



# PARENTS' PLACE NEWSLETTER

The San Gabriel/Pomona  
**PARENTS' PLACE**  
Family Resource &  
Empowerment Center

Volume 16, Issue 4

OCT-NOV-DEC 2010

## DEFEATING THE FINANCIAL CLIMATE

By Sona E. Baghdassarian, Director

### Inside This Issue

Derrotando La Situacion Financiera	2
Parenting Children with Learning Disabilities	3
La Crianzando Niños Discapades Aprendizaje	5
Websites	7
Calendar— Oct-Nov-Dec 2010	8

### FLYERS ENCLOSED IN THIS NEWSLETTER

—Calendar of Events  
—Open House (English/Spanish)  
—“Transitioning from High School...What You Need to Know”— English/Spanish/ Chinese  
—Santa Photo Day (English/Spanish)  
—Journey to Adulthood: What Parents Need to Know (Sexuality)— (English/Spanish)  
—Assistive Technology for Early Learning (English)  
—Assistive Technology for Autism (English)  
—Fundraising

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Everywhere you turn—on the news, in our schools, in our households—we hear about the financial climate we're in, both as a state and as a nation. Here at Parents' Place, we are always looking for ways to bridge the gap between our expenses and our revenue. We have been very fortunate to have been able to narrow that gap in the past through the generous donations from our community organizations as well as the continued support of our parents. There is no better time than now to say, thank you for all you have done!

Parents' Place is at a very crucial point in the development of our organization. We have the opportunities available that will expand our trainings, but at the same time, we need to support our current efforts. The fact is, the necessity for raising operating funds to maintain current programs doesn't end once the fiscal year is over. We are always looking for ways to extend our growth capabilities while continuing to provide quality programming for our parents and their families as those needs increase. We don't want this yearly search for funding sources to limit the chances we might have to build our organization. It is our desire to progress as well as sustain.

In the coming weeks, Parents' Place will be laying the foundation for the elements that will create growth possibilities and sustain current programs. This process will begin with an appeal for support from our parents, families and the community. This effort will coincide with several new funding initiatives aimed at sustaining our programs well into 2011 and beyond.

Our goal is to be self sufficient and reliant on a strong community of supporters that will enable us to continue enriching the lives of families of children with special needs. This goal, while seemingly insurmountable, can be achieved in various ways:

- 1) Through the support of our parents and families in our appeals,
- 2) Through new fundraising events that will motivate the community-at-large,
- 3) Through the already tried and true dedication of our staff and volunteers, and
- 4) Through foundation, corporate, and community involvement and awareness of our cause.

Here at Parents' Place, our goal is to build a dynamic, empowering community for ourselves and our children. Please help us to continue toward that goal with your generous support, whether it is through volunteering your time and skills, providing monetary support, or making it known to the community that Parents' Place is a worthy cause for everyone to support.

A special note to all of you who have Ralph's Rewards cards, September was the month to renew your link to Parents' Place so that we may receive proceeds from your purchases. If you haven't already done so, directions for renewing are on the inside back cover of this newsletter.

**THANK YOU, EVERYONE!**

## **DERROTANDO LA SITUACION FINANCIERA**

**por Sona E. Baghdassarian, Directora**

Adonde quiera que volteé – en las noticias, en nuestras escuelas, o en nuestras casas – oímos acerca de la situación financiera en la que nos encontramos, en el estado como en la nación. Aquí en el Lugar de los Padres buscamos siempre oportunidades de como cerrar la distancia en lo que gastamos y en lo que recibimos. Hemos sido bien afortunados de poder casi cerrar esa distancia gracias a la generosa ayuda de nuestras organizaciones comunitarias así como el constante apoyo de nuestros padres. No hay una mejor oportunidad como ahora para decirles gracias por todo lo que han hecho.

Parents' Place está en un punto crucial en el desarrollo de nuestra organización. Tenemos oportunidades disponibles de incrementar nuestros entrenamientos, pero al mismo tiempo necesitamos apoyar nuestros esfuerzos presentes. El hecho es, la necesidad de coleccionar fondos operativos para mantener los programas que hay en este momento no terminan cuando el año fiscal se acaba. Siempre buscamos maneras de como extender nuestras capacidades de crecimiento así como continuar proveyendo programas y servicios a nuestros padres y sus familias. No quisieramos que esta búsqueda de fondos limite las oportunidades de construir nuestra organización. Es nuestro deseo de progresar así como de continuar.

En las proximas semanas, El Lugar de los Padres estará colocando la raíces para los elementos que crearan posibilidades de crecimiento así como el mantenimiento de los programas existentes. Este proceso empezará con la atracción y el apoyo de nuestros padres, familias y comunidad. Este esfuerzo se llevara a cabo con diferentes nuevas iniciativas con el proposito de sostener nuestros programas durante el 2011 y mas.

Nuestra meta es de ser auto suficiente y tener la confianza en los apoyos de nuestra comunidad que nos permitirá continuar enriqueciendo la vida de nuestras familias que tienen niños con necesidades especiales. Esta meta aunque pareciera que no pudiera ser posible, podría llevarse a cabo de varias maneras:

Por medio de el apoyo de nuestras familias en nuestras esfuerzos,

Por medio de eventos de recaudacion de fondos que motivaran a la comunidad en total,

Por medio de nuestro verdadero y dedicado personal, y voluntaries, y

Por medio de fundacion, corporacion, y participacion de la comunidad y el conocimiento de nuestra causa.

Aquí en el Lugar de los padres nuestra meta es de construir una comunidad dinamica y fuerte para nosotros y nuestros niños. Por favor ayudenos a continuar con esta meta por medio de su generoso apoyo, de donar su tiempo y habilidades, apoyo monetario, o haciendole saber a la comunidad que Parents' Place es una causa que merece el apoyo de todos.

Una nota especial para todos aquellos que tienen las tarjetas de Ralphs Rewards. Septiembre es el mes de renovar su conexión con Parents' Place de esa manera recibiremos una pequeña cantidad de sus compras. Si usted no lo ha hecho instrucciones de como hacerlo estan en el interior de esta carta.

**GRACIAS A TODOS!**

# **PARENTING CHILDREN WITH LEARNING DISABILITIES**

## **Tips for Helping Your Child**

(Reprinted Excerpts from an article from HelpGuide.Org)

If your child has been diagnosed with a learning disability, you may immediately begin thinking about school — homework, tests, projects — and wondering how your kid will get through. How can you make sure your child has the best chance to reach his or her full potential? If you slow down for a moment, you may realize that while academic success is important, what you really want for your child is a happy and fulfilling life. Your influence on your child outweighs that of any teacher, tutor, therapist or counselor. If your child has a learning disability, your love, encouragement, and support can make all the difference, helping him or her emerge with a strong sense of self-confidence and the determination to succeed.

### **LOOK AT THE BIG PICTURE OF LIFE WITH A LEARNING DISABILITY**

In searching for ways to help children with learning disabilities, remember that you are looking for ways to help them help themselves. A child with a learning disability grows up to be an adult with a learning disability. Your job as a parent is not to “cure” the learning disability, but to give your child the social and emotional tools he or she needs to work through challenges. In the long run, facing and overcoming a challenge such as a learning disability can help your child grow stronger and more resilient.

To ensure the best chance of success for your child over the long term, focus on helping your child develop important life skills and pay attention to his or her physical and emotional well-being. Last, but not least, make sure you take care of yourself, too.

### **HELPING A LEARNING DISABLED CHILD: IDENTIFY HOW YOUR CHILD LEARNS BEST**

Everyone — learning disability or not — has their own unique learning style. Some people learn best by seeing or reading, others by listening, and still others by doing. You can help your learning disabled child by identifying his or her primary learning style: Is your child a visual learner, an auditory learner, or a kinesthetic learner? Once you know how your child learns best, you can take steps to make sure that type of learning is reinforced in the classroom and during home study.

### **Communicate With Family And Friends About Your Child’s Learning Disability**

Some parents keep their child’s learning disability a secret, which can, even with the best intentions, look like shame or guilt. Without knowing, extended family and friends may not understand the disability or think that your child’s behavior is stemming from laziness or hyperactivity. Once they are aware of what’s going on, they can support your child’s progress.

Within the family, siblings may feel that their brother or sister with a learning disability is getting more attention, less discipline and preferential treatment. Even if your other children understand that the learning disability creates special challenges, they can easily feel jealous or neglected. Parents can help curb these feelings by reassuring all of their children that they are loved, providing homework help, and by including family members in any special routines for the child with a learning disability.

## **DETERMINING YOUR CHILD’S PRIMARY LEARNING STYLE**

### **Visual Learners:**

- Learn by seeing or reading
- Do well when material is presented and tested visually, not verbally
- Benefit from written notes and directions, diagrams, charts, maps, and pictures
- Often love to draw, read, and write; are good spellers and organizers.

### **Auditory Learners:**

- Learn by listening
- Do well in lecture-based learning environments and on oral reports and tests
- Benefit from classroom discussions, spoken directions, study groups
- Often love music, languages, and being on stage

### **Kinesthetic Learners:**

- Learn by doing and moving
- Do well when they can move, touch, explore, and create in order to learn
- Benefit from hands-on activities, lab classes, props, skits, and field trips
- Often love sports, drama, dance, martial arts, and arts and crafts

Continued on Page 4

## HELPING A LEARNING-DISABLED CHILD: Identify How Your Child Learns Best (Continued)

### Learning tips and tools for visual learners:

- Use books, videos, computers, visual aids, and flashcards.
- Make detailed, color-coded or highlighted notes.
- Make outlines, diagrams, and lists.
- Use drawings and illustrations (preferably in color)
- Take details notes in class

### Learning tips and tools for auditory learners:

- Read notes or study materials aloud
- Memorize using Word associations and verbal repetition
- Study with other students, talk things through
- Listen to books on tape or other audio recordings
- Use a tape recorder to listen to lectures again later.

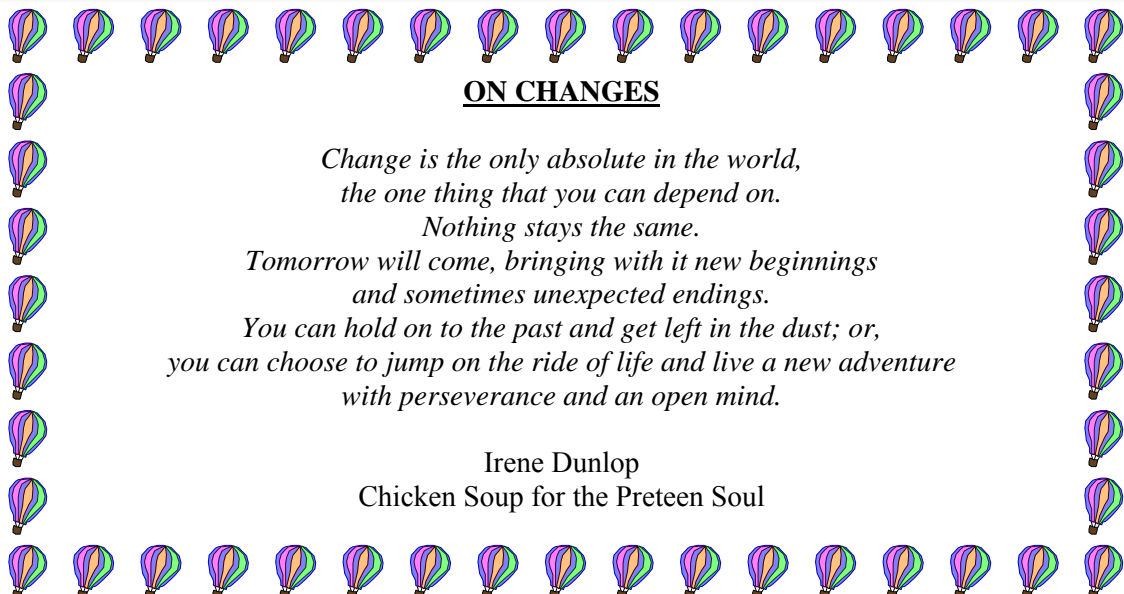
### Learning tips and Tools for kinesthetic learners:

- Get hands on: do experiments, take field trips
- Use activity-based study Tools, like role-playing or model building
- Study in small groups and take frequent breaks
- Use memory games and flash cards
- Study with music on in the background.

## LEARNING DISABILITIES AND GIFTEDNESS

A high percentage of children with learning disabilities are very bright. Some gifted and talented children are misdiagnosed with learning disabilities, but some do have learning disabilities, or at least display characteristics, social and emotional, or learning disabilities.

Even though children with learning disabilities struggle in one area of learning, they may excel in another. Pay attention to your child's interests and passions. Helping them develop their passions and strengths will probably help them with their areas of difficulty as well.



# LA CRIANZA DE NIÑOS CON DISCAPACIDADES DE APRENDIZAJE

## Consejos Para Ayudar a Su Hijo o Hija

(Extractos Reescritos de un artículo de HelpGuide.Org)

Si su hija o hijo ha sido diagnosticado con una discapacidad de aprendizaje, lo primero que usted piensa es en - las tareas, exámenes, proyectos - y cómo es que su hijo o hija se va a superar. ¿Cómo puede asegurarse que su hijo o hija tenga la mejor oportunidad de alcanzar su máximo potencial? Si usted reflexiona por un momento, usted puede darse cuenta que, aunque el éxito académico es importante, lo que realmente quiere para su hijo o hija es una vida feliz y satisfactoria. Su influencia sobre su hijo o hija es más importante que la de cualquier profesor, tutor, terapeuta o consejero. Si su hijo o hija tiene una discapacidad de aprendizaje, su amor, ánimo y apoyo puede marcar la diferencia, ayudándole a él o ella crecer con el auto-estima en alto y la determinación para tener éxito.

### MIRANDO LA PERSPECTIVA GRANDE EN LA VIDA CON UNA DISCAPACIDAD DE APRENDIZAJE

En la búsqueda de maneras para ayudar a los niños con discapacidades de aprendizaje, recuerde que usted está buscando maneras para ayudarles a que se ayuden a sí mismos. Un niño con una discapacidad de aprendizaje crece a ser un adulto con una discapacidad de aprendizaje. Su trabajo como padre o madre no es “curar” el problema de aprendizaje, sino es darle a su hijo o hija las herramientas sociales y emocionales que él o ella necesita para trabajar a través de los retos. En el largo plazo, enfrentar y superar un reto como una discapacidad de aprendizaje puede ayudarle a su niño crecer más fuerte y más resistente.

Para asegurar la mejor posibilidad del éxito para su hijo o hija en el largo plazo, ponga su enfoque en ayudar a su hijo o hija a desarrollar habilidades importantes de la vida y preste atención a su bienestar físico y emocional. Por último, pero no menos importante, asegúrese de cuidarse usted, también.

### AYUDANDO A UN NIÑO CON DISCAPACIDAD DE APRENDIZAJE: IDENTIFICAR CÓMO SU NIÑO APRENDE MEJOR

Todo el mundo - problemas de aprendizaje o no - tiene su propio estilo de aprendizaje único. Algunas personas aprenden mejor viendo o leyendo, otros escuchando, y otros con la práctica. Usted le puede ayudar a su hijo o hija al identificar su estilo de aprendizaje ¿Es su hijo o hija un aprendiz visual, un aprendiz auditivo, o un aprendiz kinestésico? Una vez que sepa cómo su niño aprende mejor, usted puede tomar medidas para asegurarse de que tipo de aprendizaje se ve reforzado en el salón de clases y durante el estudio en el hogar.

### COMUNICÁNDOSE CON LA FAMILIA Y AMIGOS

Algunos padres mantienen la discapacidad de aprendizaje de su hijo o hija un secreto, y aunque tienen las mejores intenciones en mente se ve como vergüenza o culpa. Sin saberlo, esto hace que la familia extendida y los amigos no puedan entender la discapacidad o pensar que el comportamiento de su hijo o hija es debido a la pereza o la hiperactividad. Una vez que estén conscientes de lo que está pasando, pueden mejor apoyar el progreso de su hijo o hija.

Entre la familia, los hermanos pueden sentirse que su hermano o hermana con una discapacidad de aprendizaje está agarrando más atención, menos disciplina y preferencia de los padres. Aunque sus otros hijos entiendan que la discapacidad de aprendizaje crea problemas especiales, fácilmente puede sentirse celoso o descuidado. Los padres pueden ayudar a combatir estos sentimientos, dándoles la seguridad a todos sus hijos o hijas que son amados, proporcionando ayuda con los deberes, y la inclusión de todos los miembros de familia en cualquier rutina especial para el niño con una discapacidad de aprendizaje.

## DETERMINANDO EL ESTILO DE APRENDIZAJE PRINCIPAL DE SU HIJO

### **Aprendiz Visual:**

- Aprenden viendo o leyendo.
- Aprenden cuando el material está presentado visualmente y no verbalmente.
- Sacan provecho de notas escritas y direcciones, diagramas, tablas, mapas, y fotos.
- A menudo disfrutan dibujar, leer y escribir; tienen buena ortografía y son buenos organizadores

### **Aprendiz Auditivo:**

- Aprenden escuchando
- Aprenden en discurso y muestran buen desempeño en reportes orales y exámenes orales
- Se benefician de discusiones en clase, indicaciones de voz, y grupos de estudio.
- La mayoría de las veces les encanta la música, lenguajes, y estar en el escenario.

### **Aprendiz Kinestésico:**

- Aprenden haciendo y moviéndose.
- Sacan provecho de actividades que requieren movimiento, tacto, exploración, y ser creativos.
- Se benefician de actividades manuales, clases de laboratorio, obras de teatro, y salidas de campo
- Les gusta el teatro, danza, artes marciales, las artes y artesanías.

## Ayudando al Niño Con Discapacidad de Aprendizaje: Identificando Como Su Hijo o Hija Aprende Mejor (Continuado)

### Consejos y herramientas de aprendizaje para el aprendiz visual:

- Use libros, videos, computadoras, ayudas visuales, y tarjetas.
- Haga notas detalladas, con códigos de color.
- Haga esquemas, diagramas y listas.
- Use dibujos e ilustraciones (preferiblemente en color)
- Tome notas detalladas de las clases

### Consejos y herramientas de aprendizaje para el aprendiz auditivo:

- Lea las notas o material de estudio en voz alta
- Memorize con asociaciones de palabras y repetición verbal.
- Estudie con otros estudiantes, repaze y hable el material
- Escuche libros en cinta o otras grabaciones de audio
- Use una grabadora para escuchar las lecciones de nuevo.

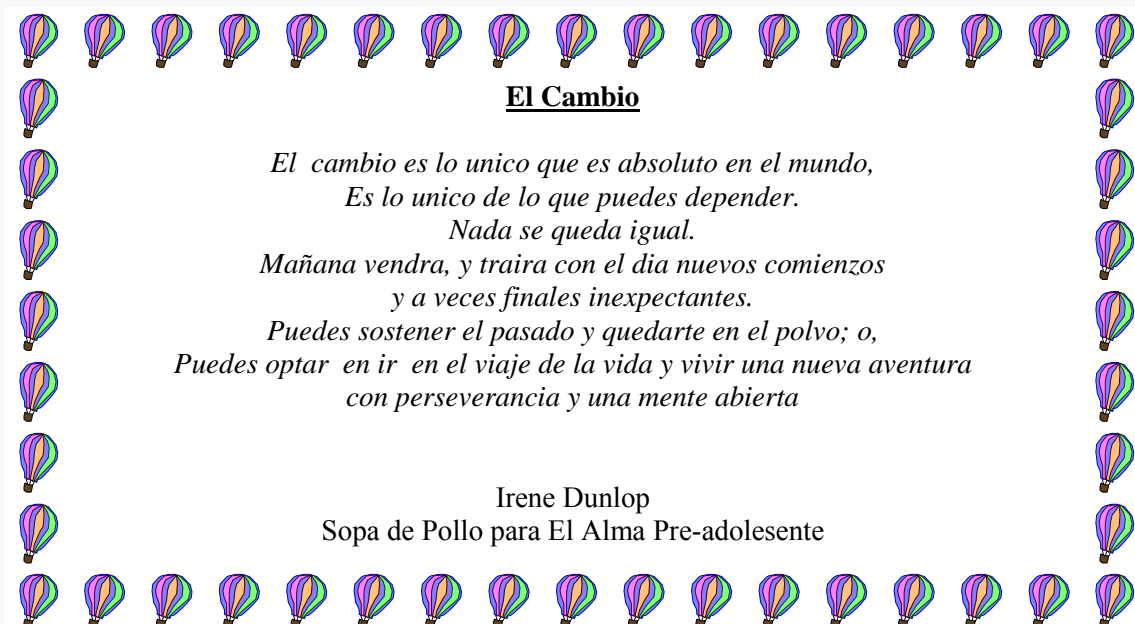
### Consejos y herramientas de aprendizaje para el aprendiz kinestésico:

- Haga actividades usando las manos: haga experimentos, vaya de paseo
- Utilice las herramientas basadas en actividades, juegos de roles
- Estudie en pequeños grupos y tome descansos frecuentes
- Utilise juegos de memoria y tarjetas de memoria.
- Estudie con la musica preñida.

### DISCAPACIDADES DE APRENDISAJE Y NIÑOS SUPERDOTADOS

Un alto porcentaje de niños con discapacidades de aprendizaje son muy brillantes. Algunos niños superdotados y talentosos son diagnosticados erróneamente con dificultades de aprendizaje, o al menos muestran las características, sociales, emocionales, o problemas de aprendizaje.

A pesar que los niños con discapacidades de aprendizaje luchan en una área de aprendizaje, pueden sobresalir en otras áreas. Preste atención a los intereses y las pasiones de su hijo. Ayudandole a su hijo o hija que desarrolle sus pasiones y puntos fuertes, probablemente les ayudará con otras áreas de dificultad.





## Education, Special Education & Disability Websites

Be sure to keep this page in your resource file. Others will follow and this particular list will not be repeated for a year or more

### Education & Special Education

California Department of Education  
<http://www.cde.ca.gov/>  
 Special Education Division  
<http://www.cde.ca.gov/sp/se/>  
 California Special Education Observer  
<http://www.sacramentolda.org/observer/>  
 CalSTAT  
<http://www.calstat.org/>  
 Comprehensive Regional Assistance Centers:  
 Region XI: Northern California  
<http://www.wested.org/>  
 Region XII: Southern California  
<http://SCCAC.lacoe.edu/>  
 Education Week on the Web  
<http://www.edweek.org/>  
 Educator's Reference Desk  
<http://www.eduref.org/>  
 Education & Rehabilitative Services  
<http://www.ed.gov/about/offices/list/OSERS/>  
 Federal Resource Center for Special Education  
<http://www.rfcnetwork.org/>  
 Graduation Students with Disabilities  
<http://www.shoplrp.com/product/p-300001.SP36.html>  
 Internet Special Education Resources  
<http://www.iser.com/>  
 National Center to Improve Practice in Special Ed  
<http://www.edc.org/FSC/>  
 Nat. Center on Secondary Education and Transition  
<http://www.ncset.org/>  
 National Professional Resources  
<http://www.nprinc.com/>  
 New Horizons for Learning  
<http://www.newhorizons.org/>  
 No Child Left Behind  
<http://www.nochildleftbehind.gov/>  
 Pacer-Tatra Project: New Transition Resources  
<http://www.pacer.org/publications/transition.asp#handouts>  
 The Perpetual Preschool  
<http://www.ecewebguide.com/>  
 The Special Ed Advocate  
<http://www.wrightslaw.com/>  
 School Success Info  
<http://www.schoolsuccessinfo.org/>  
 The Technical Assistance Alliance for Parent Centers  
<http://www.taalliance.org/>  
 US Dept of Education  
<http://www.ed.gov/>  
 The Western Resource Center  
<http://www.rfnetwork.org/wrrc/>  
 Office of Special ASHA - American Speech - Language -  
 Hearing Association  
<http://www.asha.org/>

### Disability Sites

AHEAD - Association on Higher Education & Disabilities  
<http://www.ahead.org/>  
 Alexander Graham Bell Association for the Deaf  
<http://www.agbell.org/>  
 Alliance for Technology Access  
<http://www.ataccess.org/>  
 Apraxia Kids  
<http://www.apraxia-kids.org/>  
 Asperger Syndrome - Information & Support  
<http://www.udel.edu/bkirby/asperger/>  
 Autism Society of America  
<http://www.autism-society.org/>  
 Autism Speaks  
[www.autismspeaks.org/](http://www.autismspeaks.org/)  
 Autism Treatment Network  
[www.autismtreatmentnetwork.org/](http://www.autismtreatmentnetwork.org/)  
 Brain Injury Association  
<http://www.biausa.org/>  
 Brain Injury Center  
<http://www.braincenter.org/>  
 Brave Kids – Resources for Special Needs Children  
<http://www.bravekids.org/>  
 Cornucopia of Disability Information  
<http://codi.buffalo.edu/>  
 Council for Exceptional Children  
<http://www.cec.sped.org/>  
 Facts for Families...about Psychiatric Disorders Affecting  
 Children and Adolescents  
<http://www.aacap.org/>  
 Federal Website for Disability-Related Government  
 Resources  
<http://www.disabilityinfo.gov/>  
 Integrated Network of Disability Information  
<http://www.indie.ca/>  
 Internet Resources for Special Children  
<http://www.irsc.org/>  
 Mental Health Net  
<http://www.mentalhelp.net/>  
 National Center for Stuttering  
<http://www.stuttering.com/>  
 National Fragile X Foundation  
<http://www.nfxf.org/>  
 National Federation of Families for Children's Mental  
 Health [www.ffcmh.org](http://www.ffcmh.org)  
 National Institute of Neurological Disorders & Stroke  
<http://www.ninds.nih.gov/>  
 NICHCY  
<http://www.nichcy.org/>  
 Through the Looking Glass  
<http://www.lookingglass.org>

# OCTOBER-NOVEMBER-DECEMBER 2010 CALENDAR

## The San Gabriel/Pomona PARENTS' PLACE ACTIVITIES

(626) 919-1091 or (800) 422-2022  
e-mail: empower@parentsplacefc.com

### The San Gabriel/Pomona PARENTS' PLACE BOARD MEETING

Board Meetings are normally held on the 3rd Thursday of each month between 10:00 am and 12:00 noon. Meetings are held at the PARENTS' PLACE Family Resource & Empowerment Center, 1500 S. Hyacinth Ave., Suite B, West Covina. Call our office (626) 919-1091 to verify actual date and time each month.

The San Gabriel/Pomona PARENTS' PLACE Family Resource Center Advisory Council and the LOCAL INTERAGENCY COORDINATING AREA (LICA) meet every 2<sup>ND</sup> Thursday of each month from 9:00 am to 11:00 am at the San Gabriel/Pomona Regional Center. For information, call our office at (626) 919-1091.



### REACH

**Parent Support Group**  
the First Thursday of Each Month  
7:00-8:30 pm

For more information, call Valentina Allen  
PARENTS' PLACE (626) 919-1091.

### UPCOMING WORKSHOPS

(Facilitated by Office of Clients Rights Advocacy)

#### IFSP/IPP Trainings (English/Spanish)

October 1, 2010—10:00a—12:00n (English)  
November 5, 2010—10:00a—12:00n (Spanish)  
December 3, 2010—10:00a—12:00n (English)

#### IEP Trainings (English/Spanish)

Friday, October 15, 2010—10:00a—12:00n (English)  
Friday, Nov. 19, 2010—10:00a—12:00n (Spanish)  
December 17—10:00a—12:00n (English)

### UPCOMING WORKSHOPS

(Facilitated by TASK)

#### Transition to Public School

October 8, 2010—9:00a—1:00p (English)

#### The Journey to Adulthood—What Parents Need to Know (Sexuality)

October 19, 2010—9:00a—12:00n (Spanish)  
October 27, 2010—9:00am—12:00n (English)

#### Assistive Technology for Autism

November 9, 2010—9:00a—12:00n (English)

#### Assistive Technology for Early Learning

December 1, 2010—9:00a—12:00n (English)

(See flyers enclosed)

El Lugar de Los Padres  
LE INVITA A UNIRSE A NUESTRO GRUPO DE APOYO EN ESPAÑOL  
NUEVO DÍA

CADA SEGUNDO MIERCOLES DE EL MES 10:00 a 11:30 am  
PARA MAS INFORMACIÓN, llame a: Elena Sanchez a (626) 919-1091

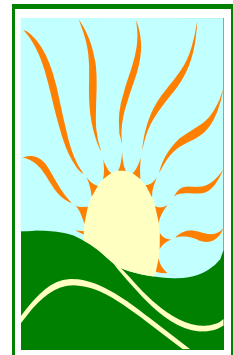
Parents' Place

*Invites You to Attend our Spanish-Speaking Support Group*

NEW DAY

*Every Second Wednesday of the Month 10:00 to 11:30 am*

*For More Information, call Elena Sanchez at (626) 919-1091*



OCTOBER–NOVEMBER–DECEMBER 2010 CALENDAR—CONTINUED

**MISCELLANEOUS EVENTS/  
CONFERENCES SCHEDULED**  
(For details on any of these events/  
conferences, call (626) 919-1091

**October 6-7:** “The Purpose of our Path,” Empowering All People with Developmental Disabilities, presented by Supported Life Institute, Sacramento, CA.

**October 7:** “Communities in Transition & the 21st Century,” presented by Connect LA, Location: Los Angeles.

**October 7:** “Early Identification & Treatment of Mental Health needs for Individual with Developmental Disabilities,” presented by SGPRC: First Response, Location: Arcadia.

**October 11-15:** “Developing Skills for Applied Behavior Analysis,” hands-on workshop presented by Autism Partnership, Location: Seal Beach.

**October 17:** Epilepsy Freedom Walk, presented by Epilepsy Foundation/Greater Los Angeles, Location: Rose Bowl in Pasadena. Contact [www.EpilepsyFreedomWalk.org](http://www.EpilepsyFreedomWalk.org) or (310) 670-2870.

**October 28:** “Violence within the Home & Its Effects on Children,” presented by NEXUS, Location: Los Angeles.

**November 13:** “Walk Now for Autism Speaks,” presented by Autism Speaks, Location: Angel Stadium, Anaheim.

**November 14:** “16th annual Buddy Walk & Festival,” presented by DSALA, Location: Santa Anita Park, Arcadia.

**November 14-16:** “Blueprint for Success: Education, Training, Employment, Independent Living,” presented by Calif. Commission-Secondary Transition Symposium, Location: Westin L.A. Airport.

**November 15-16:** “Career Planning for Individuals with Autism Spectrum Disorders,” presented by Spectrum Training Systems, Location: Buena Park.

**November 17-18:** “Behavior Interventions for Challenging Students (Disobedient, Disruptive, Defiant & Disturbed Students),” presented by Spectrum Training Systems, Location: Buena Park, CA.

**COMMUNITY INVOLVEMENT/  
COLLABORATION OPORTUNITIES**

**Autism Society of America—Greater Long Beach/San Gabriel Valley Chapter ASA.** P.O Box 15247, Long Beach, CA 90815-0247. Call (562) 943-3335 for dates and location of support meetings or information regarding Chapter activities.

**East San Gabriel Valley SELPA Community Advisory Committee (CAC).** Meetings held monthly, 6:30pm—8:30pm, at the ESGV SELPA office (across from Fairvalley School), 1400 Ranger Drive, Covina. For exact dates and information, call ESGV SELPA office (626) 966-1679.

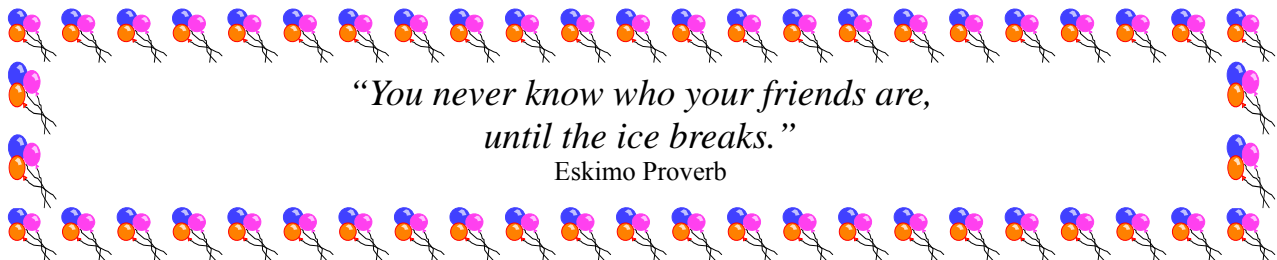
**Pasadena USD SELPA Community Advisory Committee (CAC)** (6:30—8:30pm), at Edison Professional Development Complex (PALS), 119 W Palm Ave., Altadena. Call for exact dates (626) 536-4105, and to reserve free childcare and translation.

**Pomona USD SELPA Community Advisory Committee (CAC)** meetings are held 7:00—9:00pm at the Pomona USD SELPA office on the last Thursday of the month, except November/December. Call (909) 397-5090 X-3843 for further information.

**Puente Hills SELPA Community Advisory Committee (CAC).** CAC meetings normally held monthly, 9:30am—11:30am, for Hacienda/Rowland USD’s. For exact dates and location information, call Puente Hills SELPA office (626) .964-7458.

**West San Gabriel Valley SELPA Community Advisory Committee (CAC).** CAC meetings normally held monthly, 6:30pm—8:30pm, at WSGV SELPA office, 15 W Alhambra Rd., Alhambra, 91801 (board room). Call for exact dates and information (626) 943-9748.

**AREA BOARD 10 Board of Directors Meeting** – First Thursday of each month, 4:30pm. For location information, call (818) 543-4631, or check website for changes and agenda [www.areaboard10.org](http://www.areaboard10.org).



## OCTOBER–NOVEMBER–DECEMBER 2010 CALENDAR – CONTINUED

**REGIONAL CENTER (SG/PRC) Activities**  
**909) 620-7722**  
 Internet Site: [www.sgprc.com](http://www.sgprc.com)

### SUPPORT GROUPS CONTINUED

**Board Meeting:** Held the fourth Wednesday of each month at 7:00pm. Location: SG/PRC. For further information, call Linda Derosiers at SG/PRC (909) 868-7512.

**Chinese—Korean Parent Support Group:** Call Violeta Escobar at SG/PRC (909) 868-7528 for meeting times and dates.

**P.A.T.H.** (Parents Acting for the Handicapped): For details, call Joanne East at (626) 919-4983.

**ALIANZA & LUCERO—Spanish-Speaking Parent Support Group:** Meets second Thursday of each month. Call Violeta Escobar at (909) 868-7524.

**Filipino Support Group:** Contact Violeta Escobar at SG/PRC, (909) 868-7528, for information and details. Meeting held in English; however, most parents speak Tagalog.

encouragement, resources, and a supportive community that participates in events like weekly open play groups, parent chat nights, peer social events, sign language classes, therapy consultations and IEP/school support. Call 626-844-1821 or email [info@clubtwentyone.org](mailto:info@clubtwentyone.org) for general questions. Located in Pasadena.

**Down Syndrome Association of L.A., Pomona: Sub Group – “Up for Down.”** Meets third Thursday every other month at 7:00-8:30pm. Also, Little Steps for 0-3 that meets every Thursday of the month from 6:00—8:00pm at same location. For information, call Carol Anten at (909) 268-6344

**DIR®/Floortime™ Parent Support Group**—for parents of children with all types of disabilities to support each other in using DIR®/Floortime™ strategies at home. Meets 2nd Tuesday each month, 6:30-8:00pm at Pasadena Child Development Associates. Call Felicie Standley at (626) 793-7350, Ext 257, for more information. -mail to [Felicie@pasadenachilddevelopment.org](mailto:Felicie@pasadenachilddevelopment.org).

**Epilepsy Foundation of Los Angeles County –** Call for date and time (310) 670-2870.

**Fiesta Educativa: Spanish-speaking Support Group for all Disabilities.** Meets three times monthly on different topics. Call Laura Ruesga at (323) 221-6696 for dates, times and topics.

**Foothill Autism Alliance:** For information concerning upcoming meetings, time and place, please call (818) 66-AUTISM, or visit their website at [www.foothillautism.org](http://www.foothillautism.org)

**FUERZA – Spanish-speaking Support Group for Down Syndrome & Cerebral Palsy –** Call (800) 200-4323 or (310) 391-7153.

**Pomona Valley Learning Disability Assoc. —** Meetings held 3rd Thursday of each month, 5:30-8:00p.m., at Rancho Cucamonga Family Resource Center, 9791 Arrow Route, Rancho Cucamonga, CA 91730. For further info, call (909) 621-1494, or e-mail us at [PVLDA@aol.com](mailto:PVLDA@aol.com).

### SUPPORT GROUPS MISCELLANEOUS

**A.B.L.E. Academy for “Mommy or Daddy and Me” -** 0—3 years old with caretaker. Ongoing Wednesdays & Fridays 9:00—11:30am in Hacienda Hgts. Call 626-812-0055 for info.

**CH.A.D.D.—Support group for Adults with ADHD:** 2nd Tuesday of each month, 7:00-9:00pm, at The Frostig Center, 971 N. Altadena Drive, Pasadena. TEL: (626) 943-3100.

**CPAD (Chinese Parent Assoc. for the Disabled) -** San Gabriel, CPAD holds support group meetings and trainings for Chinese-speaking parents. Call Rose Wang (626) 202-4773 for dates and times. Hot Line: (626) 307-3837.

**Club 21—**Learning & Resource Center is dedicated to the inclusion of individuals with Down syndrome in home, school and community life. Provides families →



The San Gabriel/Pomona **PARENTS' PLACE**  
Family Resource & Empowerment Center  
1500 S. Hyacinth Avenue, Suite B, West Covina, CA 91791

## Calendar of Events (Effective October 1, 2010)

PLEASE CALL AHEAD TO SIGN UP FOR ALL WORKSHOPS

### **IFSP (0-3) & IPP (Over 3) TRAINING WORKSHOPS**

**(Facilitated by the Office of Clients' Rights Advocacy, Disability Rights California)**

Friday	October 1, 2010	10:00am — 12:00pm	English
Friday	December 3, 2010	10:00am — 12:00pm	English

### **IEP TRAINING WORKSHOPS**

**(Facilitated by the Office of Clients' Rights Advocacy, Disability Rights California)**

Friday	October 15, 2010	10:00am — 12:00pm	English
Friday	December 17, 2010	10:00am — 12:00pm	English

### **TRANSITION TO PUBLIC SCHOOL WORKSHOP**

**Facilitated by TASK (Team of Advocates for Special Kids)**

Friday	October 8, 2010	9:00am — 1:00pm	English
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### **ANNUAL OPEN HOUSE**

Friday	October 22, 2010	4:00pm — 7:00pm	All Welcome
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### **“THE JOURNEY TO ADULTHOOD: What Parents Need To Know” (Sexuality)**

**Facilitated by TASK (Team of Advocates for Special Kids)**

Wednesday	October 27, 2010	9:00am — 12:00pm	English
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### **ASSISTIVE TECHNOLOGY FOR AUTISM WORKSHOP**

**Facilitated by TASK (Team of Advocates for Special Kids)**

Tuesday	November 9, 2010	9:00am — 12:00pm	English
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### **4TH ANNUAL CONFERENCE**

**“TRANSITIONING FROM HIGH SCHOOL... What You Need to Know”**

Saturday	November 13, 2010	7:45am — 3:40pm	English with Spanish / Mandarin Translation Provided
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### **ASSISTIVE TECHNOLOGY FOR EARLY LEARNING WORKSHOP**

**Facilitated by TASK (Team of Advocates for Special Kids)**

Tuesday	December 1, 2010	9:00am — 12:00pm	English
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### **SANTA PHOTO DAY**

Saturday	December 4, 2010	10:00am — 1:00pm	Appointment required
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### **PARENTS' PLACE SUPPORT GROUP MEETINGS**

REACH	1 <sup>st</sup> Thursday of Each Month	7:00pm - 8:30pm
NUEVO DÍA (Spanish)	2 <sup>nd</sup> Wednesday of Each Month	10:00am - 11:30am

**For more information, please call  
(626) 919-1091 or, E-mail us at [empower@parentsplacefrc.com](mailto:empower@parentsplacefrc.com)  
Website: [www.parentsplacefrc.com](http://www.parentsplacefrc.com)**



**The San Gabriel/Pomona PARENTS' PLACE**  
**Family Resource & Empowerment Center**  
1500 S. Hyacinth Ave., Ste. B, West Covina, CA 91791

## **CALENDARIO DE EVENTOS**

**Octubre 1, 2010**

### **POR FAVOR LLAME PARA REGISTRARSE A LOS TALLERES**

**“ El CAMINO a la VIDA ADULTA, Lo Que Todo Padre Debe Saber (Sexualidad) ”**  
**(Facilitado por TASK)**

Martes                      Octubre 19, 2010                      9:00am - 12:00pm                      Español

**APERTURA DE CASA ANUAL**

Viernes                      Octubre 22, 2010                      4:00pm - 7:00pm                      Todos Bienvenidos

**IFSP & IPP TALLER DE ENTRENAMIENTO**  
(Facilitado por la Oficina de Defensa de los Derechos del Cliente,)

Viernes                      Noviembre 5, 2010                      10:00am - 12:00pm                      Español

**4<sup>ta</sup> CONFERENCIA ANUAL**  
**TRANSICIÓN DESPUES DE LA PREPARATORIA...LO QUE USTED NECESITA SABER**  
**(Para Adultos Jovenes con Necesidades Especiales y sus padres)**

Sábado                      Noviembre 13 , 2010                      8:45am - 3:40pm                      Inglés/ Español

**IEP TALLER DE ENTRENAMIENTO**  
(Facilitado por la Oficina de Defensa de los Derechos del Cliente,)

Viernes                      Noviembre 19, 2010                      10:00am -12:00pm                      Español

**FOTOS CON SANTA**

Sábado                      Diciembre 4, 2010                      10:00am - 1:00pm                      Se necesita hacer cita

**GRUPOS DE APOYO DE EL LUGAR DE LOS PADRES**

REACH (Inglés)                      1er Jueves de el Mes                      7:00pm - 8:30pm  
NUEVO DIA (Español)                      2º Miercoles de el Mes                      10:00am - 11:30am

Para mas información, llamenos a El Lugar para Los Padres al (626) 919-1091,  
o mande por correo electronico a [empower@parentsplacefrc.com](mailto:empower@parentsplacefrc.com)  
**pagina electronica [www.parentsplacefrc.com](http://www.parentsplacefrc.com)**



The San Gabriel/Pomona  
**Parents' Place**  
Family Resource & Empowerment Center

Empowering families through up-to-date information, training and education, referrals, and parent-to-parent support.

Parents' Place  
*Invites you to Our*



**ANNUAL OPEN HOUSE**

Friday, October 22, 2010  
4:00 p.m. — 7:00 p.m.

**Parents' Place**

1500 S. Hyacinth Avenue, Suite B  
West Covina, CA 91791

**Special Presentation by:**

**Michael & Karen Nutt**

**“State Budget Cuts: Where do we go from here”**

- Gain key information regarding how the budget crisis may affect your child's services and what you can do about it.
- Learn how your story can impact the decisions of your local legislators and how you can share it with them



**Tour Parents' Place ~  
Meet our staff ~  
Learn about our  
Services &  
Community Resources**



**View our Lending  
Library  
Books ~ DVD's ~  
Videos ~ Toys**

Phone: (626) 919-1091 Fax: (626) 919-2784  
Family Support: [warmline@parentsplacefrc.com](mailto:warmline@parentsplacefrc.com) \* Website: [www.parentsplacefrc.com](http://www.parentsplacefrc.com)



The San Gabriel/Pomona

**Parents' Place**

Family Resource & Empowerment Center

Proporcionando servicios a Padres, Padres de Crianza, Guardianes y Profesionales que trabajan con niños con necesidades especiales del nacimiento a los 22 años.

Parents' Place  
*Les Invita a nuestra*



**APERTURA DE CASA ANUAL**

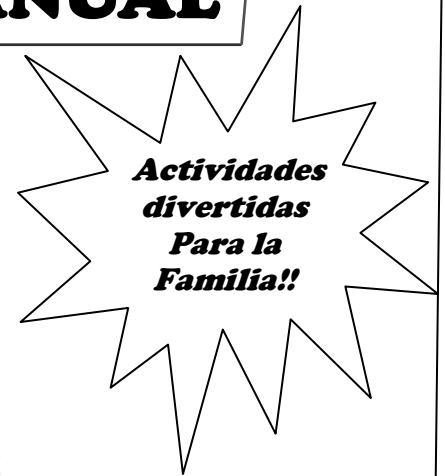
**Viernes, 22 de Octubre, 2010**  
**4:00 p.m. — 7:00 p.m.**

**Parents' Place**  
1500 S. Hyacinth Avenue, Suite B  
West Covina, CA 91791

**Presentacion especial por:**  
**Michael & Karen Nutt**

**“Recortes en el Presupuesto: Hacia donde vamos”**

- Reciva informacion acerca de como la crisis del presupuesto afectará los servicios de sus niños y que es lo que usted puede hacer.
- Aprenda como su historia impacta las decisiones que sus legisladores locales hacen y como compartir su historia con ellos.



**Recorrido de Parents' Place ~**  
**Conozca nuestro personal ~**  
**Sepa de nuestros servicios y**  
**recursos en la comunidad**



**Vea nuestra librería**  
**Libros ~ DVD's ~**  
**Videos ~ Juguetes**

Telefono: (626) 919-1091 Fax: (626) 919-2784  
Apoyo familiar: [warmline@parentsplacefrc.com](mailto:warmline@parentsplacefrc.com) \* Website: [www.parentsplacefrc.com](http://www.parentsplacefrc.com)



The San Gabriel/Pomona  
**PARENTS' PLACE**

*Funded by:*



*4th Annual Conference*

# **Transitioning from High School... What you need to know**

**Saturday, November 13, 2010**

This conference is designed for Parents, Foster Parents, Guardians and Professionals who work with young adults with special needs from ages 14-22.

**4<sup>ta</sup> Conferencia Annual  
Transición Después de la Preparatoria...  
Lo que Usted Necesita Saber  
Sábado Noviembre 13, 2010**

**Coronado Alternative School**  
1500 E. Francisquito Avenue  
West Covina, CA 91791  
*(near) Azusa & Francisquito Avenue*



本研討會提供中文翻譯，詳細內容請覽閱第四頁。有關註冊資訊請參考第七頁。

**PARENTS' PLACE**, 1500 S. Hyacinth Avenue, Suite B, West Covina, CA 91791

Phone: (626) 919-1091 Fax: (626) 919-2784

# Conference Agenda/Agenda de el Día

**7:45 a.m. — 8:30 a.m.** **Registration/Continental Breakfast//Exhibit Viewing**  
*Registración/Desayuno Continental//Mesas de Exhibición*

**8:30 a.m. — 10:00 a.m.** **KEYNOTE SPEAKER /Orador Principal—** Dr. Richard Rosenberg

**“The Ups and Downs of Transition...How to Make it a Reality”**  
*“Las Subidas y Bajadas de Transición.... Cómo Hacerla Realidad”*

**10:10 a.m. — 11:25 a.m.** **PANEL I—**

- **PALS Day Program- Adult behavior management day program**  
*- Programa de Adultos para el manejo del comportamiento*
- **Department of Rehabilitation— Employment Services**  
*- Servicios de Empleo*
- **Aim Higher Covina— Personal development, community integration and continued education/ Desarrollo personal, integración en la comunidad, educación continuada**
- **Lincoln Training Center— Work Activity Program & Supported Employment Services**  
*-Programa del Trabajo & Servicios de Apoyo del trabajo*

**11:25 p.m. — 12:15 p.m.** **LUNCH BREAK & EXHIBIT VIEWING/**  
*Descanso para el lonche y visita a las mesas de exhibición.*

**12:15 p.m. — 1:45 p.m.** **KEYNOTE SPEAKER/Oradora Principal — Gaier Dietrich**

**-“Transitioning to College: Accessing Services in the Community College System”**

*“La Transición al Colegio: El Acceso a los Servicios en el Sistema Del Colegio Comunitario”*

**1:55 p.m. — 3:10 p.m.** **PANEL II—**

- **Conservatorship/ Conservatoría—Law Office of Christopher A. Poulos**
- **Community Rehabilitation Services— Independent Living Center that provides free services to persons with disabilities such as advocacy, housing, employment, assistive technology, information and referral and more.** *Centro de Vida Independiente que proporciona servicios gratuitos a las personas con discapacidades como advocacia, vivienda, empleo, tecnología asistiva, información, referencias y mucho más.*
- **In2vision— One on One Community Integration & Independent Living Skills Training**  
*Integración Comunitaria Uno a Uno, Entrenamiento de Habilidades para Vivir Independiente*
- **Services Center for Independent Living-SCIL provides information and referrals for persons with disabilities and their families—we will focus our exhibit on Assistive Technology for all age groups** *proporciona información y referencias para las personas con discapacidades y sus familias, centraremos nuestra exposición en tecnología asistiva para todas las edades.*

**3:10 p.m. — 3:40 p.m.** **YOUTH PANEL/CLOSING & RAFFLE—Panel de Jóvenes/ Final y Rifa**

**8:00 a.m. — 3:10 p.m.** **YOUNG ADULT WORKSHOP - Taller de Jóvenes (Inglés Solamente)**



The San Gabriel/Pomona

**Parents' Place**

Family Resource & Empowerment Center



*Is Proud to Present*

# *Photos With Santa*

For Children Who Have Special Needs

**AVOID THE OVER-STIMULATING SIGHTS AND SOUNDS  
OF STANDING IN LINE AT THE MALL**



**SANTA will be visiting Parents' Place:**

Saturday, December 4, 2010

10:00 am—1:00 pm

1500 S. Hyacinth Avenue, Suite B

West Covina, CA 91791

**Cost Per Package: \$8.00**

*You must call to schedule a time for your photo*

**(626) 919-1091**

Pictures will be mailed to you  
in about 5 days, or you  
may pick them up at Parents' Place



Funded by California Department of Developmental Services & Department of Education



The San Gabriel/Pomona

**Parents' Place**

Family Resource & Empowerment Center



*Se enorgullece de Presentar*

# *Fotos Con Santa*

Para niños que tienen necesidades especiales

Evite los sobre-estimulantes sonidos y la aglomeración en las líneas de espera del centro comercial



**SANTA estará visitando El Lugar De Los Padres**

**El Sábado 4 de Diciembre del 2010**

1500 S. Hyacinth Avenue, Suite B

West Covina, CA 91791

**Costo por Paquete: \$8.00**

*Tiene que llamar para apartar el horario de su foto*

**626) 919-1091**

Las fotografías le serán enviadas por correo  
aproximadamente en 5 días, o usted las  
puede recoger en El Lugar De Los Padres



Fundado por el Departamento de Servicios de Desarrollo y El Departamento de Educación de California









## PARENTS' PLACE CONTINUES TO RAISE FUNDS WITH THE HELP OF OUR COMMUNITY!


OUR PARENTS HAVE BEEN GENEROUSLY DONATING TO OUR FUND RAISING PROGRAMS. BY THEIR PARTICIPATION, THEY HAVE ALSO BEEN HELPING OTHER PARENTS IN OUR COMMUNITY WHO HAVE CHILDREN WITH SPECIAL NEEDS. IF YOU WANT TO HELP, JUST JOIN ONE OR ALL OF THE FOLLOWING PROGRAMS.

1. **Do you shop at  ?**

All Rewards card members must re-register in September to have a portion of their purchases go to Parents' Place. All you need to do is connect our organization number to your Rewards card. Connect your card at the store, or do it on line as follows:

1. Go to [www.ralphs.com](http://www.ralphs.com)
2. Click on "Sign In/Register" to sign up as a new online customer. You will need your Ralph's Rewards number and the zip code of the store you shop at.
3. If you have registered before, use your email and password to sign in. Ralph's requires that you re-register once a year.
4. Go to "Community Contribution" to link to our Organization # **8 4 7 5 5**.

2. You can also help us by bringing in your used inkjet and laser cartridges or your old cell phones. Just drop by anytime between 9:00am and 3:00pm, Monday through Friday. We receive ALL proceeds when we turn these in for recycling.

3.  For you Internet Users—Parents' Place is registered in the *Good Search Program*. For every search or purchase you want to make on the internet:

- a) Go to: [www.goodsearch.com](http://www.goodsearch.com)
- b) Place our name in the favorite charity box (we are listed as San Gabriel Pomona Parents' Place) and then start your search. All searches are done through Yahoo and we receive credit every time you search.

We also receive a percentage of all purchases you make through their "Good Shop" link. After you're signed in, choose "Good Shop" and go to your favorite store...Sears, Target, etc. ...make a purchase.

4.

***And of Course.....  
Your check or money donation is ALWAYS welcome!  
Thank You for Your Support.***

**The San Gabriel/Pomona  
Parents' Place**

**Family Resource & Empowerment Center  
1500 S. Hyacinth Avenue, Suite B  
West Covina, CA 91791-3832**

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***RETURN SERVICE REQUESTED***

**YES, I would like to be added to The Parents' Place mailing list.  
*Si, me gustaria estar en la lista de correos de El Lugar de los Padres***

**Clip and Mail/Recortelo y Envíelo**



Name/Nombre: \_\_\_\_\_

Address/Domicilio: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Telephone #: (\_\_\_\_\_) \_\_\_\_\_ E-mail: \_\_\_\_\_  
(Telefono)

Parent/Professional (Circle One) Agency: \_\_\_\_\_  
Padre/Profesional (Circule uno) (Agencia)

Child's Disability: \_\_\_\_\_ Child's Birthdate: \_\_\_\_\_  
(Discapacidad del Nino)

Primary Language: \_\_\_\_\_  
Idioma Principal

Topics of Interest: \_\_\_\_\_  
Temas que le Interesan

**PARENTS' PLACE does not rent, sell, or exchange its mailing lists with any organization or individual. Your information is considered confidential and your privacy is respected!**

The San Gabriel/Pomona PARENTS' PLACE Newsletter is a publication of the PARENTS' PLACE Family Resource & Empowerment Center. Views expressed in this publication are provided for your information and **are not** necessarily the views of the PARENTS' PLACE.

**Funded in part by Early Start, California Department of Developmental Services Contract #HD490019 and the California Department of Education Family Empowerment Grant (SB511)**