



PARENTS' PLACE NEWSLETTER

The San Gabriel/Pomona
PARENTS' PLACE
Family Resource &
Empowerment Center

Volume 18, Issue 1

JAN-FEB-MAR 2012

HAPPY NEW YEAR!

By Karen Nutt, Director

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- Calendar of Events
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- Transition to Adult Services

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Dear Families & Friends,

As we enter into a new year, my wish for you and your family is a safe and prosperous 2012. I find it hard to believe a new year is already here, but as we say every New Year, it all goes by too fast! Our hope is that your holidays were filled with joy and special time with family and friends.

We are launching the year with planning for our 20th Anniversary of the Information Fair and Festival! As I remember that first Information Fair, we had about 100 attendees. It was a pot-luck and we had a handful of resource tables. We now welcome over 2500 participants, over 100 resource tables, and provide activities and entertainment for the whole family. We are looking forward to a wonderful anniversary of serving our children and families in the San Gabriel Valley; we hope to see you there on April 29th!

On November 5, 2011, we celebrated our fifth year of providing the Transition Conference at Coronado Alternative School in West Covina. Record numbers attended the conference and we had very favorable comments on the information provided to our families and professionals. Of course this day would not have been a success without the tremendous information shared by our speakers: Mark Woodsmall, Attorney; Cathleen Coombs, Department of Rehabilitation; Eric Steward, Aim Higher, Covina; Christopher A. Poulos, Attorney; our youth panel: William Poulos, Cassie Sommerville, Vanessa Sapien, along with facilitators and parents: Pam Driscoll, Jeannette Duvall-Ward, and Liz Sommerville; and Community Rehabilitation Services, Inc. for providing our young adult workshop. The information shared was valuable and relevant to the needs of our community. I would also like to thank our very talented staff and volunteers for coordinating this event, as well as our partner West Covina School District for the use of Coronado Alternative School.

In December we held Santa Photo Day, where we had approximately 150 children and parents take pictures with Santa. We would like to thank the volunteers, and especially those who helped make this a special day with Santa.

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HAPPY NEW YEAR (Continued)

By Karen Nutt, Director

A huge thank you to Anne Battle, photographer; Dave Parker, photographer, and Woodrow Hendricks, our very gentle Santa. We are so grateful for their continued support and dedication over the years in making this a special day for the children and families.

We also, held our first training in APPsolutely Amazing: IDevices and Apps for Kids with Special Needs. This was held on December 13, and it was a big success. Our registration filled up very quickly, and we had a waiting list as long as the class list. Because of the popularity of this class, we will bring this back in May and June; in May we will offer the training in Spanish, as well as, English. Please check the next quarter Calendar of Events for the dates of this very popular training. We are most appreciative of TASK for providing this training for our families. Parents' Place has two iPads in the office. If you are interested in looking at them and experimenting with them in the office, please call us to schedule an appointment. We will be more than happy to sit with you and help you understand the amazing technology these new instruments can provide to your children.

Our REACH, Nuevo Día, and Dad ROCKS support groups offer our families valuable information and support during the meetings. Our combined support groups held their holiday party on December 8th, and we had a large group of families attend. We were able to give away toys to the children this year, which was made possible by our West Covina Fire Department and the Department of Public Social Service, Toy Loan Program. This made the event very special for our families.

We encourage you to visit Parents' Place, especially now when our economic future in California is so tentative and many services for our communities are being scaled back. When you are informed, you can make a difference in lobbying and advocating for your children. We are here to empower you to make the important calls to your local and state representatives. They need to hear from you on the valuable programs and services you are receiving for your child, and cuts to these programs and services can be devastating to children and families. Your voice is a powerful tool. We can offer you the expertise in advocating for your family.

As we enter into a new year, we want to thank all of our supporters, our Board of Directors and all of our volunteers for everything they do for the staff and families of Parents' Place. We could not do this without you!

May Peace be with you in the New Year of 2012.

A HAPPY
NEW YEAR



¡FELIZ AÑO NUEVO!

Escrito Por Karen Nutt, Directora

Queridas Familias y Amigos,

Al entrar al año nuevo, mi deseo para usted y su familia es que tengan un 2012 seguro y prospero. ¡Se me hace difícil imaginar que el año nuevo a llegado; y como expresamos cada Año Nuevo, que rápido pasa el tiempo! Espero, que sus pascuas estén llenas de felicidad y que tengan la oportunidad de pasar el tiempo con su queridas familias y amigos.

¡Empezaremos el año en marcha con la planificación de nuestro 20o Aniversario de nuestra Feria y Festival Informativa! Aun puedo recordar nuestra primera Feria Informativa, teníamos alrededor de 100 attendees. Tuvimos una comida estilo potluck y hubo un pequeño numero de mesas de recursos comunitarios. Hoy en día tenemos la participación de 2500 personas, mas de 100 mesas de recursos comunitarios, y proveemos actividades y entrenamiento para toda la familia. ¡Esperamos con ansias nuestro maravilloso aniversario sirviendo a los niño(a)s de el Valle de San Gabriel; esperamos verles ahí el día 29 de Abril!

