen
niños con Síndrome de Down
Para más información hablar al
Lugar de los Padres
Facilitadora Voluntaria
Maria de la Torre (626) 919-1091
Hora: 4:00p.m. to 5:30p.m.
Cada tercer Viernes de
cada mes
En Persona

THE SAN GABRIEL / POMONA PARENTS' PLACE
CELEBRATING 32 YEARS
SERVING THE SPECIAL NEEDS COMMUNITY

""TEEN TITANS"
A social group for teenagers with special needs between the ages of 14 to 17" For more information,
please call Parents' Place or
email the facilitator directly
maria.luna@parentsplacefrc.com
Time: 7:00p.m. to 9:00p.m.
2nd Friday of every month
Locations may vary
In-Person

"STARLIGHT"
""華人家長互助小組 - 有特殊需要孩子的家長"" 查詢及報名，請打電話或電郵
Connie Kwok at:
connie.k@parentsplacefrc.com

時間: 上午*10:00a.m. to 12:00p.m.*
每月第四個星期二
Every
4th Tuesday
In -Person/ZOOM

SUPPORT GROUPS FOR PARENTS OF CHILDREN WITH SPECIAL NEEDS
GRUPOS DE APOYO PARA PADRES QUE TIENEN NIÑOS CON NECESIDADES ESPECIALES

To Register, or for more Information:
Call Parents' Place at (626)919-1091
After you register a link will be sent to you by email.
Para registrarse o para obtener más información: Llame a Parents' Place al (626) 919-1091 Después de registrarse, se le enviará un enlace a usted por correo electrónico.

"YOUNG ADULT" SOCIAL GROUP" ***Young adult s social group ages-18-22 /grupo social para adultos jóvenes-***
email the facilitator directly
cfletes@parentsplacefrc.com
Time: 6:00p.m. to 7:30p.m.
Every other month on the 4th
Friday Locations may vary
In-Person

http://www.parentsplacefrc.com/parents-place-support-groups.html

Parents' Place FRC

Invites you to join us on Zoom or in Person ....

REACH

A parent support group for families who have children with special needs.

1st Thursday of Every Month

7:00 p.m. to 8:00 p.m.-Guest Speaker

8:00 p.m. to 9:00 p.m. - Parent to Parent Support

(English Speaking)

You are invited to a REACH Support Group Meeting via Zoom

Zoom Phone Information:
US: +1 669-900-9128
Meeting ID: 860-9930-7295
One Tap Mobile:
US: +1669-900-9128, 86099307295

Questions? Call (626) 919-1091 or Email the facilitator at:
tavia.l@parentsplacefrc.com
Website: www.parentsplacefrc.com

Click here to register on Zoom

Schedule of Topics

January 5, 2023, Individual Program Plan (IPP) (On Zoom)

February 2, 2023, Assistive Technology for Sensory Processing (On Zoom)

March 2, 2023, Open Discussion (In-Person)

April 6, 2023, TBD, (On Zoom)

May 4, 2023, TBD, (On Zoom)

June 2023, Date To Be Determined

星光 家長互助會

為有特別需要孩子的家長，提供一個良好的交流平台！家長們可以互相交流有關養育孩子的經驗和方法，例如：如何幫助孩子適應學校生活、孩子的營養及教育方面的知識和資訊。歡迎家長參加！

線上 (ZOOM) 及實體會議

(國語及廣東話)

每月第四個週二上午 10:00 - 中午12:00

THE SAN GABRIEL / POMONA
PARENTS' PLACE
ESTABLISHED
1989
SERVING THE
SPECIAL NEEDS COMMUNITY

2023上半年聚會日 期

線上 (ZOOM) 會議： 1/24, 3/28, 5/23

實體會議： 2/28, 4/25, 6/27

實體會議地點 : 1500 S Hyacinth Ave. Suite B, West Covina, CA 91791

報名及查詢:

Connie Kwok (626) 919-1091 (國語及廣東話)

電郵 : connie.k@parentsplacefrc.com

網址 : www.parentsplacefrc.com

PLAY TO LEARN

INFANTS & TODDLERS 0-5 YEARS

THE SAN GABRIEL / POMONA PARENTS' PLACE
CELEBRATING 32 YEARS
SERVING THE SPECIAL NEEDS COMMUNITY

Join our playgroup! It's a great way to have fun while learning how your child is growing and reaching their milestones (0-5 years). There will be fun activities, circle time with a story and time to check in with each other. All participants will receive a certificate of attendance upon request.

Play To Learn meets every last Wednesday of the month contact **Celia Fletes** to register at:
Cfletes@parentsplacefrc.com
or **626-919-1091**

January 25, 2023
"Special presenter on Speech and Language"

February 22, 2023
"Gross Motor and Fine Motor"

March , 2023
"Special presenter on Social Emotional Development"

Hours: 10:00 a.m. to 11:30 a.m.
Location: 1500 S. Hyacinth Ave. STE B, West Covina, CA. 91791
Cost: FREE!

www.parentsplacefrc.com

THIS PLAYGROUP IS MADE POSSIBLE THROUGH THE DEPARTMENT OF DEVELOPMENTAL SERVICES

PLAY TO LEARN

BEBÉS Y NIÑOS PEQUEÑOS 0-5 AÑOS

THE SAN GABRIEL / POMONA PARENTS' PLACE
CELEBRATING 32 YEARS
SERVING THE SPECIAL NEEDS COMMUNITY

¡Únete a nuestro grupo de juego! Es una excelente manera de divertirse mientras aprende cómo su hijo está creciendo y alcanzando sus metas (0-5 años). Habrá actividades divertidas, tiempo en círculo con una historia y tiempo para comunicarse entre sí. Todos los participantes recibirán un certificado de asistencia previa solicitud.

