



PARENTS' PLACE NEWSLETTER

The San Gabriel/Pomona
PARENTS' PLACE
Family Resource &
Empowerment Center

Volume 16, Issue 1

January-February-March 2010

MEMORIES AND APPROACHING THE NEW YEAR BY SONA BAGHDASSARIAN, DIRECTOR

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FLYERS ENCLOSED IN THIS NEWSLETTER

- Assistive Technology 101
- Basic Rights Workshop
- Calendar of Events
- Open House
- Save the Date —
Info Fair & Festival

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As we put 2009 to bed and begin the New Year, we reflect on all the many things that have happened over the year. At Parents' Place, there are two things that stand out the most. The first is the 20th anniversary for the Birth to Three Seminar. There we recognized our partners like Foster Kinship Program at Citrus College, San Gabriel/Pomona Regional Center and our own Mary Holland for all they have done for our Early Start families. The other is our 3rd annual "Transition from High School...What you Need to Know" conference. A total of 155 persons attended our sessions, of which 115 were parents, 18 were professionals and 22 were young adults. Just viewing the numbers tells us how great the need is for a conference of this type and we will continue to support parents with these valuable trainings.

In our July issue, I had said "In the Middle of Difficulty Lies Opportunity." For some families who feel they are still looking for the opportunity, don't despair and don't isolate yourself because of what is happening. At Parents' Place we have two support groups that we run through our office. We have a list of other local groups as well. It is more important than ever to strengthen your circle of support with other families and friends who may be in the same situation as you. Plan simple events like going to the park with other parents, going to movies, or even having movie nights at someone's home. Either rent a movie or pull one from your library of favorites. Have everyone bring something to eat, and then sit down and enjoy. During

these times, going back to the simple and basic things in life will bring us back together and remind us that there are more interesting things in life than therapies and fair hearings, and we can be involved with them.

That being said and from everything that is being talked about for the upcoming year, we all are going to be forced to tighten our belts one more time. The State is still projecting a shortage of funds and they are looking for ways to cut again. All of us need to continue educating our legislators. The process has not ended, nor is it ever going to be put on hold. It is our responsibility, each and every one of us, to get to know our local legislators and make sure they get to know us. When you visit your local legislator, ask them if they understand the consequences of their decisions. Have them explain to you the details of what they are agreeing to, not an overview, but details of the budget cuts. If they ask you, where you expect them to cut in another program, put the question back on them by asking, "Why are you cutting in this program at all?" The last thing we want to do is put one program against another. We need them to truly understand what they are agreeing to. It has been said, "The devil is in the details." Well, the details are what you need legislators to be accountable for. Chances are, they really don't have the entire picture in front of them and that is the perfect opportunity to assist them to understand what is being proposed and how it will affect not only your child, but the community as a whole.

MEMORIAS Y RICIVIENDO AL AÑO

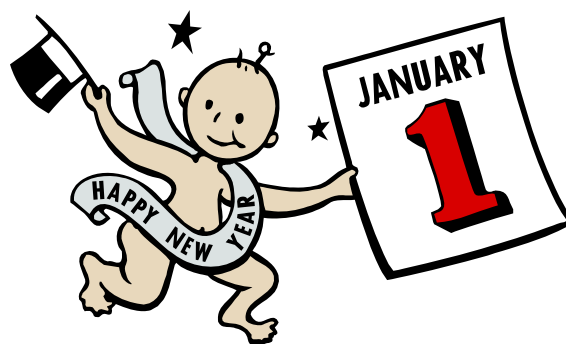
por Sona E. Baghdassarian, Directora

De Manera que ponemos el 2009 a dormir y empezamos el Nuevo Año, reflexionamos en todas las cosas que han pasado en este año. En el Lugar de los Padres hay dos cosas que hacen la diferencia. La primera fué nuestro aniversario de el Seminario "Birth to Three." En el seminario le dimos reconocimiento a; Foster Kinship Program de el Colegio Citrus, El Centro Regional de el Valle de San Gabriel, y nuestra querida Mary Holland por todo lo que han hecho por las familias de Early Start. La otra es nuestra conferencia de Transición despues de la Preparatoria...lo que usted necesita saber. Un total de 155 personas atendieron nuestras sesiones, de las cuales 115 eran padres, 18 profesionales y 22 jovenes. Al mirar estos numeros nos hace ver la necesidad que tenemos de ofrecer este tipo de conferencia y continuar apoyando a los padres en la edad de transición con estos valiosos entrenamientos.