El 5 de Noviembre del 2011, celebramos nuestro quinto año proveyendo la Conferencia de Transición en La Escuela Alternativa Coronado en West Covina. Alcanzamos un nuevo record en participantes quienes nos dejaron comentarios favorables sobre la información proveída a nuestras familias y profesionales. Sin duda este día no pudo ser un éxito sin la inmensa información que compartieron nuestros presentadores: Mark Woodsmall, Abogado; Cathleen Coombs, Departamento de Rehabilitación; Eric Steward, Aim Higher, Covina; Christopher A. Poulos, Abogado; nuestro panel de jovenes: William Poulos, Cassie Sommerville, Vanessa Sapien; acompañados por nuestros facilitadores y padres: Pam Driscoll, Jeannette Duvall-Ward, y Liz Sommerville; y Community Rehabilitation Services, Inc. quienes proveyeron nuestro taller de jóvenes. La información que compartieron fue de mucho valor y relevante a las necesidades de nuestra comunidad. Adicionalmente, me gustaría darle las gracias a nuestro personal talentoso y voluntarios por coordinar este evento. También le quiero dar gracias al Distrito de West Covina y a la Escuela Alternativa Coronado.

En Diciembre festejamos el Día de Foto con Santa, donde aproximadamente 150 niños y padres tomaron fotos con Santa. Le queremos dar las gracias a nuestros voluntarios, en especial los que ayudaron en hacer el día especial con Santa. Mil gracias también, a Anne Battle, fotógrafa,; Dave Parker, fotógrafo, y Woodrow Hendricks, nuestro tierno Santa. Agradecemos su apoyo continuo y dedicación durante los años al hacer este dia especial para niños y familias.

Presentamos nuestro primer taller “APPsolutamente” Increíble Aparatos I y Aplicaciones Para Niños con Necesidades Especiales. El taller tomo acabo el 13 de Diciembre, y fue un gran éxito. Nuestros citas se llenaron rápidamente, y tuvimos una lista de espera igual de larga que la lista de la clase. Dado a la popularidad de esta clase, tendremos el taller de nuevo en Mayo y Junio; en Mayo ofreceremos la clase en Español, e Ingles.

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***¡FELIZ AÑO NUEVO!* (Continuado)** **Escrito Por Karen Nutt, Directora**

Por favor vea el calendario de eventos de los siguientes 3 meses para las fechas. Apreciamos a TASK por proveer este entrenamiento para nuestras familias. Parents' Place tiene dos iPads en la oficina. Si usted esta interesado en utilizarlas, haga una cita. Estaremos gustosos en sentarnos con usted y ayudarle a entender la increíble tecnología que estos instrumentos nuevos le pueden proveer a sus niños.

Nuestros grupos de apoyo Reach, Nuevo Día, y DAD ROCKS ofrecen a nuestras familias información y herramientas valorables durante las juntas. Nuestros grupos de apoyo tuvieron su fiesta Navideña el 8 de Diciembre. Un grupo grande de familias se reunieron. Este año tuvimos la oportunidad de dar juguetes a nuestros niños, esto fue posible por medio de el Departamento de Bomberos de la ciudad de West Covina y por el programa del Departamento de Servicios Sociales Públicos, Toy Loan del Condado de Los Ángeles. Esto hizo que nuestro evento fuera especial para nuestras familias.

Le sugerimos que visite a Parents' Place especialmente en estos tiempos en que la economía y el futuro de California son inseguros y muchos servicios están en espera. Cuando usted está informado, usted puede hacer una diferencia al abogar por los derechos de sus hijos. Aquí estamos para apoyarle y ayudarle a hacer esas llamadas importantes a sus legisladores que nos representan a nivel local y estatal. Ellos necesitan oír de usted de los programas y servicios formidables que sus hijos reciben y de que devastador seria para sus hijos y familias los recortes a esos programas. Su voz es una herramienta poderosa. Estos grupos le ofrecen habilidades al abogar por los derechos de sus familias.

Al entrar al año nuevo, les queremos dar las gracias a todos los quienes nos apoyan, nuestra Mesa Directiva y todos los voluntarios por todo que hacen para el personal y familias de Parents' Place. ¡Todo lo que hacemos no seria posible sin ustedes!

Que reine La Paz entre todos ustedes en el Año Nuevo del 2012.



**LEARNING TO DEAL WITH STRESSFUL
SITUATIONS...February 2011**
AND
DISCOVERING & EXPLORING FEELINGS...December 2011
(Reprinted from Articles by Growing Child)

**LEARNING TO DEAL WITH
STRESSFUL SITUATIONS**

In order for children to learn how to deal with stressful situations, they need practice now when they have your help and support.

Your behavior in stressful situations will affect your child's reactions.

If you are able to remain calm, despite feeling upset, this will give your child a feeling of security.

This is especially important in very frightening situations such as a car accident, a fire, or a natural disaster.

It is also important in the case of more routine problems such as when your child has made a mistake and is afraid of disappointing or angering you.

Naturally, you will have your own feelings to contend with and you should be honest with your child about them.

Let him know, for example, that you feel frightened, too, in a bad winter storm, or that you feel sad about leaving behind friends and favorite things when you move.

This helps him feel more comfortable about such feelings to himself. But try to teach your child by example to put these feelings into words rather than becoming immobilized by them.

Your child depends on you for comfort, reassurance, and stability, especially in stressful times.

**DISCOVERING AND
EXPLORING FEELINGS**

Sometimes when a child is upset, there's a special cause. Someone may have said something unkind to her. Other times it may be hard to pinpoint the reason for her unhappiness.

For example, a child might feel a little blue without knowing why when an older brother, sister or playmate starts school and the youngest child is left at home.

Still other times, a youngster may be a little whiny, clingy or cranky for no apparent reason.

She may be overtired, hungry, sick or just going through too many changes in her life.

Whatever the problem, you can help your child feel better by helping her explore her feelings.

If you know what the problem is, you can start the conversation by trying to put the child's feelings into words: "Your feelings are hurt because Tom called you a baby."

If you have only a general idea of what the problem may be, try something like: "It's tough for you to be the only one who doesn't go to school, right?"

When you really don't know what the problem is, try something like: "You seem a little sad (mad, upset, quiet) today. Can I help? Want to talk about it?"

You may get a little resistance at first, but be patient and don't push her to talk if she's not ready. Just let her know that you're willing to listen if she wants to share her feelings with you.

Once she's started talking, say back to her what you think she's said to help her continue to explore her feelings. "Okay, so it made you feel mad when the other kids didn't ask you to play ball with them."

Try to resist giving advice or telling her how she should feel. Just listen, accept what she says, and help her express what's on her mind by showing her that you understand and care.

**APRENDIENDO A CONFRONTAR
SITUACIONES...Febrero 2011**

y

DESCUBRIENDO Y EXPLORANDO LOS SENTIMIENTOS...Diciembre 2011

(Reimpreso de Artículos por "Growing Child")

**APRENDIENDO A CONFRONTAR
SITUACIONES ESTRESANTES**

Para que los niños aprendan a confrontar situaciones estresantes, necesitan practicar ahora que tienen el apoyo y ayuda de usted, el padre.

Su comportamiento en situaciones estresantes afectará la reacción de sus niños. Si usted puede mantener la calma, aunque se sienta molesto, esto ayudará a su niño a sentirse seguro.

Esto es muy importante especialmente en situaciones que dan miedo, como un accidente de carro, un incendio, o un desastre natural. Es también importante en el caso de problemas rutinarios como cuando su niño comete un error y tiene miedo de hacerla/o enojar o desilusionarla/o.

Naturalmente, usted tendrá sus propios sentimientos de contienda y usted deberá ser honesto con su niño/a.

Hágales saber por ejemplo, que usted también tiene miedo, cuando hay una tormenta de invierno, o que siente tristeza cuando tiene que dejar amistades u objetos favoritos cuando se tiene que cambiar de vivienda.

Esto le ayudará a sentirse más cómodo con esos sentimientos y con el mismo. Trate de enseñarle a su hijo con ejemplos y ponerle palabras a los sentimientos en lugar de inmovilizarse cuando aparezcan.

Su niño depende de su apoyo, seguridad, y estabilidad, especialmente en tiempos estresantes.

**DESCUBRIENDO Y EXPLORANDO
SENTIMIENTOS**

En ocasiones cuando los niños están enojados, hay una causa para ese enojo. Alguien pudo haber dicho algo hiriente. Otras ocasiones será un poco difícil descifrar la razón por esa tristeza.

Por ejemplo, un niño/a puede estar triste sin saber porque. Cuando un hermanito/a o compañero de juegos empieza a ir a la escuela y el niño/a se queda solo en casa. Y en otras ocasiones los chiquitines pudieran estar molestos y pegajosos o malhumorados si ninguna razón aparente.

El niño/a pudiera estar cansado, con hambre, enfermo o simplemente pasando por cambios en la niñez.

Cualquiera que sea el problema, usted puede hacer que su niño se sienta mejor, ayudándole a explorar esos sentimientos. Si usted sabe cual es el problema puede empezar la conversación por ayudarle al niño a usar palabras para describir los sentimientos: Por ejemplo, "Tus sentimientos han sido heridos porque Tom te llamo un bebe."

Si usted solamente tiene un idea remota de cual pudiera ser el problema, trate algo como: "Es muy difícil que tu seas el único que no va a la escuela, verdad?"

Cuando usted no sabe absolutamente cual pudiera ser el problema, trate algo como: Te miro un poco triste, cansado, o serio ahora. Puedo ayudarte en algo? Quieres hablar del asunto?

Usted podría sentir un poco de resistencia al principio, pero sea paciente y no forcé al niño/a a hablar si el niño/a no esta listo. Solamente hágale saber que usted esta dispuesto ha escucharle si el o ella quisiera compartir sus sentimientos con usted.

Una vez que usted haya entablado una conversación con el niño/a, repítale lo que se haya dicho de esa manera usted le ayuda explorar sus sentimientos. Por ejemplo, "Esta bien, te sentiste triste cuando tus amiguitos no te invitaron a jugar con ellos."

Trate de resistir dar consejos o sugerencias de como el o ella debería de sentirse. Solamente escuche, acepte lo que el niño/a tenga que decir, y ayúdele a expresar lo que quizás este en su mente. De esa manera usted le demuestra que a usted le importa y lo quiere.



WELCOME TO DAD'S CORNER

A Letter to Paternal Figures

Written by Pablo Plascencia Ochoa, Father from DAD ROCKS

From the depth of my feelings, I appeal to the spiritual richness of men who are involved in one way or another with those who have different needs. This is done with the intention of promoting unity and awareness so that we are able to fill the institutional void in terms of psychological, educational, and judicial.

As Christopher, who has a son with disabilities, once said: "We need to grow as an organization of parents to fill the social void which will mark our participation in the life and care of our families with different needs."

Christopher assists Martin Luther King with his phrase: "We have learned to fly the air like birds and swim the sea like fish, but we have not yet learned the simple art of living together as brothers."

More than 21 years ago my son was born with the "diagnosis" of Autism and Mental Retardation. The media did not mention anything related to this brain condition. Merchants, ordinary citizens, nurses and some doctors ignored what autism was, and we did also. We received support of the institutions, but from society as a whole, we also received discrimination. In 1994 I expressed what I felt in a poem for my son which I now want to share with you to welcome you to the historical struggle which has begun the support group, DAD ROCKS, wherein my first participation made me recall the words of Mother Teresa of Calcutta, "How beautiful on the mountains are the feet of the messenger announcing peace."

Spread the Word
(Autistic Metaphor in Prose)

Because I assume the challenge with my soul, I pray that just as the lover fights for his beloved one to know that which she holds inside, just as the Troubadour wields his lyre to circumvent the railings, fences and those who obstruct his feelings, I ask you to command your outer world to teach mine how to build a path to your conscience, in order to savor the glory of your dimensions and then laugh together every time we may stumble on the verses of poetry, and feel any feeling that has ever existed.

I would like to be reborn, learning your riddles, wearing your name, memorizing your success. Since I lost the prose as if it were doves, I have sent to fly all the rhymes, illuminating the cosmos of the other half of the patriotic line; absent of verses, when in heavenly celebration you appeared; how autistic is my reflection; my privilege is my mirror, tearing apart what has been established; that in mercenary honors you repaired the lost azimuth* upon the futile genius in geometry. Against them whom have known everything, educating juries of sicarii, you leave them in great surprise with added syllables in your very particular, correct symmetry.
I love you, Sebis, and only yours is my soul.

Dear son: If you do not fit in this society, no grammar established by them may ever regulate my poems for you.

(Translated from a Spanish Poem...)

Author: Pablo Plascencia Ochoa)





BIENVENIDOS A LA ESQUINA DE PAPÁ

Carta a Las Figuras Paternas

Escrito por Pablo Plascencia Ochoa, Padre de DAD ROCKS

Desde lo más profundo de mis sentires, hago un llamado a la riqueza espiritual de los hombres que están involucrados de una u otra forma con quienes tienen necesidades diferentes, con la intención de promover la unidad y una concientización capaz de llenar el vacío institucional en términos psicológicos, educativos, y jurídico-legales.

Christopher con un hijo discapacitado dijo: necesitamos crecer como organización de padres para llenar el vacío social, que marca la participación en la vida y cuidados de nuestros familiares con necesidades diferentes. Le asiste mucha razón a Martin Luther King en la frase: “Hemos aprendido a volar como las aves; a nadar como los peces; pero no hemos; aprendido a vivir y compartir como humanos”

Hace más de 21 años nació mi hijo “Diagnostico” Autismo y Retraso Mental. Los medios de comunicación no mencionaban nada relacionado con esta condición cerebral, los comerciantes los ciudadanos comunes, los enfermeros y algunos doctores ignoraban que era el autismo, y nosotros también. Recibimos apoyo de las instituciones pero de la sociedad en su conjunto, también recibimos discriminación. Por todo, en 1994, exprese lo que sentía en un poema para mi hijo, el cual hoy quiero compartir con ustedes para darle la bienvenida a la histórica lucha que ha comenzado el grupo de apoyo, DAD ROCKS. Quienes en mi primera participación me hicieron recordar aquellas palabras de la Madre Teresa de Calcuta. “Que hermosos se ven sobre la montaña, los pies descalzos, del mensajero, que nos viene anunciando la paz.”

Metáfora Autista en Prosa Pasa la Voz

Porque asumo el reto, con el alma te ruego que así como el enamorado lucha, porque su amada conozca, eso que lleva dentro así como el trovador empuña su lira, para burlar las rejas las bardas y a quienes obstruyen sus sentimientos te pido le ordenes a tu mundo sideral le enseñe al mío; como construir un camino a tu conciencia, para poder saborear la gloria de tus dimensiones y entonces reír juntos cada vez que tropecemos con los versos de la poesía, que sentimiento alguno haya figurado jamás.

Quiero renacer, aprendiendo tus adivinanzas. Vestirme de tu nombre, memorizando tu acierto. Pues desde que perdí la prosa, como si fuesen palomas, eche a volar todas las rimas, iluminando el cosmos de la otra mitad de la estirpe patria; ausente de versos, cuando en celestial festejo, apareciste tu; cuan autista mi reflejo, privilegio mío es mi espejo, desgarrando aquello establecido; que en honores mercenarios corregiste el azimut perdido, al reprobado genio en geometría, contra ellos que todo lo han sabido. Educando a los jurados de sicarios dejás graficando sorprendidos, agregado silabario, en tu muy particular, correcta simetría. Te amo Sebis y tan solo tuya, es el alma mía.

Querido hijo: Si tú no cabes en esta sociedad, ninguna gramática establecida por ellos, podrá nunca regular mis poemas para ti.

Autor, Pablo Plascencia Ochoa.





GOVERNMENTAL, LEGISLATIVE & ADVOCACY WEBSITES

Be sure to keep this page in your resource file. Others will follow and this particular list will not be repeated for a year or more

California Assembly
<http://www.assembly.ca.gov/>

California Board of Education
<http://www.cde.ca.gov/be/>

California Children Services <http://www.dhs.ca.gov/pcfh/cms/ccs/>

California Department of Education
<http://www.cde.ca.gov/>

Special Education Division
<http://www.cde.ca.gov/sp/se/>

Alternative Schools & Programs <http://www.cde.ca.gov/sp/eo/as/>

Specialized Programs
<http://www.cde.ca.gov/sp/>

California Legislative Analyst's Office
<http://www.lao.ca.gov/>

California Legislative Information
<http://www.leginfo.ca.gov/>

CDC Learn the Signs-Act Early Website
<http://www.cdc.gov/actearly>

California Senate
<http://www.sen.ca.gov/>

Congress.org - Your Link to Congress
<http://www.congress.org/>

Council of Parent Attorneys & Advocates <http://www.copaa.net/>

Disability Law Resource Project <http://www.dlrp.org/>

DREDF: Disability Rights Education & Defense <http://www.dredf.org/>

EDLAW, Inc.
<http://www.edlaw.org/>

FindLaw: Education Law
<http://www.findlaw.com/01topics/37education/>

Interagency Committee on Disability Research <http://www.icdr.us/>

Legal Rights of Persons with Disabilities <http://ag.ca.gov/publications/legalrights/legal-rights.htm>

Legal Services of Northern California
<http://www.lsnr.net/>

Medicare Solutions for Disability Resources
<http://www.medicaresolutions.com/disability-resources.asp>

Matrix Parent Network & Resource Center
<http://www.matrixparents.org/>

National Institute of Literacy
<http://www.nifl.gov/>

Office of Hearings and Appeals
<http://www.ed-oha.org/>

National Association of College and University Attorneys
<http://www.nacua.org/>

Parent Advocacy Coalition for Educational Rights <http://www.pacer.org/>

Protection & Advocacy (California)
<http://www.pai-ca.org/>

The Special Ed Advocate
<http://www.wrightslaw.com/>

The Technical Assistance Alliance for Parent Centers
<http://www.taalliance.org/>

US Dept of Education
<http://www.ed.gov/index.jhtml>

Office for Civil Rights
<http://www.ed.gov/about/offices/list/ocr/index.html?src=mr>

Office of Special Education & Rehabilitative Services
<http://www.ed.gov/about/offices/list/osers/index.html?src=mr>

US Dept of Justice
<http://www.usdoj.gov/>

American with Disabilities Act Home Page
<http://www.usdoj.gov/crt/ada/adahom1.htm>

Civil Rights Division
<http://www.usdoj.gov/crt/>

Consumers' Guide to Disability Rights Laws
<http://www.usdoj.gov/crt/ada/cguide.htm>

US Equal Employment Opportunity Commission
<http://www.eeoc.gov/>

US Government Printing Office
<http://www.gpoaccess.gov/index.html>

US House of Representatives
<http://www.house.gov/>

US Library of Congress - Thomas Federal Legislative Information
<http://thomas.loc.gov/>

US Senate
The White House
<http://www.whitehouse.gov/>

JANUARY- FEBRUARY-MARCH 2012 CALENDAR

The San Gabriel/Pomona PARENTS' PLACE ACTIVITIES

(626) 919-1091 or (800) 422-2022
e-mail: empower@parentsplacefrc.com

The San Gabriel/Pomona PARENTS' PLACE BOARD MEETING

Board Meetings are normally held on the 3rd Thursday of each month between 10:00 am and 12:00 noon. Meetings are held at the PARENTS' PLACE Family Resource & Empowerment Center, 1500 S. Hyacinth Ave., Suite B, West Covina. Call our office (626) 919-1091 to confirm actual date and time each month.

The San Gabriel/Pomona PARENTS' PLACE Family Resource Center Advisory Council and the LOCAL INTERAGENCY COORDINATING AREA (LICA) meet every 2ND Thursday of each month, 9:00am—11:00 am at the San Gabriel/Pomona Regional Center. For information, call our office at (626) 919-1091.

UPCOMING WORKSHOPS

IFSP/IPP Trainings (English/Spanish)

(Facilitated by Office of Clients Rights Advocacy)
January 6, 2012 10:00a—12:pm (English)
February 17, 2012 10:00a—12:pm (Spanish)
March 2, 2012 10:00a—12:pm (English)

IEP Trainings (English/Spanish)

(Facilitated by Office of Clients Rights Advocacy)
January 20, 2012 10:00a—12:pm (English)
November 18, 2011: 10:00a—12:pm (Spanish)
December 9, 2011: 10:00a—12:pm (English)

Journey through Adolescence

Facilitated by Task (Team of Advocates for Special Kids)
February 7, 2012 (English)
February 21, 2012 (Spanish)

Transition to Adult Services

March 6, 2012 (English)
March 20, 2012 (Spanish)



REACH

**Parent Support Group Meets
the First Thursday of Each Month
7:00-8:30 pm**

For more information, call
PARENTS' PLACE (626) 919-1091.



DAD ROCKS

**"Dads Assisting Dads Raising
Outstanding Cool Kids"**

**Fathers Support Group
Meets Bi-Monthly—6:30-8:30pm
at Parents' Place**

**Join Us at our Next Meetings on
3rd. Friday, January 20 & March 16, 2012**

**El Lugar de Los Padres
LE INVITA A UNIRSE A NUESTRO GRUPO DE APOYO EN ESPAÑOL
NUEVO DÍA**

**CADA SEGUNDO MIERCOLES DE EL MES 10:00 a 11:30 am
PARA MAS INFORMACIÓN, llame a: Elena Sanchez a (626) 919-1091**

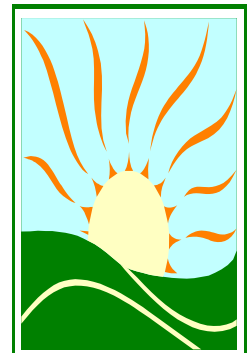
Parents' Place

Invites You to Attend our Spanish-Speaking Support Group

NEW DAY

Every Second Wednesday of the Month 10:00 to 11:30 am

For More Information, call Elena Sanchez at (626) 919-1091



JANUARY-FEBRUARY-MARCH 2012 CALENDAR—CONTINUED

MISCELLANEOUS EVENTS/ CONFERENCES SCHEDULED (For details on any of these events/ conferences, call (626) 919-1091

January 25: The Autism Epidemic Grows Up: Adults with Autism Creating Meaningful Lives, sponsored by ASA-LA., at California Endowment Center. For more info, call (562) 804-5556. Fee.

January 25-26: Cal Stat Regional Institute Transition Summit. Topics included: Autism, Technology in the Workplace, Disability Rights—Lanterman Revisions. For more info, call Teri Chang (562) 698-8121, Ext. 1236.

January 28-29: Autism Conference, sponsored by ASA, Long Beach; held at Long Beach Marriott, FEE.

February 22-24: 6th annual “All Ages & Abilities” Autism/Asperger’s Conference, sponsored by Autism-Conferences of America; held at Sheraton Park Hotel, Anaheim Resort.

March 16: Harnessing our Power: Mobilizing the Autism Community in L.A. County. sponsored by ASA-LA., at California Endowment Center. For more info, call (562) 804-5556. Fee.

March 31: Trends in Autism Conference, held at Western University of Health Sciences (Pomona); CEU credits offered, vendorized by Regional Center. For more info, call (909) 596-7733, Ext. 2223.

COMMUNITY INVOLVEMENT/ COLLABORATION OPORTUNITIES

Autism Society of America—Greater Long Beach/San Gabriel Valley Chapter ASA. P.O Box 15247, Long Beach, CA 90815-0247. Call (562) 943-3335 for dates and location of support meetings or information regarding Chapter activities.

East San Gabriel Valley SELPA Community Advisory Committee (CAC). Meetings held monthly, 9:00am to 11:00am, at the ESGV SELPA office (across from Fairvalley School), 1400 Ranger Drive, Covina. For exact dates and information, call ESGV SELPA office (626) 966-1679.


Pasadena USD SELPA Community Advisory Committee (CAC) (6:30—8:30pm), at Edison Professional Development Complex (PALS), 119 W Palm St., Altadena. Call for exact dates (626) 536-4105, and to reserve free childcare and translation.

Pomona USD SELPA Community Advisory Committee (CAC) meetings are held 7:00—9:00pm at the Pomona USD Board Room, 800 S. Garey Ave., Pomona, on the last Thursday of the month, except November/December. Call (909) 397-5090 X-3843 for further information.


Puente Hills SELPA Community Advisory Committee (CAC). CAC meetings normally held monthly, 9:30am—11:30am, for Hacienda/Rowland USD’s. For exact dates and location information, call Puente Hills SELPA office (626) .964-7458.

West San Gabriel Valley SELPA Community Advisory Committee (CAC). CAC meetings normally held monthly, 6:30pm—8:30pm, at WSGV SELPA office, 15 W Alhambra Rd., Alhambra, 91801 (board room). Call for exact dates and information (626) 943-9748.

AREA BOARD 10 Board of Directors Meeting – First Thursday of each month, 4:30pm. For location information, call (818) 543-4631, or check website for changes and agenda www.areaboard10.org.



*It takes both the sun and
the rain to make a
rainbow.
Se necesitan los dos, el Sol
y la LLuvia para formar
un arcoiris.*



**MARK YOUR CALENDARS NOW FOR OUR
20TH ANNUAL INFORMATION FAIR & FESTIVAL
SUNDAY, APRIL 29TH, 2012**

OCTOBER–NOVEMBER–DECEMBER 2011 CALENDAR – CONTINUED

REGIONAL CENTER (SG/PRC) Activities
909) 620-7722
 Internet Site: www.sgprc.org

SUPPORT GROUPS CONTINUED

Board Meeting: Held the fourth Wednesday of each month at 7:00pm. Location: SG/PRC. For further information, call Yvonne Gratianna, SG/PRC (909) 868-7732

Korean Parent Support Group: Call Maria Castillo at SG/PRC (909) 868-7730 for meeting times and dates.

P.A.T.H. (Parents Acting for the Handicapped): For details, call Joanne East at (626) 919-4983.

Filipino Support Group: Contact Christina Macasaet at SG/PRC, (909) 868-7700, for information and details. Meeting held in English; however, most parents speak Tagalog.

DIR®/Floortime™ Parent Support Group—for parents of children with all types of disabilities to support each other in using DIR®/Floortime™ strategies at home. Meets 2nd Tuesday each month, 6:30-8:00pm. Call Brian at (626) 793-7350, Ext 257 for more information.

Epilepsy Foundation of Los Angeles County – Call for date and time (310) 670-2870.

Fiesta Educativa: Spanish-speaking Support Group for all Disabilities. Meets three times monthly on different topics. Call (323) 221-6696 for dates, times and topics.

Foothill Autism Alliance: For information concerning upcoming meetings, time and place, please call (818) 66-AUTISM, or visit their website at www.foothillautism.org

FUERZA – Spanish-speaking Support Group for Down Syndrome & Cerebral Palsy – Call (800) 200-4323 or (310) 391-7153.

Parent Connections Support Group *In His Image* Special Needs Ministry provides support and encouragement between parents who have a child/ adult with special needs. Held at PazNaz church in Pasadena, meets 3rd Saturday monthly. Call Rubina @ (626) 351-2478 for time and directions.

Pomona Valley Learning Disability Assoc. — Care & Share Support Groups. Meetings held 3rd Thursday of each month, 6:30-9:00p.m., at Central Park, 11200 Baseline Rd, Rancho Cucamonga, CA 91730. For further info, call Arline (909) 621-1494, Pam (909) 980-0592, Martha-Spanish (909) 476-3640, or e-mail us at PVLDA@aol.com. Young adult social group meets during all regular PVLDA meetings.

TACA (Talk about Curing Autism)—Support Group for Spanish-speaking parents who have children with Autism. Normally meets monthly on Thursdays, 10:00a-12:00n, at Parents' Place Family Resource Center. Call Alicia Hosea or Mari Nalbandian (949) 640-4401, Ext. 112, for dates and times and more information.

SUPPORT GROUPS MISCELLANEOUS

A.B.L.E. Academy for “Mommy or Daddy and Me” - 0—3 years old with caretaker. Ongoing Wednesdays & Fridays 9:00—11:30am in Hacienda Hgts. Call 626-812-0055 for info.

CH.A.D.D.–Support group for Adults with ADHD: 2nd Tuesday of each month, 7:00-9:00pm, at The Frostig Center, 971 N. Altadena Drive, Pasadena. TEL: (626) 943-3100.

CPAD (Chinese Parent Assoc. for the Disabled) - San Gabriel—support group meetings and trainings for Chinese-speaking parents. Call Rose Wang (626) 202-4773 for dates & times. Hot Line: (626) 307-3837.

Club 21—Learning & Resource Center: dedicated to the inclusion of Down syndrome individuals in home, school and community life. Many activities. Call 626-844-1821 or email info@clubtwentyone.org for information. Located in Pasadena.

Down Syndrome Association of L.A., Pomona: Sub Group – “Up for Down.” Meets 3rd Thursday every other month, 7:00-8:30pm. Little Steps for 0-3 meets every Thursday of the month from 6:00—8:00pm at same location. For more information, call Carol Anten at (909) 268-6344



The San Gabriel/Pomona PARENTS' PLACE
Family Resource & Empowerment Center
1500 S. Hyacinth Ave. Ste. B, West Covina, CA 91791

Calendar of Events

EFFECTIVE JANUARY 1, 2012

PLEASE CALL AHEAD TO SIGN UP FOR ALL WORKSHOPS

NOTE: NO CHILD CARE AVAILABLE FOR WORKSHOPS

IFSP (0-3) & IPP (Over 3) TRAINING WORKSHOPS

(Facilitated by: The Office of Clients' Rights Advocacy; Disability Rights California)

| | | |
|-------------------------|----------------|---------|
| Friday, January 6, 2012 | 9:45am—12:00pm | English |
| Friday, March 2, 2012 | 9:45am—12:00pm | English |

IEP TRAINING WORKSHOPS

(Facilitated by: The Office of Clients' Rights Advocacy; Disability Rights California)

| | | |
|--------------------------|------------------|---------|
| Friday, January 20, 2012 | 9:45am - 12:00pm | English |
| Friday, March 16, 2012 | 9:45am—12:00pm | English |

THE NEW PREVENTION SERVICES/EARLY START

(Facilitated by Infant Development Association)

Thursday January 26, 2012 8:30am—11:00am

Fees: \$20 IDA Members/\$25 Non-Members-Parents Free—

To Register: www.idaofcal.org

JOURNEY THROUGH ADOLESCENCE

Facilitated by TASK (Team of Advocates for Special Kids)

Tuesday February 7, 2012 10:00am—12:00pm English

TRANSITION TO ADULT SERVICES

Facilitated by TASK (Team of Advocates for Special Kids)

Tuesday March 6, 2012 9:30a—12:30pm English

SAVE THE DATE!!!

20TH ANNUAL INFORMATION FAIR & FESTIVAL

SUNDAY, APRIL 29, 2012 1:00—4:00pm

For Families with Special Needs Children from 0—22

PARENTS' PLACE SUPPORT GROUP MEETINGS

CHILD CARE AVAILABLE FOR ALL SUPPORT GROUPS

REACH (English) 1st Thursday of Each Month 7:00 - 8:30pm

NUEVO DÍA (Spanish) 2nd Wednesday of Each Month 10:00 -11:30am

DAD ROCKS (Eng/Span) January 20 & March 16, 2012 6:30-8:30pm

For more information about Parents' Place, please call
(626) 919-1091 or, E-mail us at empower@parentsplacefrc.com
Website: www.parentsplacefrc.com



The San Gabriel/Pomona PARENTS' PLACE
Family Resource & Empowerment Center
1500 S. Hyacinth Ave. Ste. B, West Covina, CA 91791

CALENDARIO DE EVENTOS

ENERO 1, 2012

POR FAVOR LLAME PARA REGISTRARSE A LOS TALLERES

IFSP & IPP TALLER DE ENTRENAMIENTO

Facilitado por La Oficina de Derechos del Cliente (Disability Rights California)

No Habra Cuidados de Niños en Este Taller

Viernes, Febrero 3, 2012 10:00am—12:00pm Español

IEP TALLER DE ENTRENAMIENTO

Facilitado por La Oficina de Derechos del Cliente (Disability Rights California)

No Habra Cuidados de Niños en Este Taller

Viernes, Febrero 17, 2012 9:45am— 12:00pm Español

CAMINO A LA ADOLESCENCIA

Facilitado por TASK (Team of Advocates for Special Kids)

No Habra Cuidados de Niños en Este Taller

Martes February 21, 2012 9:45am—12:00pm

TRASICION A SERVICIOS PARA ADULTOSu

Facilitado por TASK (Team of Advocates for Special Kids)

No Habra Cuidados de Niños en Este Taller

Martes Marzo 20, 2012 9:30am—12:30pm Español

20va FESTIVAL Y FERIA INFORMATIVA

Domingo Abril 29, 2012 1:00 — 4:00pm Para familias con Niños con Necesidades Especiales, 0-22

GRUPOS DE APOYO DE EL LUGAR DE LOS PADRES

Se proveerá cuidado de Niños en Los Grupos de Apoyo

| | | |
|----------------------------|----------------------|-----------------|
| NUEVO DÍA (Español) | 2º Miercoles del Mes | 10:00am—11:30am |
| REACH (Inglés) | 1er. Jueves del Mes | 7:00 — 8:30pm |
| DAD ROCKS (Inglés/Español) | Enero 20, Marzo 16 | 6:30 — 8:30pm |

Para mas información, llamenos a El Lugar para Los Padres al (626) 919-1091,
o mande por correo electronico a empower@parentsplacefr.com
página electronica www.parentsplacefr.com

Por cortesía a los participantes y a los presentadores favor de ser puntual, gracias!

Fundado en parte por California Department of Developmental Services & California Department of Education



***ARE YOU A PERSON WHO IS INTERESTED IN
SERVING YOUR COMMUNITY?***

DO YOU HAVE EXCELLENT OFFICE SKILLS?

***DO YOU HAVE 10-15 HOURS PER WEEK TO BE PART
OF A CARING ORGANIZATION?***

***IF SO, AND YOU'RE ABLE TO MEET THE QUALIFICATIONS LISTED
IN THE BELOW JOB DESCRIPTION, WE'D LIKE TO TALK TO YOU.***

TITLE: ADMINISTRATIVE ASSISTANT

POSITION DESCRIPTION: Reporting to the Director, performs confidential secretarial and clerical work. Handles written communications, including but not limited to: letters, memos, reports, newsletter articles, with the ability to compose correspondence independently. Maintains administrative and equipment files for Director; maintains calendar; distributes incoming mail; performs other related duties as required or assigned.

MINIMUM QUALIFICATIONS: EDUCATION AND EXPERIENCE: Five years of progressively responsible secretarial experience, with emphasis in Human Resources, or any combination of training and/or experience that could provide the desired knowledge and abilities; embraces family-centered values and multi cultural issues of Part B & C of IDEA.

KNOWLEDGE AND ABILITIES: Knowledge of office methods and equipment, practices and procedures; excellent typing skills, minimum of 55 wpm; excellent grammar and writing skills; proficient in Word, Publisher and some knowledge of Access; ability to navigate the Internet. Excellent communication skills; comfortable with budgets, expense reports and billing practices; sensitivity to work effectively with other personnel and professional contacts; ability to organize work to meet deadlines; experience performing confidential secretarial and clerical work involving independent judgment; knowledge of early intervention services and developmental disabilities highly desirable.

OTHER: Full use of an automobile, possession of a valid driver's license and automobile liability insurance for the minimum amount prescribed by law; or ability to provide independent transportation.

APPLICATION INFORMATION: Your application should clearly demonstrate that you meet the minimum requirements of this position. Upon review of your application and supportive information, the most qualified candidates will advance to the interview. You will be contacted by phone should this occur. Please mail your Resume to:

Attn: Human Resources
San Gabriel/Pomona PARENTS' PLACE
1500 S. Hyacinth Ave., Suite B; West Covina, CA 91791
Or, FAX your Resume to: (626) 919-2784
Or, Email to: humanresources@parentsplacefrc.com
NO PHONE CALLS, PLEASE

This position is funded by a California Early Start Grant from the Department of Developmental Services and Department of Education Empowerment grants. Continuation of the position is contingent upon availability of funds.

Parents' Place is an Equal Opportunity Employer.

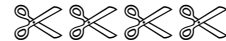
**The San Gabriel/Pomona
Parents' Place**
Family Resource & Empowerment Center
1500 S. Hyacinth Avenue, Suite B
West Covina, CA 91791-3832

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RETURN SERVICE REQUESTED

YES, I would like to be added to The Parents' Place mailing list.
Si, me gustaria estar en la lista de correos de El Lugar de los Padres

Clip and Mail/Recortelo y Envíelo



Name/Nombre: _____

Address/Domicilio: _____

City/State/Zip: _____

Telephone #: (_____) _____ E-mail: _____
(Telefono)

Parent/Professional (Circle One) Agency: _____
Padre/Profesional (Circule uno) (Agencia)

Child's Disability: _____ Child's Birthdate: _____
(Discapacidad del Nino)

Primary Language: _____
Idioma Principal

Topics of Interest: _____
Temas que le Interesan

PARENTS' PLACE does not rent, sell, or exchange its mailing lists with any organization or individual. Your information is considered confidential and your privacy is respected!

The San Gabriel/Pomona PARENTS' PLACE Newsletter is a publication of the PARENTS' PLACE Family Resource & Empowerment Center. Views expressed in this publication are provided for your information and **are not** necessarily the views of the PARENTS' PLACE.

Funded in part by Early Start, California Department of Developmental Services Contract #HD490019 and the California Department of Education Family Empowerment Grant (SB511)