Play To Learn se reúne todos los últimos miércoles del mes comunicarse con **Celia Fletes** para inscribirte en:
Cfletes@parentsplacefrc.com
o al **626-919-1091**

25 de Enero, 2023
"Presentador especial sobre habla y lenguaje"

22 de Febrero, 2023
"Motricidad gruesa y motricidad fina"

29 de Marzo, 2023
"Presentador especial sobre Desarrollo Social Emocional"

Horario: 10:00 a.m. to 11:30 a.m.
Lugar: 1500 S. Hyacinth Ave. STE B, West Covina, CA. 91791
Costo: Gratis!

www.parentsplacefrc.com

Este grupo de juego es posible gracias al Departamento de Servicios de Desarrollo

TRAINING

"Overcoming Misinterpretations in Cross-Cultural Communication During the IEP Meeting"

(Alternative Dispute Resolution (ADR)"

Presented by Jason Harper, Professional Mediator, and ADR Consultant.

Hosted by Parents' Place Family Resource & Empowerment Center

Thursday, ***February 16th****, 2023*

10:00 *a.m. to* ***12:00*** *p.m.*

In-Person at the East San Gabriel Valley SELPA (see map below)

Registration link – https://tinyurl.com/2p97y4b4

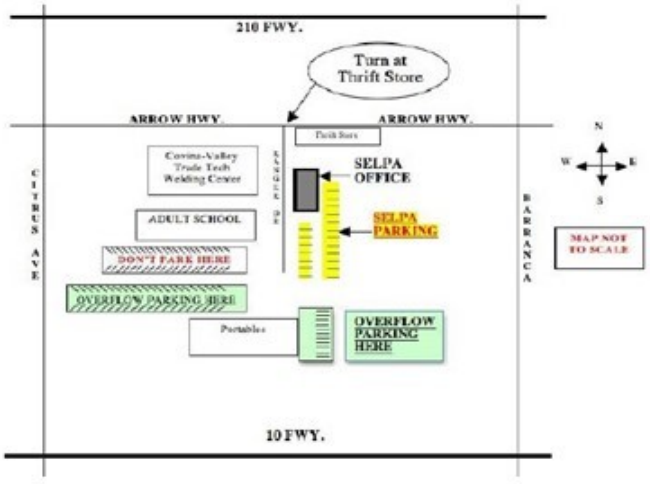
Description: In education, we encounter a wide range of people with different cultures and norms. Cultural differences in communication can lead to misinterpretations that fuel conflict. This interactive workshop will discuss communication methods and behaviors through the lens of different cultural characteristics and give you tips to mitigate those misinterpretations in the joint search for the best solution for the student.

Intended Audience:
Parents, Caregivers, Family Members, Educators, and anyone interested in learning how to support. ***(Interpretation will be provided in Mandarin, Spanish, and Vietnamese.)***

Location: ***East San Gabriel Valley SELPA***
1400 Ranger Drive Covina, CA 91722

Please park at the SELPA OFFICE, SELPA PARKING, highlighted in yellow.

Overflow parking is available if needed. See green highlighted areas.



Questions? Please contact Parents' Place at (626) 919-1091 or email empower@parentsplacefrc.com

FUNDED IN PART BY WSGV SELPA, ESGV SELPA, POMONA SELPA & CALIFORNIA DEPARTMENT OF EDUCATION

Entrenamiento GRATIS

"Superar las malas interpretaciones en la comunicación intercultural Durante la reunión del IEP"

Presentado por Jason Harper, mediador profesional y consultor de ADR.

Organizado por Parents' Place Family Resource & Empowerment Center

jueves, ***16 de febrero*** *de 2023*

10:00 am a 12:00 pm

En persona en el SELPA del Este del Valle de San Gabriel

(vea el mapa a continuación)

Enlace de registro–https://tinyurl.com/2p97y4b4

Descripción:

En la educación, nos encontramos con una amplia gama de personas con diferentes culturas y normas. Las diferencias culturales en la comunicación pueden dar lugar a malas interpretaciones que alimentan el conflicto. Este taller interactivo discutirá métodos y comportamientos de comunicación a través de la lente de diferentes características culturales y le dará consejos para mitigar esas malas interpretaciones en la búsqueda conjunta de la mejor solución para el estudiante.

Objetivo Público:

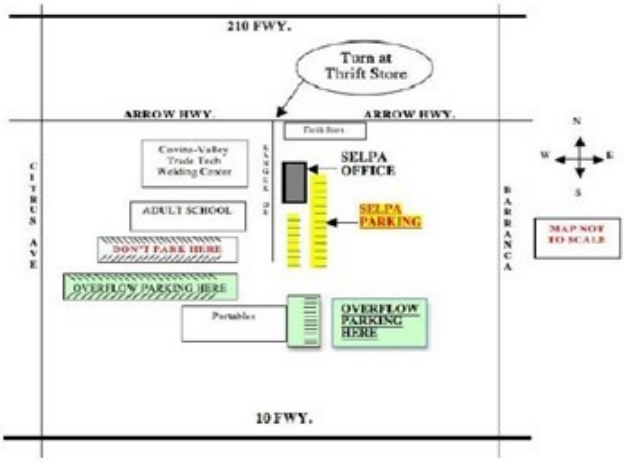
Padres, cuidadores, miembros de la familia, educadores y cualquier persona interesada en aprender como brindar apoyo.

Ubicación:

East San Gabriel Valley SELPA

1400 Ranger Drive/Covina, CA 91722

Estacione en la OFICINA DE SELPA, ESTACIONAMIENTO DE SELPA, resaltado en amarillo. El estacionamiento adicional está disponible si es necesario. Vea las áreas resaltadas en verde.



¿Preguntas? Comuníquese con Parents' Place al (626) 919-1091 o envíe un correo electrónico a empower@parentsplacefrc.com

FINANCIADO EN PARTE POR WSGV SELPA, ESGV SELPA, POMONA SELPA Y EL DEPARTAMENTO DE EDUCACIÓN DE CALIFORNIA

"在跨文化的溝通中克服誤解和偏見"

替代性爭議解決在 IEP 會議期間克服跨文化溝通的誤解（ADR）

免費培訓

由專業調解員兼 ADR 顧問 Jason Harper 主講
Parents' Place 家庭資源與賦權中心主辦

週四, 2月 16 日, 2023

上午 10:00 時至中午 12:00 時

實體會議在East San Gabriel Valley SELPA舉行(見下圖)

注册–https://tinyurl.com/2p97y4b4

描述：在教育過程中，我們會遇到各種各樣具有不同文化背景和規範的人。文化差異可能導致溝通中的誤解，從而加劇衝突。這個互動研討會將通過不同文化的特徵討論溝通方法和行為，並為您提供提示，以減少在共同為學生尋找最佳解決方案時的誤解。

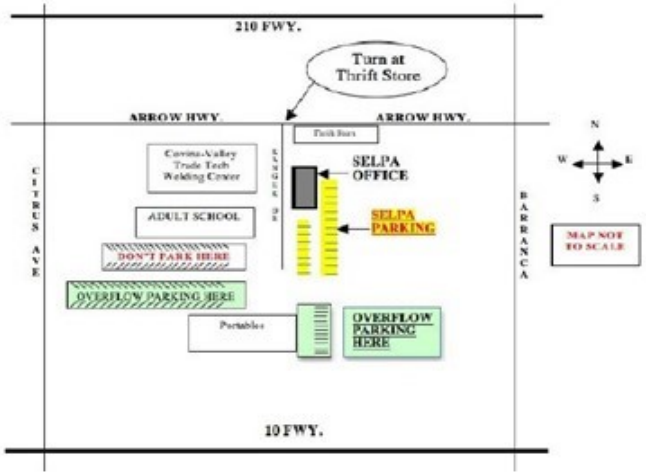
預期參加者：
父母、照顧者、家庭成員、教育工作者以及任何有興趣的人仕。

本次培訓將以英語進行，提供西班牙語、普通話和越南語翻譯。

地點:

East San Gabriel Valley SELPA
1400 Ranger Drive/Covina, CA 91722

請將車停在 SELPA 辦公室停車場(黃色區域)，另外有其他停車位提供，請查看綠色區域。



查询: 請聯繫Parents' Place 電話 (626) 919-1091 或電郵 ***empower@parentsplacefrc.com***

FUNDED IN PART BY WSGV SELPA, ESGV SELPA, POMONA SELPA & CALIFORNIA DEPARTMENT OF EDUCATION

MIỄN PHÍ

HUẤN LUYỆN MIỄN PHÍ

"Vượt qua những hiểu lầm trong giao tiếp đa văn hóa Trong cuộc họp IEP"

(GIẢI QUYẾT TRANH CHẤP THAY THẾ (ADR) "

Được trình bày bởi Jason Harper, Hòa giải viên chuyên nghiệp và Tư vấn ADR.

Thứ năm, ngày 16 tháng 2, 2023

10:00 sáng đến 12:00 trưa

Trực tiếp tại East San Gabriel Valley SELPA (xem bản đồ bên dưới)

Đăng Ký Ghi Danh –https://tinyurl.com/2p97y4b4

Nội Dung: Trong giáo dục, chúng ta tiếp xúc với rất nhiều người với các nền văn hóa và chuẩn mực khác nhau. Sự khác biệt về văn hóa trong giao tiếp có thể dẫn đến những hiểu lầm gây ra xung đột. Hội thảo tương tác này sẽ thảo luận về các phương pháp và hành vi giao tiếp thông qua lăng kính của các đặc điểm văn hóa khác nhau, đồng thời cung cấp cho bạn các mẹo để giảm thiểu những hiểu lầm đó trong quá trình cùng nhau tìm kiếm giải pháp tốt nhất cho học sinh.

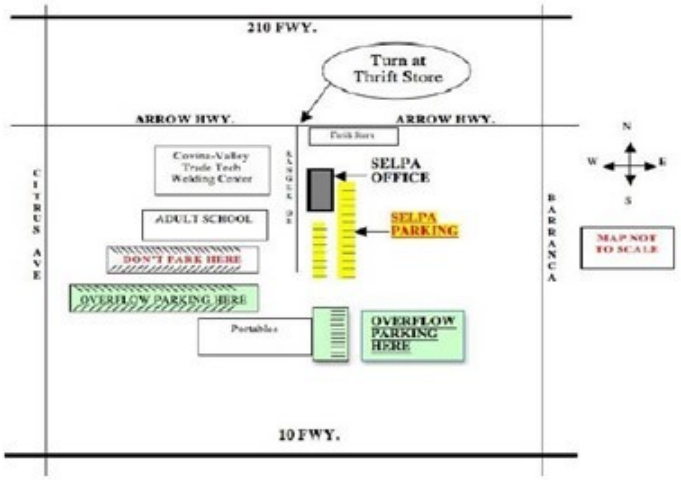
Thành Viên dự định tham gia:
Cha mẹ, Người chăm sóc, Thành viên gia đình, Nhà giáo dục và bất kỳ ai quan tâm đến việc tìm hiểu cách hỗ trợ.

Phiên dịch sẽ được cung cấp bằng tiếng Tây Ban Nha, Trung Quốc, Việt Nam

Địa Điểm:

East San Gabriel Valley SELPA
1400 Ranger Drive/Covina, CA 91722

"Vui lòng đậu xe tại VĂN PHÒNG SELPA, SELPA PARKING, được tô màu vàng.
Có thêm chổ đậu xe nếu cần thiết. Xin xem các khu vực được đánh dấu bằng màu xanh lá cây."



Có câu hỏi ? Xin Liên Lạc Parents' Place at (626) 919-1091 or email empower@parentsplacefrc.com

FUNDED IN PART BY WSGV SELPA, ESGV SELPA, POMONA SELPA & CALIFORNIA DEPARTMENT OF EDUCATION

TASK

GUIDANCE | EDUCATION | SUPPORT

THE SAN GABRIEL / POMONA PARENTS' PLACE

CELEBRATING 25 YEARS

SERVING THE SPECIAL NEEDS COMMUNITY

In collaboration with Parents' Place Family Resource Center, TASK Los Angeles presents the following workshop:

Assessment Process

Tuesday, February 21, 2023
10:30 AM - 12:00 PM

This virtual workshop will be conducted through Zoom.
You will need to register to participate. Registration link below:

https://bit.ly/3Pzlh26

Contact Parents' Place at **626-919-1091** or email: **empower@parentsplacefrc.com**

This workshop provides an overview of parent and district participation in the special education assessment process. Workshop attendees will learn about the federal laws governing special education and referral and assessment processes.

TASK is a nonprofit organization that helps families navigate:
■ *Disability services* ■ *Special Education* ■ *Assistive Technology*
We serve Imperial, Los Angeles, Orange, Riverside, San Diego, and San Bernardino Counties

TASK Los Ángeles | 626.300-1043

TASK

GUIDANCE | EDUCATION | SUPPORT

THE SAN GABRIEL / POMONA PARENTS' PLACE

CELEBRATING 25 YEARS

SERVING THE SPECIAL NEEDS COMMUNITY

En colaboración con Parents' Place Centro de Recursos Familiares, TASK Los Ángeles presenta el siguiente taller:

Proceso de Evaluación

Martes, 21 de febrero de 2023, 10:30 AM - 12:00 PM

Este taller virtual se realizará a través de Zoom.
Tendrá que registrarse para participar. Enlace de registro a continuación:

https://bit.ly/3W3y7YP

Póngase en contacto con Parents' Place en el **626-919-1091** o envíe un correo electrónico a: empower@parentsplacefrc.com

Este taller ofrece una descripción general de la participación de los padres y el distrito en el proceso de evaluación de educación especial. Aprenderán sobre el proceso de evaluación y las opciones para resolver desacuerdos.

TASK es una organización sin fines de lucro que ayuda a las familias a navegar:
■ *Educación especial* ■ *Servicios sobre la discapacidad* ■ *Tecnología de asistencia*
Servimos a los condados de Imperial, Los Ángeles, Orange, Riverside, San Diego y San Bernardino.

TASK Los Ángeles | 626.300-1043

PARENTS' PLACE PRESENTS:

IN HOME SUPPORTIVE SERVICES

What is Office of Clients' Rights Advocacy?

How do I apply for In Home Supportive Services?

Presented by Aimee Delgado, Clients' Rights Advocate, Office of Clients' Rights Advocacy (OCRA)

PRE-REGISTRATION REQUIRED!
SIGN UP EARLY, AS SPACE IS LIMITED

What is OCRA, In Home Supportive Overview?

Friday, March 3, 2023, 10:00 am -11:00 am

Learn to understand IHSS and how to prepare for the assessment.

To Pre-Register please use the Zoom Registration Link:

https://tinyurl.com/587xbd5b

After registering, you will receive a confirmation email containing information about joining the meeting. Any questions, please contact Parents' Place at (626) 919-1091, or by email at empower@parentsplacefrc.com

TASK

GUIDANCE | EDUCATION | SUPPORT

THE SAN GABRIEL / POMONA PARENTS' PLACE

CELEBRATING 25 YEARS

SERVING THE SPECIAL NEEDS COMMUNITY

In collaboration with Parents' Place Family Resource Center, Starlight Support Group, TASK Los Angeles presents the following workshop:

Navigating IEPs

Tuesday, March 28, 2023
10:00 AM - 11:30 AM

This virtual workshop will be conducted through Zoom. You will need to register to participate. Registration link below:

https://bit.ly/3W0VulP

Contact Parents' Place at **626-919-1091** or email: **empower@parentsplacefrc.com**

This workshop provides an overview of parent and district participation in the special education assessment process. Workshop attendees will learn about the federal laws governing special education and referral and assessment processes.

TASK is a nonprofit organization that helps families navigate:
■ *Disability services* ■ *Special Education* ■ *Assistive Technology*
We serve Imperial, Los Angeles, Orange, Riverside, San Diego, and San Bernardino Counties

TASK Los Ángeles | 626.300-1043

PARENTS' PLACE PRESENTS: HOW TO UNDERSTAND YOUR CHILD'S IFSP/IPP

THE SAN GABRIEL / POMONA PARENTS' PLACE
CELEBRATING 25 YEARS
SERVING THE SPECIAL NEEDS COMMUNITY

How do I plan for the transition from Regional Center's Early Start Services?

How do you develop an appropriate plan?

Presented by Aimee Delgado, Clients' Rights Advocate, Office of Clients' Rights Advocacy (OCRA)

PRE-REGISTRATION REQUIRED!
SIGN UP EARLY, AS SPACE IS LIMITED

What is OCRA, the Individual Family Service Plan (IFSP) and the Individual Program Plan (IPP)

Friday, March 30, 2023, 10:00 a.m. – 11:00 a.m.
Understanding parts of the IPP: narrative, goals, outcomes and annual reviews.

To Pre-Register please use the Zoom Registration Link:

https://tinyurl.com/3ab2xxjd

After registering, you will receive a confirmation email containing information about joining the meeting. Any questions, please contact Parents' Place at (626) 919-1091, or by email at empower@parentsplacefrc.com

San Gabriel Valley Transition Task Force

Annual Collaborative Virtual Transition Fair

San Gabriel / Pomona Regional Center

Connect with Over 75
Local Adult Educational, Vocational and
Independent Living Programs and Supports

WEDNESDAY,
MARCH 8, 2023

To Register:

Scan Here

www.tinyurl.com/sgvfair2023

10:00 AM - 2:00 PM: Meet with Representatives Live Online

Featured Presentations

9:30 AM - 10:00 AM: Department of Rehabilitation (DOR) - Supports & Services

10:00 AM - 10:30 AM: Institute for Workplace Skills & Innovation (IWSI) America - Apprenticeship Programs

2:00 PM - 3:00 PM: Secondary Transition & WorkAbility 101 Panel

Grupo de Trabajo de Transición del Valle de San Gabriel

Colaboración Anual
Feria Virtual de Transición

San Gabriel / Pomona Regional Center

Conéctese con más de 75 programas y apoyos locales de educación para adultos, vocacionales y de vida independiente

MIÉRCOLES, 8 DE MARZO DE 2023

Para registrarse:

Escanee aquí

www.tinyurl.com/sgvfair2023

10:00 AM - 2:00 PM: Conozca a representantes en vivo en línea

Presentaciones Destacadas

9:30 AM - 10:00 AM: Departamento de Rehabilitación (DOR) – Apoyos y Servicios

10:00 AM - 10:30 AM: Institute for Workplace Skills & Innovation (IWSI) America – Programas de Aprendizaje

2:00 PM - 3:00 PM: Transición Secundaria y WorkAbility 101 Panel

圣盖博谷过渡工作组
年度合作
虚拟过渡博览会

San Gabriel / Pomona Regional Center

联系超过 75 个当地成人教育、职业和独立生活计划和支持项目

星期三 2023年3月8日

报名：

扫描此处

www.tinyurl.com/sgvfair2023

上午10:00 - 下午2:00 在线会见代表

专题演讲

上午09:30 - 上午10:00 康复服务部（DOR）- 支持与服务

上午10:00 - 上午10:30 美国职场技能与创新研究所（IWSI）- 学徒计划

上午14:00 - 上午15:00 二次过渡和工作能力 101 专家组

City of El Monte
and the West San Gabriel Valley
Special Education Local Plan Area (SELPA)

Cordially invites you to:

STUDENTS WITH DISABILITIES RESOURCE FAIR

A Resource Fair for Students with Disabilities from Birth to Adulthood and their Families

Food, Raffle Prizes, & lots of Family Fun!

SATURDAY, APRIL 15, 2023
10:00 am - 1:00 pm

West San Gabriel Valley SELPA | 11204 Asher St.,
El Monte, CA 91731
(626) 412-1438

FEATURED SPEAKERS

City of El Monte Honored Guests
(El Monte City Leadership)
Tamara Schiern, WSGV SELPA Executive Director

BREAKOUT SESSIONS:

Early Start/Preschool - Birth to age 6
Community Resource Mapping-After Graduation or Age 22

The future is now! Come discover resources available for students and families.
For more information contact Janet Barakat at: barakat_janet@ausd.us

To support the health and safety of our attendees, the City of El Monte and WSGV SELPA continue to follow COVID-19 guidance from the Los Angeles County Department of Public Health.

The Friendly City of El Monte

PARENTS' PLACE FAMILY RESOURCE AND EMPOWERMENT CENTER
1500 S. HYACINTH AVENUE, SUITE B, WEST COVINA, CA 91791
WWW.PARENTSPLACEFRC.COM (626) 919-1091
UPDATED AS OF JANUARY 2023

FOOD BANK INFORMATION
(subject to change):

1-SHEPARDS PANTRY
13020 FRANCISQUITO AVE. STE.10
BALDWIN PARK CA 91706, 626-671-0090
FRIDAY 5:00pm-7:00pm, location sometimes has diapers.

2- SHEPARDS PANTRY
1418 ARROW HWY. IRWINDALE CA 91706
(626) 305-0392 TUESDAYS EVENING
5:00pm-7pm, location sometimes has diapers.

3- SHEPARDS PANTRY
667 E. ARROW HIGHWAY STE. J
GLENDORA CA 91740 626-852-7630
WEDNESDAYS & THURSDAYS
5:00 –7:00 pm (626) 305-0392 (location sometimes has diapers)
https://www.shepherdspantry.com/locations-services/irwindale/

All Los Angeles County residents. You must register. You must go only to the location you registered. Bring proof of address-Proof of income all household- Proof of children living at home (School ID, medical or any ID with a picture.)
HOMELESS: Open Monday-Wednesday-Friday from 10:30 am-11:30 pm

ST. JOHN VIANNEY CHURCH
1345 TURNBULL CANYON RD.
HACIENDA HTS. CA 91745
Ph: 626-330-2269
Food distribution on Saturdays 8:00-10:00am.
Food open to residents/non-residents.

ST STEPHENS BAPTIST CHURCH
1720 N. WALNUT AVE.
LA PUENTE CA 91744 626-918-3227
2ND & 4TH THURSDAY 3:00 pm 6:00 pm

**November & December distribution will be only on 2nd Thursday due to holidays.

www.stsbc.org, Contact number is (626) 918-3225 and (626) 918-3227.

INLAND VALLEY HOPE PARTNERS
110 E. THIRD ST. SAN DIMAS CA 91768
909-622-3806 MONDAY &THURSDAY 2:00 pm – 4:00 pm (Need to bring ID- Proof of income- School ID for children or any proof document, that show living at residence.
Email: *Info@inlandvalleyhopepartners.org*

For Additional Locations:

http://www.inlandvalleyhopepartners.org/Program-Services/Food-Security-Program.asp

GREATER NEW LIGHT BAPTIST CHURCH
1734 ARROYO AVE. POMONA CA 91768,
(909) 623-7616 TUESDAY 11:00am-12:00pm,
greatlightbaptist.com (Bread only)

SAN GABRIEL VALLEY FAMILY CENTER
4602 N. PECK ROAD. EL MONTE CA 91732
Please call no website: 626-442-5470 THURSDAYS 2:00 pm.-4:00pm.(You must wear mask and gloves. They will distribute food during the summer).

OUR SAVIOR CENTER
4368 SANTA ANITA AVE. El MONTE, CA 91731
626-579-2190 TUESDAYS-THURSDAYS
10:00 am-1:00 pm *www.our-center.org, info@our-center.org*, Picture ID-Proof of Income. Proof of children living at home. Address proof.
Appointments only. (Locations sometimes has diapers) *http://www.our-center.org/outreach*

Foothill Family Shelter Information & Resources (BABY SUPPLIES):
1501 W. NINTH ST. STE. D UPLAND, CA
(909) 920-0453, Food Assistance Tuesday-Friday from 9:00 am to 12:00 pm & 1:00 pm to 5:00 pm
Closed for lunch from 12:00 pm-1pm pm Needs to show ID & proof of residency *Serving Claremont, LaVerne, Montclair, Ontario, Rancho Cucamonga & Upland Areas.*

Community Heart Food Bank

10871 S. Central Avenue, Ontario, CA 91762
Thursdays from 9 am to 1 pm, Contact number is (909) 364-1677

FOOD BANKS (continued)

LA HABRA CHRISTIAN CHURCH
1400 BELLA VISTA DR. LA HABRA CA 90631, 562-691-0514 (Residents Only)
4TH SATURDAY OF THE MONTH
9:00am-11:00pm. *Office@mylhcc.com*

CHURCH OF REDEEMER
3739 NORTH MONTEREY AVE.
BALDWIN PARK CA 91706 Monday thru Thursday 9:00 am to 1:00 pm 626-206-4040 (***APPOINTMENT ONLY.***) Call to make an appointment. ***Delivery for Seniors***
Contact: Cecilia (626) 552-2277

FIRST UNITED LA PUENTE METHODIST CHURCH
15701 E. HILL ST.,LA PUENTE CA 91744, 626-968-9394, Last Sunday of the month (10:00am-12:30pm)
https://www.facebook.com/pages/First-United-Methodist-Church-of-La-Puente/109521375750649

II ADAM MINISTERS
15849 E. MAIN ST. LA PUENTE CA 91744, 1-562-706-9373
EVERY OTHER THURSDAY 5:00pm-7:00pm
https://www.facebook.com/2adamministries/

VISION DE CRISTO MINISTERIO KAIROS
371 WORKMAN MILL ROAD LA PUENTE CA 91746, 626-367-0690 SATURDAY 9:00am-10:30am (Drive thru. Will continue every Saturday. Need to write down in a paper. Name & Address also the # of persons in the family).
Ministeriokairosinternacional.com

GODS PANTRY
246 E. CENTER ST. POMONA CA 91767, (909) 455-4531 Wednesday 2:00pm to 5:00pm.
www.godspantry.org, www.facebook.com/godspantryca

FOOTHILL UNITY CENTER, IN PASADENA
The center provides emergency food, health services, holiday assistance, personal goods, and shelter for people who live in the eleven city service areas; services are provided through two sites. The service areas for the ***Monrovia site*** are ***Arcadia, Azusa, Baldwin Park, Bradbury, Duarte, Irwindale, Monrovia,*** and ***Sierra Madre;*** the service areas for the ***Pasadena site*** are ***Altadena, Pasadena,*** and ***South Pasadena***. Geographic restrictions apply for most services. (Tuesday & Thursday, 10:00 am to 1:00 pm (Call for service (626) 579-2190 ext. 5) [Sometimes has diapers]

211 FOOD FINDER LOCATOR:
Click on the link and you can find food locations in our area. You are able to narrow the search down by address and it will show you food locations close by. This system is updated every two weeks or as needed.
https://foodfinder.211la.org/-118.624071,33.687458,-117.225295,34.258734?layers=22

The Health Homes Program:
(Med-I-Cal)Website: *bit.ly/plandirectory* The Health Homes Program (HHP) offers extra services at no cost to Medi-Cal members with certain chronic health and/or mental health issues who have high health care needs or do not have a place to live. Contact winter *@harbageconsulting.comor* call 1-800-430-4263 to see if you would qualify for the program. Hours: Monday –Friday, 8am –5pm PT (not holidays) For phone numbers for members who speak languages other than English
TTY 1-800-430-7077

FOOD BANKS (continued)

ROWLAND HEIGHTS COMMUNITY CHRISTIAN CHURCH
19309 COLIMA ROAD. ROWLAND HTS. CA 91748, 626-965-3033
4TH THURSDAY OF THE MONTH
9:00am.-11:00am. Drive Thru (*rhcc.net/meet-our-staffrhccc.net, www.facebook.com/rhcccunited*)

ST. JOHN COPTIC ORTHODOX
21329 E. CIENEGA AVE. COVINA CA 91724
562-691-0299 /909-592-8847
2ND & 4TH THURSDAY OF THE MONTH
4:00pm -6:00pm *www.mystjohn.org*

BALDWIN PARK BILLINGUAL S.D.A. CHURCH
13965 E. RAMONA PARKWAY.
BALDWIN PARK CA 91706
WEDNESDAY

4:00 pm-7:30 pm (Except 5th Wednesday of the month). (626) 727-2018 ask for access code.
baldwinparkbilingualca.adventistchurch.org

IGLESIA DE CRISTO ELIM
550 S. HOLLENBECK AVE. COVINA CA 91723
626-915-5300 SATURDAYS 8:00 am -9:00 am however, line starts forming at 7:00am Drive thru
www.elimchurch.org
www.iglesiaelim.org,www.facebook.com/Iglesia-De-Cristo-Elim

PROJECT 29:11, A COMMUNITY DEVELOPMENT CORPORATION
418 N. SECOND AVE. COVINA CA 91723
(626) 634-5319, FRIDAY 1:00 pm- 5:00 pm

BUDDHIST TZU CHI FOUNDATION
17840 VILLA CORTA ST. LA PUENTE CA 91744
626-448-1362
JUNE 3RD-4TH 9:00 am -11:00 am
www.tzuchi.us, info@tzuchi.us

SOWING SEED FOR LIFE
305 E ARROW HWY. POMONA CA 91767

(909) 293-7735

1st & 3rd Wednesday 8:00am—12:00pm
sowingseedforlife.org/visit-the-foodbank
sowingseedsforlife.org

La Casa de San Gabriel Community Center

Phone: 626-286-2144

Food distribution takes place on the 1st and 3rd Friday of each month. The next food distribution is on October 15th located at 214 East El Monte Street, San Gabriel.

Project Room Key:
helps with housing during COVID.
https://covid19.lacounty.gov/project-roomkey/#:~:text=Project%20Roomkey%20is%20a%20collaborative%20effort%20by%20the,stay%20inside%20to%20prevent%20the%20spread%20of%20COVID-19

NEW SONG CHURCH
945 W. COVINA BLVD.
SAN DIMAS CA 91733

909-394-9488

Drive thru only one car per family. Go to website for distribution days https://newsongsd.org/

PARENTS' PLACE FAMILY RESOURCE AND EMPOWERMENT CENTER
1500 S. HYACINTH AVENUE, SUITE B, WEST COVINA, CA 91791
WWW.PARENTSPLACEFRC.COM (626) 919-1091

ONLINE RESOURCES:

Aquarium of the Pacific Online Academy:

http://www.aquariumofpacific.org/news/aquariumacademy

CAPTAIN (Autism & Other Disabilities):
Resources for parents and professionals.

English Padlet:
https://padlet.com/SELPACAPTAIN/xr3r3q3szpyf

Spanish Padlet for Families:
https://padlet.com/SELPACAPTAIN/c4ibcglc414h

CAPTAIN Parent & Family Support Page:

Website: https://captain.ca.gov/families.html

English Information: http://www.captain.ca.gov/documents/CAPTAIN%20infographic%20for%20families%20v7.pdf

Spanish Information: http://www.captain.ca.gov/documents/CAPTAIN%20infographic%20for%20families%20v9-Spanish-4-3-20.pdf

Braille Institute:
Dr. Bill Telephone series is an educational program focusing on pediatric eye conditions for parents, teachers and other professionals working with young children with visual impairment (s). Tele-seminars held on the 2nd Tuesday of the month from 7:00-8:00pm PST, unless a change in time/date is announced. To join the call, please dial: 1-888-247-8947. When the operator prompts, dial the pass code: 460500. Once you have entered the call, you will be asked to press *6 to mute your line to ensure the quality of the recording. *www.brailleinstitute.org*

Braille Podcast:

The lecture portion of the call is available as a podcast after the call on the Airs-LA and Braille Institute websites: To access the podcasts please visit: *www.airsla.org*

EARLY INTEVENTION:

Birth to 5 Watch Me Thrive:
https://www2.ed.gov/about/inits/list/watch-me-thrive/index.html

What is Early Intervention?:
https://www.cdc.gov/ncbddd/actearly/parents/states.html

Take a Minute (Relationships Matter):
https://earlystartneighborhood.ning.com/ssip-resources/TaMvideo

Indoor Gross Motor Activities:
https://www.themeasuredmom.com/indoor-gross-motor-activities/

STRUCTURE AND ROUTINES:

Parents Video on Routines
https://www.parents.com/baby/sleep/schedule/how-to-develop-bedtime-routines/

Creating Routines for Love & Learning
https://www.zerotothree.org/resources/223-creating-routines-for-love-and-learning

Social and Emotional Development Video:
Zero to Three provides videos on a variety of topics for children birth to 3 years of age.
https://www.zerotothree.org/espanol/social-and-emotional-development

Action for Healthy Movement:
https://www.actionforhealthykids.org/healthy-activities-to-do-at-home/

Online Resources (continued)

Arcadia Library
is offering a front door pick up options.
https://www.arcadiaca.gov/enrich/arcadia_public_library/general_information/whats_new_at_the_library.php

Azusa Library Online:
Storytime! Don't miss out on Storytime! We are offering virtual storytime three days a week. Be sure to follow the City of Azusa on Instagram @azusacity to see storytime live!
https://www.ci.azusa.ca.us/1841/Activities-for-Kids

Baldwin Park Library
https://lacountylibrary.org/baldwin-park-library/

Covina Library Online:
Offering ebooks.
https://covinaca.gov/library/page/e-books-audio

Diamond Bar Library:
https://lacountylibrary.org/diamond-bar-library/

Glendora Library:
Offering Library to Go option.
https://www.cityofglendora.org/services/library/library-to-go:

Glendora Library is also offering Story Time on Instagram. *@cityofglendora*

Pasadena Public Library

Kids: *https://www.cityofpasadena.net/library/kids/*

Teens:

https://www.cityofpasadena.net/library/teens/

Resources for All
https://www.cityofpasadena.net/library/ebooks-and-audiobooks/

San Dimas:
https://lacountylibrary.org/san-dimas-library/

Walnut Library:
https://lacountylibrary.org/walnut-library/

West Covina:
https://lacountylibrary.org/west-covina-library/

Internet For All:
http://www.internetforallnow.org/get_affordable_internet_today

Parenting Classes 4 U:

1055 E. Colorado Blvd. 5th floor, Pasadena CA, 91106 open 24hrs. 1 888-595-4557
Parentingclasses4u.com

Co-Parenting classes on line:
Parenting classes/group in home video conf. Court ordered. Provides co-parenting classes
https://www.choose2bebetter.com

Center for Integrated Family + Health Services
http://www.cifhs.org/classes

Screen Free Parenting:

Online Resources

About LA County Library

Founded in 1912, LA County Library is one of the largest and most innovative library systems in the US. It offers free public resources including books, music, multimedia materials, computer and internet access, and educational and recreational services to 3.4 million residents across 3,000 square miles through its 86 community libraries and mobile fleet of 14 vehicles, including 3 bookmobiles, 6 MākMō (maker mobiles), and 5 Reading Machines. LA County Library is dedicated to reducing barriers and increasing access to and equity of public services for all. To learn more, visit *LACountyLibrary.org* and follow @LACountyLibrary on *Facebook*, *Twitter* and *Instagram.*

CONTACT:

Pam Broussard, Public Information Office

A C Bilbrew	Lancaster
Angelo M. Iacoboni	Lawndale
Baldwin Park	Leland R. Weaver
Carson	Lennox
Compton	Los Nietos
El Camino Real	Paramount
El Monte	Quartz Hill
Hawthorne	Rowland Heights
Huntington Park	San Fernando
Lynwood	San Gabriel
La Puente	South Whittier
Lake Los Angeles	West Covina

562.940.7106, *pbroussard@library.lacounty.gov*

LA COUNTY LIBARY'S SUMMER DISCOVERY PROGRAM!

Winter Reading Club

Calling readers of all ages! Now through January 15, cozy up to some great books for at least 400 minutes for the chance to win prizes and help us complete our shared reading goal of 1 million minutes!

LA COUNTY LIBRARY MINDFULNESS:

https://lacountylibrary.org/mindfulness-tips/

LA COUNTY LIBRARY ACTIVITIES TO DO AT HOME:

https://lacountylibrary.org/activities-at-home/

ACTIVIDADES EN ESPANOL:

https://lacountylibrary.org/actividades-en-espanol/

Online Resources (continued)

Happy Heart Parenting:
Parenting Classes online/Court approved Please call for prices! 760-415-0550
https://happyheartparenting.com/

Logan Parenting Classes:
DCFS court approve, check chart for price.
http://www.loganparentingclasses.com/

NAMI:
https://publiccourseapi.nami.org/Learner/Login?&utm_source=Facebook&utm_medium=NewsfeedAD&utm_campaign=Basics2020

Support Groups Central:
Offers a variety of different support groups online. *www.supportgroupscentral.com*

Virtual Museum Tours:
https://www.abc10.com/article/entertainment/museumsofferingvirtualtours/103-3b3be900-2956-4ac3-88e3-43ec2880fc2b

Family Autism Network:
Serving families in Orange County, CA and sharing ideas and resources world-wide.

Parenting Black Children:
Our partners include San Gabriel Pomona Regional Center, Department of Developmental Services & the Kennedy Autism Foundation ideas and resources world-wide.
www.parentingblackchildren.org

Virtual Field Trips for Early Learners:
https://www.waterford.org/resources/3-great-virtual-field-trips-for-early-learners/

Free Learning Resources:

We Are Teachers
https://www.weareteachers.com/free-online-learning-resources/

Scholastic Learning:
https://www.scholastic.com/teachers/teaching-tools/articles/resources/scholastic-learn-at-home--free-resources-for-school-closures.html#

Cal Poly Pomona Discovery Farm Field trips:
have become a very popular virtual outlet for exploring and learning about Agriculture and the Food we eat. Come explore and learn about farming. Students receive badges as they complete each topic!
https://www.cpp.edu/~agriscapes/field-trips-virtual.html

Mt. Sac Classes: FREE:
available through Mt. San Antonio College's School of Continuing Education. Anyone 18 years of age and older can enroll. **IMPACT** courses are specifically adapted for adults with special needs. Contact Sabeena Sonia at *ssoni@mtsac.edu* for further information. Instagram information *@mtsacimpact*

Housing Rights:

Project Place Listing
Contact: Katherine Jara, Outreach Coordinator; *outreachmeetings@housingrightscenter.org*, *www.housingrightscenter.org* TTY: (213) 201-0867
Housing Rights Hotline: (800) 477-5977

Rent Assistance:

www.lacda.org/programs/rent-relief

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Online Resources (continued)

TRANSITION RESOURCES:

Department of Rehabilitation:
https://www.dor.ca.gov/Home/StudentsandYouth

SPIRITT FAMILY SERVICES:
Providing weekly workshops on Fridays from 2 pm to 3:30 pm on Zoom. Meeting ID: 104 511 900 Password: 38655 Contact person: Daisy R., (562) 322-5277 or Maria L. (562) 631-3701.
ZOOM: *https://zoom.us/j/104511900?pwd=UXZMSzZqRkc5SkhjSE1s*

Transition to Adulthood Resource:

Information:
UC Davis MIND Institute. Provides information on emergency preparedness, college, housing, videos, and much more!
https://health.ucdavis.edu/mindinstitute/resources/adulthood.html

Transition Toolkit Resources:

Provides information for young adults/parents to print out and create your own notebook for transition services.
http://tknlyouth.sdsu.edu/resources.html

San Gabriel/Pomona Regional Center Resources:

COVID-19
https://www.sgprc.org/about-us/coronavirus-covid-19/-fsiteid-1

SG/PRC COMMUNITY MEETINGS

https://www.sgprc.org/about-us/coronavirus-covid-19/sg-prc-community-meetings

WEEKLY COVID-19 VAC MEETINGS
https://www.sgprc.org/Home/**SAN GABRIEL POMONA REGIONAL CENTER PARENT TRAINING PORTAL:** This is an online resource that offers training modules to parents; providing tools and techniques that will effectively guide parents on how to support their children by navigating the entire support system. To register you will need an email address.
https://sgprcparent.arcalearn.org/Login/Login.aspx

DISCLAIMER

Parents' Place is not affiliated in any way with the resources listed. The information above is to be used only as a resource/ reference list. If you have any questions please contact our agency at 626-919-1091.

Parents' Place no está afiliado de ninguna manera con los recursos en estas listas. La información debe usarse solo como una lista de recursos / referencias Si tiene alguna pregunta, comuníquese con nuestra a gencia al 626-919-1091.

[家長天地]與所列資源沒有任何關係。以上訊息僅用作資源/參考列表。

如有任何疑問, 請致電626-919-1091與我們聯繫。

Parents' Place không có sự liên kết nào với các tài liệu được liệt kê. Những thông tin trên chỉ được sử dụng làm tài liệu / danh sách tham khảo. Nếu quí vị có bất kỳ câu hỏi nào, xin vui lòng liên lạc với cơ quan của chúng tôi tại 626-919-1091.