En nuestra carta de Julio, dije que "En medio de la dificultad yace la oportunidad." Para algunas familias que sienten que aún estan buscando la oportunidad, no se desesperen y por sobre todo no se aislen por todo lo que está pasando. Aqui en el Lugar de los Padres tenemos dos grupos de apoyo y una lista de otros grupos de apoyo en la comunidad. Es muy importante que refuerce su circulo de apoyo con otras familias y amigos que quizás esten en la misma situación que usted. Planeé eventos simples como una caminata en el parque con otros padres, ir al cine, o quizás tener peliculas en las tardes en la casa de otros padres o amigos. Rente una pelicula o tome una de la libreria invite a sus amigos y todos traigan un platillo sientese a mirar la pelicula y disfrute de una tarde feliz. Durante estos tiempos dificiles regresar a lo basico y las cosas basicas de la vida los unirá y le recordará que hay cosas mas interesantes que terapias y demandas.

Al decir esto y por todo lo que se há estado hablando acerca del año venidero, parece que tendremos que apretarnos lo cinturones una vez

mas. El estado está proyectando que estará corto de fondos y esta mirando como seguir recortando servicios. Todos necesitamos continuar educando a nuestros legisladores. El proceso no está terminado, es nuestra responsabilidad de conocer a nuestros legisladores locales y segurarnos que ellos nos conozcan de la misma manera. Cuando usted visite las oficinas de su legisladores pregunte si entienden las consecuencias de las decisiones que toman. Haga que ellos le expliquen en detalle lo que han firmado diga que usted no quiere un vista de los recortes sino que usted necesita saber los detalles de los recortes del presupuesto. Si ellos le preguntan a usted donde usted cree que neceistan hacer los recortes o en que programa, usted puede voltear la pregunta hacia ellos y diga porque tienen que recortar cualquier programa. Necesitamos que ellos entiendan completamente lo que ellos estan recortando. Se há dicho que el "Demonio está en los detalles" bueno pues los detalles es lo que los legisladores necesita ser responsables. Quizas ellos ni siquiera entienden todo lo que afecta los recortes y esta es su oportunidad de asistir a sus legisladores para que entiendan las ramificaciones de las decisiones que ellos toman no solamente para su niño sino para toda la comunidad.



Remembering Childhood

Reprinted from an Article in Growing Together Newsletter-August 2009
 Provided by Early Intervention Support Services, Los Angeles County of Education

Remember the baby book you kept when your child was an infant? Maybe it's tucked away on the shelf in a closet or in a drawer. Wherever it is, take it out. It will provide many hours of sharing, learning, and fun for you and your child.

A memory book is a particularly great resource for any special time you set aside to spend with your child, such as a rainy day or a story at bedtime. As he grows older, he will delight in hearing stories about himself at a time he can't remember. If you never kept a baby book for your child, or if it's been a long time since you added any material, now is a good time to start a current memory book. Here are some of the things you could include:

1. **Photographs.** Take pictures of him—eating; sleeping; having fun with friends and family; enjoying favorite activities such as playing with favorite toys. Be sure to label the back of each photo with a short description and a date.
2. **Artistic creations.** Keep samples of your child's artwork in his memory book. Save early scribbles as well as his work with finger paints, crayons, water colors, collages, self-portraits and treasured colorings. You don't need to save everything he does. Have him help you choose a few favorites. Remember to date them.
3. **Physical measurements.** Make a growth chart marked off in inches. Every few months, measure your child and make a notation on the chart of the date on which he reached that height. