



PARENTS' PLACE NEWSLETTER

The San Gabriel/Pomona
PARENTS' PLACE
Family Resource &
Empowerment Center

Volume 16, Issue 3

JUL-AUG-SEPT 2010

SUPPORTING OUR MISSION

By Sona E. Baghdassarian, Director

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FLYERS ENCLOSED IN THIS NEWSLETTER

—Assistive Technology 101
—Calendar of Events
—Birth to Three Seminar
—Save the Date:
“Transitioning from High School...What You Need to Know”—(English/Spanish/Chinese)

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“To provide hope and support for families with children with special needs through education and community resources.” That is the Parents’ Place mission, and it has been with your support as well as that of the community that we have had a successful year. THANK YOU!

Though the year was a particularly challenging one, we managed to accomplish many things.

- We held over 24 trainings. These included IEP’s, IFSP/IPP, Transition to Public School, Basic Rights, and Assistive Technology.
- We celebrated our 20th Anniversary of our Birth to Three Disabilities/Possibilities Seminar.
- We held our 3rd annual Transition from High School conference.
- We produced our very first training video, Safeguards 101, an overview of the procedural safeguards. (Note: We have a few copies in our library to loan out. If you would like to own a copy, for a donation of \$20.00 you can pick one up.)
- We have participated in over 151 outreaches and meetings in the community, as well as hosted various meetings at our office to support our families.
- We set up our information table at numerous community meetings for such organizations as: Community Advisory Committees of the local Special Education Local Plan Areas, Early Head Start programs, and Mental Health/Spa 3.
- And let’s not forget our favorite events like Santa Photo Day where many of your children had the chance to meet Santa,

or our 18th annual Information Fair & Festival at which 2600 people attended.

To provide additional support to our families next year, we will add to our list of trainings by offering webinar trainings. Look for the first two of these on Page 10.

At the end of each year, there are always many people to thank, and I’d like to do that now.

⇒ We are grateful for the support of the Southern California Edison team who consistently donates to our mission. An even bigger surprise ... one member made an individual contribution that made the company’s quarterly contribution even larger. Thanks to you all!

⇒ There are many of you, too, who have given generously of your time during this year. You made our jobs easier by assisting with office tasks and lending a hand at our events. We especially appreciate your efforts in helping us to give ongoing support to our families.

⇒ Of course, we certainly must thank those of you who have financially contributed throughout the year. At the beginning of our last fiscal year, we sent out letters asking for your support since we knew the State budget would not be passing on time. Your response was terrific!

We have been forewarned that the challenges for next year will not be any less, perhaps even more. Your help is still very much needed and anything you can do to support our mission, which in turn supports all of our families, will be very much appreciated.

APOYANDO NUESTRA MISIÓN

por Sona E. Baghdassarian, Directora

“Proveer esperanza y apoyo a las familias con niños con necesidades especiales por medio de educación y recursos en la comunidad.” Esta es la misión de el Lugar de los Padres, y há sido con su apoyo y el de la comunidad que hemos tenido un año maravilloso. GRACIAS!

Aunque este año fué un año difícil hémos logrado muchas cosas.

- Tuvimos mas de 24 entrenamientos. Incluyendo IEP’s, IFSP/IPP, Transición a la escuela Publica, Derechos Basicos, y Tecnología Asistida.
- Celebramos nuestro 20avo Aniversario Disabilities/Posibilidades de Cero a los tres años.
- Tuvimos nuestra 3ra. Conferencia de Transición despues de la Preparatoria.
- Producimos nuestro primer video de entrenamiento “Protección 101” Una vista al Procedimiento De Protección. (Nota: Tenemos algunas copias en nuestra libreria para que usted pueda tomar prestadas, si usted quiere tener su propia copia con una donación de \$20.00 usted puede obtener una.)
- Hemos participado en mas de 151 visitas y juntas en la comunidad, asi como hémos sido anfitriones de varias juntas en nuestra oficina para apoyar a nuestra comunidad.
- Hémos participado en varias ferias y juntas teniendo una mesa de información para varias agencias incluyendo organizaciones como: CAC, Comité Consultivo Comunitario de la Area de Educación Especial Local, Programas de Early Head Start, y Salud Mental/Spa 3.
- Y no nos olvidémos de nuestros eventos favoritos como el Dia de Fotos con Santa donde muchos niños tienen la oportunidad de conocer a Santa, o nuestro 18va Festival & Feria Anual Informativa en el que 2600 personas atendieron.

Para proveer apoyo adicional a nuestras familias este año venidero, agregaremos a nuestra lista de entrenamientos talleres en la red electronica (webinars) favor de mirar la página 10 para los dos primeros entrenamientos.

Al final de cada año hay muchas personas a las que quisieramos dar las gracias y lo haremos ahora.

- ⇒ Estamos agradecidos por el apoyo que el equipo de Southern California Edison nos há donado para nuestra misión. Recivimos una grande sorpresa cuando una persona hizo una contribución individual que hizo una gran diferencia en nuestras contribuciones de ese trimestre. Gracias a todos!
- ⇒ Hay muchos de ustedes que nos hán donado generosamente su tiempo durante este año. Ustedes hacen nuestro trabajo mas facil cuando ayudamos a nuestras familias al proveer ayuda en la oficina y darnos una mano en varios eventos. Especialmente apreciamos sus esfuerzos para proveer apoyo continuo a nuestras familias.
- ⇒ Y claro, ciertamento tenemos que agradecer enormemente a todos los que hán contribuído financieramente durante todo el año. Al principio de nuestro año fiscal pasado mandamos cartas pidiendo su apoyo como el presupuesto del estado no fué firmado a tiempo. Su respuesta fué tremenda!

Hémos sido avisados de antemano que los desafíos para este año que viene no serán menos, y quizás mucho mas. Su ayuda todavia es necesaria y cualquier cosa en lo que usted nos pueda ayudar para apoyar nuestra misión, que a la vez apoya a nuestras familias, será muy apreciada.

MINIMIZING SUMMER RISKS

(Reprinted Excerpts from TheSafetyNet-2002)

While summertime is the perfect time to participate in recreation activities and to increase physical activity, several factors put people with developmental disabilities at greater risk during the summer months. Here are some tips for avoiding potential problems.

HEAT RELATED DISTRESS

For people with developmental disabilities, signs of heat stroke or dehydration may be overlooked or confused with general mental status. Early signs include: nausea, vomiting, headache, weakness, altered mental state (confusion, aggressiveness, rambling incoherently), red skin with no sweating, rapid pulse, or fever during hot weather. At the first sign of overheating, move the person to the shade, and bathe in cool water. Seek medical attention immediately.

DECREASE SUMMER RISKS

Many people with developmental disabilities are at increased risk for heat related conditions because of medications, inability to control hydration, and lack of safety awareness. To decrease summer risks:

- ⇒ Know what medications cause increased sensitivity to the sun (photosensitivity).
- ⇒ Provide sunglasses that block 90-100% of ultraviolet rays.
- ⇒ Know skin cancer risks. Use sunscreen (SPF 15 or higher), and follow instructions on bottle for reapplication. Hats (with a 3" brim or bill facing forward) and long-sleeved clothing can also block the sun's harmful rays.
- ⇒ Ensure adequate hydration. 8 glasses of water per day are needed during hot weather. Check with your health care practitioner for any special instructions.
- ⇒ Have a physical examination done before your child begins a new exercise or sports program.
- ⇒ Use insect repellent, especially if your child is allergic to insect bites.
- ⇒ Always provide supervision when using an outdoor grill, near a swimming pool, or in a car, bus or van.
- ⇒ Provide adequate shade and ventilation.
- ⇒ Plan indoor activities during periods of high heat and humidity. Those most at risk for heat-related illnesses include the elderly, very young people, those who are in poor physical condition, take medications that inhibit perspiration or increase fluid loss, or have poor fluid intake.

Project *INSPIRE* gives the following special considerations for physical activity for persons with disabilities.

Individual with Asthma & Respiratory Conditions

- Avoid potential irritants (grass, dust, allergens, smog, ozone, etc.). Due to the possibility of high ozone pollution in some places in California, people who have a

poor respiratory system should watch for advisories and limit time outdoors to times when air quality is best.

Individuals with Cerebral Palsy

- Monitor activities, being cautious not to fatigue the person.
- Allow extra space to accommodate balance difficulties and involuntary muscle spasms.
- Provide relaxation activities to decrease involuntary muscle movements.

Individuals with Diabetes

- Keep activities similar in duration and intensity.
- If activities are longer than usual, encourage a snack break.
- Be cautious of any skin damage (particularly) to the foot area).
- Keep a piece of candy or packet of sugar handy.

Individuals with Down Syndrome

- Be aware that the person may have poor balance or fear of balance activities.
- Check medical records for congenital heart conditions and atlanto-axial instability (a misalignment of the top two vertebrae of the neck). If the individual has atlanto-axial instability, avoid activities that hyperextend or put pressure on the neck (i.e., gymnastics, diving, "heading" in soccer, collision sports).

Individuals with Spina Bifida

- Watch for skin damage and pressure sores.
- Be aware of loss of injury sensation, particularly in the lower extremities.

Individuals with Visual Impairment

- Avoid activities that could result in blows to the head.
- Use sound devices or bright multicolored equipment.
- If the individual wears glasses, wear safety glasses for protection.
- For individuals with glaucoma, avoid weight-lifting activities.

WOULD YOU PUT YOUR CHILD IN AN OVEN???
OF COURSE NOT!!!

**FOR A CHILD, THE INSIDE OF A CAR CAN
BECOME AN OVEN WITHIN MINUTES—
ANYTIME OF THE YEAR. SO BE SAFE..NEVER
LEAVE INFANTS OR SMALL CHILDREN
UNATTENDED IN A CAR.
NOT FOR A MINUTE—NOT FOR A SECOND!**

Minimizando Riesgos en el Verano (Excerpts from TheSafetyNet-2002)

Aunque el verano es el tiempo perfecto para participar en actividades recreativas y aumentar la actividad física, varios factores ponen a las personas con deficiencias en un mayor riesgo durante los meses de verano. Estos son algunos consejos para evitar posibles problemas.

EXCESO DE CALOR

Para las personas con deficiencias los signos del exceso de calor pueden quedar enmascarados o ser confundidos con el estado mental general. Los primeros síntomas incluyen: náusea, vómitos, dolor de cabeza, debilidad general, estado mental alterado (confusión, agresividad, decir incoherencias), piel excesivamente roja sin sudoración, pulso rápido o fiebre. En cuanto note estos primeros síntomas mueva a la persona a la sombra o introdúzcala en un baño de agua fría. Busque atención médica inmediatamente.

Reduzca Riesgos en el Verano

Mucha gente con deficiencias posee mayor riesgo de sufrir exceso de calor debido a la medicación, incapacidad de controlar la hidratación y menor control de medidas de seguridad. Para disminuir los riesgos en el verano:

- ⇒ Averigüe qué medicamentos producen sensibilidad al sol (fotosensibilidad).
- ⇒ Provea gafas que bloqueen 90-100% de los rayos ultravioleta del sol.
- ⇒ Conozca los riesgos del cáncer de piel. Use loción solar (SPF 15 o mayor) y siga las instrucciones de la loción para reaplicación. Los gorros (con 3" de borde hacia delante) y ropa con mangas largas también pueden bloquear los rayos perniciosos de sol.
- ⇒ Asegúrese de mantener la hidratación adecuada. 8 vasos de agua por día son necesarios durante los días de calor. Verifíquelo con su médico de familia por si hubiera instrucciones específicas.
- ⇒ Haga a su hijo o hija pasar un examen médico antes de comenzar un nuevo ejercicio físico o programa deportivo.
- ⇒ Use repelente de insectos si su hijo o hija es alérgico a picazos de insectos.
- ⇒ Siempre provea de supervisión cuando esté usando una barbacoa o similar, cerca de una piscina, o en el coche, autobús o furgoneta.
- ⇒ Provea de suficiente sombra y ventilación.
- ⇒ Planee actividades de puertas adentro en periodos de excesivo calor y humedad. Las personas con mayor riesgo de sufrir por exceso de calor son los ancianos, los niños pequeños, los que no están en buenas condiciones físicas, los que toman medicación que inhibe la perspiración o aumenta la pérdida de fluidos o carecen de capacidad de tomar líquidos.

El proyecto INSPIRE ofrece las siguientes consideraciones para que las personas con deficiencias realicen actividades físicas.

Individuo con Asma y Ciertas Condiciones Respiratorias

- Evite irritantes potenciales (hierba, polvo, agentes alérgicos, polución, ozono, etc.). Debido a la posibilidad de polución en algunos lugares de California, las personas que tienen problemas en el sistema respiratorio deberían limitar su estancia al aire libre a periodos en los que la calidad del aire sea la mejor.

Individuos con Parálisis Cerebral

- Controle las actividades teniendo cuidado de no fatigar a la persona que cuida.
- Permita espacio extra para acomodar dificultades de equilibrio y movimientos involuntarios/espasmódicos.

Individuos con Diabetes

- Mantenga actividades similares en duración e intensidad.
- Si las actividades son más largas de lo habitual permita una pequeña interrupción para tomar un refrigerio o lo que sea que la persona quiera.
- Sea consciente de cualquier daño en la piel (especialmente en el área del pie).
- Tenga algún dulce o algo de azúcar a mano.

Individuos con Síndrome de Down

- Sea consciente de que la persona puede carecer de un buen equilibrio y tener miedo de actividades de balanceo.
- Asegúrese de los records médicos por posibles condiciones congénitas del corazón e inestabilidad atlanto-axial (malajuste de las dos vertebrales superiores del cuello). Si el individuo tiene inestabilidad atlanto-axial, evite actividades que estiren o pongan presión sobre el cuello (por ejemplo: gimnasia, bucear, dar con la cabeza al balón en fútbol europeo, deportes de colisión).

Individuos con Espina Bífida

- Vigile daños en la piel y llagas de presión.
- Manténgase alerta sobre la posible pérdida de sensación de dolor, particularmente en las extremidades inferiores.

Individuos con Impedimento Visual

- Evite actividades que pudieran producir golpes en la cabeza.
- Use dispositivos con sonido o equipos multicolores llamativos.
- Si el individuo usa gafas, que lleve gafas de seguridad para mayor protección.
- Para individuos con glaucoma, evite actividades de levantamiento de pesos pesados.

PONDRIA USTED A SU NIÑO EN UN HORNO???
CLARO QUE NO!!!

PARA UN NIÑO, LA SUPERFICIE DE UN CARRO
SE CONVIERTE EN UN HORNO EN MINUTOS A
CUALQUIER HORA DEL AÑO.

POR FAVOR MANTENGA LA SEGURIDAD...
NUNCA DEJE SUS NIÑOS DENTRO DE UN
CARRO SIN ATENDER.

NI POR UN MINUTO NI POR UN SEGUNDO!

2010 INFORMATION FAIR & FESTIVAL



Our 2010 Information Fair & Festival was another success this year! We received so many favorable comments from the evaluations— “Very informative and fun; great resources.” — “Always a great, stress free event!!!” — “Thanks for everything. We enjoyed ourselves a lot!” — “Fun for kids, greatly organized.” — “I think they had just about everything and the volunteers were excellent.” — “Very awesome.” — “It was well organized and great information.” We welcomed approximately 2,600 attendees and received awards from Brian Mejia from Supervisor Michael Antonovich’s office, Jorge Marquez from Ed Hernandez, Assemblyman-57th District. Also visiting were Robert Gonzalez, Mayor of Azusa, Peter Yao, Council Member of Claremont and Jay Chen, from Hacienda/La Puente USD. And as always...we’d like to give special thanks and recognize all the many volunteers and contributors that helped to make this year’s Fair an outstanding event.

SPECIAL RECOGNITION TO OUR CONTRIBUTORS , ENTERTAINERS & VOLUNTEER GROUPS

If we missed any of you on this list, please accept our apology, and know that we really appreciate everything you do to make this a successful event!

\$1000 or More

Civitan Club of Arcadia/El Monte
Lions Club of West Covina

\$250 to \$500

Rotary Club of El Monte/So. El Monte
Richard D. Davis Foundation

\$.100 to \$250

Advance Infant Development
DG Therapy Group, Inc.
Dynamic Therapies
First Church of Nazarene
Mark Woodsmall Law Group

\$25 to \$99

Acro Consultants
Armenian Student Association
B.E.S.T. Services, Inc.
CBC Education, Inc.
Cameron Paige foundation
Community Rehabilitation Services, Inc.
Covina Development Center
CTAP
Esperanza Services, Inc.
Foothill Family Service
Lovaas Institute for Early Intervention
Milestones: Center for child
Development
New Day Behavior
Pasadena Child Development Associates
Pediatric Care Services, Inc.
People’s Care, Inc.
Prader-Willi California Foundation
Smart & Final
Total Education Solutions

In-Kind Product/ Equipment & Service Donations

Bethel 353
Christ Lutheran Church
City of West Covina
Farmers Insurance
Future America
In-N-Out Burgers
Islands Restaurants
Jarritos
Kaiser Permanente
Macondo Ice
Manny’s El Loco
Shriners Clowns
U-Haul-Covina
Upper San Gabriel Valley Water Company
West Covina Fire Department
West Covina Police Department—Explorers

Our Entertainers for the Day

Charter Oak Gymnastics
Delhaven Community Dancers
Future America
Possibilities Unlimited—Karate

And All of our Wonderful Volunteers

Alba Dunn
Amber & Eugene Powell
Arcadia/El Monte Civitan Club
Armenian Student Association
Araz Chapter Homenetmen Scouts
Aubrey Verduzco
Audrey Travis & Beverly Brown
Becky Cheng & Ricky Woo
Bethel 353
Carol Lister
Covina High School — CSF Club
Devry Univrsity
Ernesto Marquez
Escalante Family
Gabriela Alvarado
Islas Family
Kaiser Permanente
La Verne University—G.I.V.E. Students
La Verne University—Intn’l Student Org
Lourdes Zarate
Miriam Owen Family
NHS Vikings
Phi Iota Alpha Fraternity & Friends
Rachel & Jenna Janadi
Roland Lee
Russ & Darryl Nielsen
Ryan Shiratori
SGV Conservation Corps-Recycling
Santana High School
Taiwanese American Professionals
Wang Family
Wells Fargo Bank
Western University—SOMA

IT'S IMPOSSIBLE TO EXTEND A PERSONAL THANK YOU TO EVERYONE WHO HELPED TO MAKE THIS YEAR'S FAIR A TERRIFIC EVENT, BUT HERE IS A LIST OF SOME OF OUR "BEHIND-THE- SCENES" HELPERS

Our Board Members

Pam Driscoll—President
 Nancy Gibson—Treasurer
 Karen Nutt—Secretary
 Camie Poulos—Board Member
 Mary Holland—Board Member

Our Dedicated Staff

Sona Baghdassarian—Director
 Judi Kyne—Office Manager/Admin. Assistant
 Valentina Allen—Outreach Coordinator
 Elena Sanchez—Family Support Specialist
 Lynne Powell—Family Support Specialist
 Wendy Johansen—Family Support Specialist
 Cindy Cheng—Family Support Specialist
 Virginia Figueroa—Receptionist
 Juliet Young—Family Support Assistant

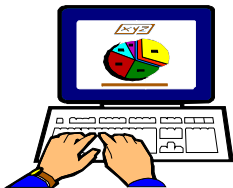
AND FOR ALL THOSE PEOPLE WHO PARTICIPATED AT THEIR INFORMATION TABLES, OUR SINCERE GRATITUDE FOR A JOB WELL DONE

Acro Consultants
 Advance Infant Development
 American Red Cross
 Arroyo Development Service
 Asian Rehabilitation Services
 Autism Response Team, Inc.
 Autospot.com (The)
 Azusa USD-Visually Impaired Program
 Baldwin Park Adult & Community Ed.
 Baldwin Park USD Early Head Start
 Behavior Respite in Action, Inc.
 B.E.S.T. Services
 Bienvenidos Foster Care Services
 California PsycheCare
 California Respite Care
 Calif. Pediatric & Family Services
 California Telephone Access Program
 Cameron Paige Foundation
 Casa Colina Children's Services and
 Outdoor Adventures
 Casa de Esperanza
 CBC Education, Inc.
 Center for the Partially Sighted
 Charter Oak Gymnastics
 Civitan Club of Arcadia/El Monte
 Community Health Plan-LA County
 Community Rehabilitation Services, Inc.
 Covina Development Center
 Covina Center Dental Surgery Group
 DCFS Heart Gallery
 DG Therapy Group
 Disability Rights California
 Disability Rights Legal Center
 Dynamic Therapies, Inc.

Esperanza Services, Inc.
 East Valley Community Health Center
 ESGV National Alliance for the Mentally
 Ill (NAMI)
 Farmers Insurance — Child ID Program
 First Church of the Nazarene (Paz Naz)
 Foothill Family Services
 Genesis Speech & Language ASC, Inc.
 Hacienda/La Puente USD Head Start
 State Preschool
 Hope House for the Multi-Handicapped
 House of Ruth
 Housing Rights Center
 Infant Family Services
 Junior Blind of America
 Justin Sherman & Associates
 Kaiser Permanente
 L.A. Care Health Plan
 L.A. Care Prevention Plan
 Law Offices of Christopher A. Poulos
 Learning Rights Law Center
 Life Steps Foundation
 Listening Program
 Little People America
 Little Steps
 Los Angeles Learning Disabilities Assoc.
 Lovaas Learning Institute
 Martin Luther King Healthy Family
 Program & Community Health Program
 Milestones: Center for Child Development
 Modern Support Services
 My Smile Dental Group
 Neurofeedback Centers for Success
 New Day

Options Child Care Srvs.-Baldwin Pk.
 Options Child Development Center -
 Covina
 Options Head Start—So. El Monte
 Pasadena Child Development Assocs.
 Pediatric Care Services
 People's Care
Parents' Place Family Resource Center
 Pomona USD Resource & Referral
 Pomona USD Child Development
 Pomona Valley Workshop
 Possibilities Unlimited
 Prader-Willi Foundation-California
 Project Sister
 Protection & Advocacy, Inc.
 Rosemary Children Services
 Rowland USD First 5 Family Resource
 Center
 San Gabriel Consortium San Gabriel/
 Pomona Regional Center
 Santa Anita Family Service
 SEEK Educatopm
 Southern California Edison
 Spirit Family Services—Cariño PFF
 Team of Advocates for Special Kids
 Therapeutic Living Centers for the
 Blind
 Total Education Solutions
 Total Programs
 University of Phoenix
 Up for Down
 Victim-Witness Assistance Program,
 L.A. County District Attorney's Office
 Woodsmall Law Group

**MARK YOUR CALENDAR NOW!
 19th ANNUAL INFORMATION FAIR & FESTIVAL
 SUNDAY, APRIL 24, 2011**



ADVOCACY WEBSITES

Area Board 10 on Developmental Disabilities: www.areaboard10.org
 Disability Information & Resources: www.eskimo.com/~jlubin/disabled.html
 Disability Rights Education & Defense Fund, Inc.: www.dredf.org
 Disability Rights of California (formerly PAI) www.pai-ca.org
 Educated Parenting: www.educatedparenting.com
 Exceptional Family Resource: www.efrconline.org
 Exceptional Parent Magazine: www.eparent.com
 Family Focus Resource Center: www.csun.edu/%7Eeffrc/
 Family Village: www.familyvillage.wisc.edu
 Family Voices: www.familyvoices.org
 Financial Aid for Students with Disabilities: www.finaid.org/finaid/documents/heath.html
 H.E.A.R.T.S. Connection: www.heartsfrc.org
 Institute on Community Integration: www.ici.umn.edu
 Internet Resources for Special Children (IRSC): www.irsc.org
 Matrix Parent Network and Resource Center: www.matrixparents.org
www.carmel-by-the-sea.com/moccasin.htm
 Mothers from Hell 2: www.mothersfromhell2.org
 National Association of Community Health Centers: Advocacy: www.nachc.com/advocacy
 National Information Center for Children & Youth with Disabilities (NICHCY): www.nichcy.org
 National Organization for Rare Disorders, Inc. (NORD): www.rarediseases.org
 National Parent Network on Disabilities (NPND): www.npnd.org
 Parents Helping Parents: www.php.com
 Special Child Magazine: www.specialchild.com
 Special Kids of Los Angeles: www.specialkids.com
 Special Needs Advocate for Parents (SNAP): www.snapinfo.org
 Support for Families of Children with Disabilities: www.supportforfamilies.org
 TASH, Disability Advocacy Worldwide Equity, Diversity, Social Justice and Inclusion:
www.tash.org
 Team of Advocates for Special Kids: www.taskca.org
 United Cerebral Palsy of Los Angeles, Ventura & Santa Barbara: www.ucpla.com
 Westside Regional Center: www.westsiderc.org

JULY-AUGUST-SEPTEMBER 2010 CALENDAR

The San Gabriel/Pomona PARENTS' PLACE ACTIVITIES

(626) 919-1091 or (800) 422-2022
e-mail: empower@parentsplacefrc.com

The San Gabriel/Pomona PARENTS' PLACE BOARD MEETING

Board Meetings are normally held on the 3rd Thursday of each month between 10:00 am and 12:00 noon. Meetings are held at the PARENTS' PLACE Family Resource & Empowerment Center, 1500 S. Hyacinth Ave., Suite B, West Covina. Call our office (626) 919-1091 to verify actual date and time each month.

The San Gabriel/Pomona PARENTS' PLACE Family Resource Center Advisory Council and the LOCAL INTERAGENCY COORDINATING AREA (LICA) meet every 2ND Thursday of each month from 9:00 am to 11:00 am at the San Gabriel/Pomona Regional Center. For information, call our office at (626) 919-1091.

UPCOMING WORKSHOPS

(Facilitated by Office of Clients Rights Advocacy)

IFSP/IPP Trainings (English/Spanish)

No meetings in July or August

Friday, Sept 3, 2010—10:00a—12:00n (English)

IEP Trainings (English/Spanish)

No meeting in July

Friday, August 27, 2010—10:00a—12:00n (English)

Friday, Sept. 17, 2010—(Spanish)

Assistive Technology 101 (Facilitated by Team of Advocates for Special Kids)

Wednesday, July 21, 2010—9:00a—12:00n (English
w/ Spanish Translation)

21st Annual Birth to Three Disabilities/Possibilities Seminar—Vision & Hearing

Saturday, Sept. 11, 2010—8:30a—1:00p

(See flyer enclosed)

SAVE THE DATE!!! **4th Annual Conference** **"TRANSITIONING FROM HIGH** **SCHOOL...What you Need to Know"**

Saturday, November 13, 2010

(See flyer enclosed)



REACH

Parent Support Group
the First Thursday of Each Month
7:00-8:30 pm

No Meetings in July & August

For more information, call Valentina Allen
PARENTS' PLACE (626) 919-1091.

El Lugar de Los Padres
LE INVITA A UNIRSE A NUESTRO GRUPO DE APOYO EN ESPAÑOL
NUEVO DÍA

CADA SEGUNDO MIERCOLES DE EL MES 10:00 a 11:30 am
PARA MAS INFORMACIÓN, llame a: Elena Sanchez a (626) 919-1091

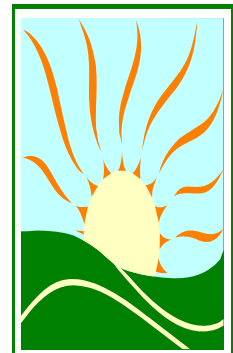
Parents' Place

Invites You to Attend our Spanish-Speaking Support Group

NEW DAY

Every Second Wednesday of the Month 10:00 to 11:30 am

For More Information, call Elena Sanchez at (626) 919-1091



JULY–AUGUST–SEPTEMBER 2010 CALENDAR—CONTINUED

**MISCELLANEOUS EVENTS/
CONFERENCES SCHEDULED**
(For details on any of these events/
conferences, call (626) 919-1091

July 8: CNVEP Center for Nonviolent Education & Parenting presents “*Raising Boys: Emotional Intelligence & Gender Roles in Parenting.*” Held in Echo Park, LA area.

August 3-4: Developing an ABA Curriculum: Practical & Effective Programs for Children with ASD, sponsored by Autism Partnership. For details go to: www.autismpartnership.com.

August 13-14: Autism Conferences of America: “Back to School” Autism/Asperger’s Conference, Location: Pasadena, CA.

August 25-26: Teaching Interactions: A Conversational Approach to Intervention, sponsored by Autism Partnership. For details, go to: www.autismpartnership.com

September 17: “*Not All ABA is Alike-Building Quality Education in Homes and Schools,*” presented by Ronald Leaf, Ph.D., sponsored by Autism Partnership, held in Seal Beach, CA. Fee.

October 6-7: “*The Purpose of Our Path*”: Empowering all People with Development Disabilities to be Fully Included in the Community, sponsored by Supported Life Institute, held in Sacramento.

November 13: Walk Now for Autism Speaks, sponsored by Autism Speaks.

November 14-16: California Secondary Transition Symposium: *Blueprint for Success.*” Location: Westin Hotel, Los Angeles Airport.

Ongoing Events

Music Therapy with Glendolyn Meier, obtained through Pasadena Child Development Associates, Pasadena, CA

Heartsaver CPR Classes for Family & Friends.

Partners for Transition Age Youth (TAY) holds meetings the 2nd Wednesday of each month. Meetings held at Hathaway-Sycamores Child & Family Services in Pasadena.

**COMMUNITY INVOLVEMENT/
COLLABORATION OPORTUNITIES**

Autism Society of America—Greater Long Beach/San Gabriel Valley Chapter ASA. P.O Box 15247, Long Beach, CA 90815-0247. Call (562) 943-3335 for dates and location of support meetings or information regarding Chapter activities.

East San Gabriel Valley SELPA Community Advisory Committee (CAC). CAC meetings normally held monthly, 7:00pm—9:00pm, at the ESGV SELPA office (across from Fairvalley School), 1400 Ranger Drive, Covina. For exact dates and information, call ESGV SELPA office (626) 966-1679.

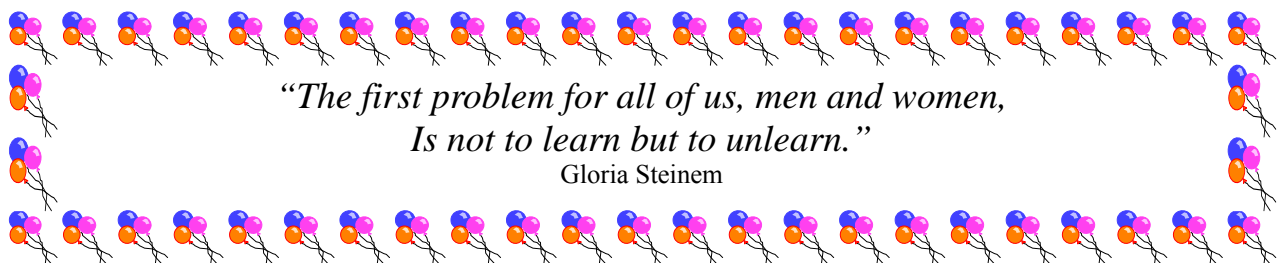
Pasadena USD SELPA Community Advisory Committee (CAC). CAC meetings normally held monthly, 7:00pm—9:00pm, at Pasadena First Church of the Nazarene (next to Field Elementary), 3700 E. Sierra Madre Ave., Room 112, Pasadena, CA 91107. Call for exact dates (626) 568-4531 and to reserve free childcare and translation.

Pomona USD SELPA CAC meetings are being set up. Contact the Pomons USD SELPA office (909) 397-5090 X-3843 for further information.

Puente Hills SELPA Community Advisory Committee (CAC). CAC meetings normally held monthly, 9:30a—11:30am, for Hacienda/Rowland USD’s. For exact dates and location information, call Puente Hills SELPA office (626) 964-7458.

West San Gabriel Valley SELPA Community Advisory Committee (CAC). CAC meetings normally held monthly, 7:00pm—9:00pm, at WSGV SELPA office, Call for exact dates and information (626) 254-9406.

AREA BOARD 10 Board of Directors Meeting – First Thursday of each month, 4:30pm. For location information, call (818) 543-4631, or check website for changes and agenda www.areaboard10.org.



JULY-AUGUST-SEPTEMBER 2010 CALENDAR - CONTINUED

REGIONAL CENTER (SG/PRC) Activities

909) 620-7722

Internet Site: www.sgprc.com

SUPPORT GROUPS

CONTINUED

Board Meeting: Held the fourth Wednesday of each month at 7:00pm. Location: SG/PRC. For further information, call Linda Derosiers at SG/PRC (909) 868-7512.

Chinese—Korean Parent Support Group: Call Maggie Lang at SG/PRC (909) 868-7526 for meeting times and dates.

P.A.T.H. (Parents Acting for the Handicapped): For details, call Joanne East at (626) 919-4983.

ALIANZA & LUCERO—Spanish-Speaking Parent Support Group: Meets second Thursday of each month. Call Violeta Escobar at (909) 868-7524.

Filipino Support Group: Contact Violeta Escobar at SG/PRC, (909) 868-7524, for information and details. Meeting held in English; however, most parents speak Tagalog.

6:00—8:00pm. For information, call Carol Anten at (909) 268-6344

DIR®/Floortime™ Parent Support Group—for parents of children with all types of disabilities to support each other in using DIR®/Floortime™ strategies at home. Meets 2nd Tuesday each month, 6:30-8:00pm at Pasadena Child Development Associates. Call Felicie Standley at (626) 793-7350, Ext 257, for more information or e-mail to Felicie@pasadenachilddevelopment.org.

Epilepsy Foundation of Los Angeles County – Call for date and time (310) 670-2870.

Fiesta Educativa: Spanish-speaking Support Group for all Disabilities. Meets three times monthly on different topics. Call Laura Ruesga at (323) 221-6696 for dates, times and topics.

Foothill Autism Alliance: For information concerning upcoming meetings, time and place, please call (818) 66-AUTISM, or visit their website at www.foothillautism.org

FUERZA – Spanish-speaking Support Group for Down Syndrome & Cerebral Palsy – Call (800) 200-4323 or (310) 391-7153.

Pomona Valley Learning Disability Assoc. — Meetings held 3rd Thursday of each month, 5:30-8:00p.m., at Rancho Cucamonga Family Resource Center, 9791 Arrow Route, Rancho Cucamonga, CA 91730. For further info, call (909) 621-1494, or e-mail us at PVLDA@aol.com.

SUPPORT GROUPS MISCELLANEOUS

A.B.L.E. Academy for “Mommy or Daddy and Me” - 0—3 years old with caretaker. Ongoing Tuesdays and Thursdays between 9:00—11:30am in Glendora and Wednesdays & Fridays 9:00—11:30am in Hacienda Hgts. Call 626-812-0055 for info.

CH.A.D.D.—Support group for Adults with ADHD: 2nd Tuesday of each month, 7:00-9:00pm, at The Frostig Center, 971 N. Altadena Drive, Pasadena. TEL: (626) 943-3100.

CPAD (Chinese Parent Assoc. for the Disabled) - San Gabriel, CPAD holds support group meetings and trainings for Chinese-speaking parents. Call Rose Wang (626) 576-8649 for dates and times. Hot Line: (626) 307-3837.

Down Syndrome Association of L.A., Pomona: Sub Group – “Up for Down.” Meets third Thursday every other month at 7:00-8:30pm. Also, Little Steps for 0-3 that meets every Thursday of the month from →

GREAT NEWS! PARENTS' PLACE IS HOSTING WEBINARS PROVIDED BY FAMILY RESOURCE CENTERS NETWORK ON THE FOLLOWING DATES:

8-18-10: *Parent Portfolio* Notebook (Spanish)
9-10-10: *Compassion Fatigue* (English)

All webinars will be held at the Parents' Place office from 12:00n to 1:30pm

Subject details will be posted on the frnca.org website very soon. Space is limited so if you wish to sign up for either [of these webinars, please call our office. (626) 919-1091


**PARENTS' PLACE CONTINUES TO RAISE FUNDS
WITH THE HELP OF OUR PARENTS!
WE HAVE BEEN VERY FORTUNATE THE LAST FEW
MONTHS. OUR PARENTS HAVE BEEN PARTICIPATING IN
OUR FUND RAISING PROGRAMS. BY THEIR
PARTICIPATION, THEY HAVE ALSO BEEN HELPING OTHER
PARENTS WHO HAVE CHILDREN WITH SPECIAL NEEDS.
SO, THANKS TO ALL OF YOU!
IF YOU WANT TO HELP, JUST JOIN IN TO ONE OR ALL OF
THE FOLLOWING PROGRAMS.**

1. ***Do you shop at  ?***

All you need to do is add our number to your Rewards card and every time you shop a portion will go to Parents' Place. Connect your card at the store, or do it on line as follows:

1. Go to www.ralphs.com
2. Click on "Sign In/Register" to sign up as a new online customer. You will need your Ralph's Rewards number and the zip code of the store you shop at.
3. If you have registered before, use your email and password to sign in. Ralph's requires that you re-register once a year.
4. Go to "Community Contribution" to link to our Organization # **84755**.

2. You can also help us by bringing in your used inkjet and laser cartridges or your old cell phones. Just drop by anytime between 9:00am and 3:00pm, Monday through Friday. We receive all proceeds when we turn these in for recycling.

3.  For you Internet Users—Parents' Place is registered in the *Good Search Program*. For every search or purchase you want to make on the internet:

- a) Go to: www.goodsearch.com
- b) Place our name in the favorite charity box (we are listed as San Gabriel Pomona Parents' Place) and then start your search. All searches are done through Yahoo and we receive credit every time you search.

We also receive a percentage of all purchases you make through their "Good Shop" link. After you're signed in, choose "Good Shop" and go to your favorite store...Sears, Target, etc. ...make a purchase.

4. ***And of Course.....
Your check or money donation is ALWAYS welcome!
Thank You for Your Support.***



The San Gabriel/Pomona **PARENTS' PLACE**

IS LOOKING FOR A PART-TIME FAMILY RESOURCE SPECIALIST

JOB DESCRIPTION

POSITION DESCRIPTION: Under the direct supervision of the Parents' Place Director, Family Support Specialists may provide any combination of the following: supporting parents on a one-to-one basis with resources and information via telephone or on site; assisting parents with letter writing to schools/agencies; participating in community outreach activities; on a limited basis, providing support services to families which may include attending an IEP/IPP meeting or specialist's office; assisting with coordination and production of the Information Fair and Festival; representing the Parents' Place at designated meetings or workshops; maintaining appropriate documents; performing routine clerical duties and other duties as required or assigned. May provide written and verbal translation.

MINIMUM QUALIFICATIONS, EDUCATION AND EXPERIENCE: It is preferred that applicant be a parent, foster parent, or family member of a child with special needs or a person who has expertise in the field of special needs; preferably with prior experience in a family resource center, regional center, or school age program or agency; complete all required training and attend ongoing training programs during non-working hours; and embrace family-centered values and multi-cultural issues of Part B and C of IDEA.

KNOWLEDGE AND ABILITIES: Must be sensitive to the unique challenges faced by families who have children with special needs and be assertive in advocating for them; possess written and verbal presentation skills and the ability to work independently as well as a team member; possess excellent telephone skills and the ability to perform routine clerical duties; strong written skills; knowledge of Word and Access. Bi-lingual in Spanish is desired.

OTHER: Full use of an automobile, possession of a valid driver's license and automobile liability insurance for the minimum amount prescribed by law; or ability to provide independent transportation.

APPLICATION INFORMATION: Your application should clearly demonstrate that you meet the minimum requirements of this position. Upon review of your application and supportive information, the most qualified candidates will advance to the interview. You will be contacted by phone should this occur. The interview will cover experience, personal suitability, education and general ability to perform the duties of the position. No phone calls, please, but you can mail, FAX or e-mail your Resume to:

Sona E. Baghdassarian, Director
The San Gabriel/Pomona PARENTS' PLACE
1500 S. Hyacinth Ave., Suite B; West Covina, CA 91791
FAX: (626) 919-2784 E-Mail: humanresources@parentsplacefr.com

This position is funded by the California Early Start grant from the Department of Developmental Services and the Department of Education Empowerment grant. Continuation of the position is contingent upon availability of funds.

Parents' Place is an Equal Opportunity Employer.

**The San Gabriel/Pomona
Parents' Place**

**Family Resource & Empowerment Center
1500 S. Hyacinth Avenue, Suite B
West Covina, CA 91791-3832**

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**YES, I would like to be added to The Parents' Place mailing list.
*Si, me gustaria estar en la lista de correos de El Lugar de los Padres***

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Telephone #: (_____) _____ E-mail: _____
(Telefono)

Parent/Professional (Circle One) Agency: _____
Padre/Profesional (Circule uno) (Agencia)

Child's Disability: _____ Child's Birthdate: _____
(Discapacidad del Nino)

Primary Language: _____
Idioma Principal

Topics of Interest: _____
Temas que le Interesan

PARENTS' PLACE does not rent, sell, or exchange its mailing lists with any organization or individual. Your information is considered confidential and your privacy is respected!

The San Gabriel/Pomona PARENTS' PLACE Newsletter is a publication of the PARENTS' PLACE Family Resource & Empowerment Center. Views expressed in this publication are provided for your information and **are not** necessarily the views of the PARENTS' PLACE.

Funded in part by Early Start, California Department of Developmental Services Contract #HD490019 and the California Department of Education Family Empowerment Grant (SB511)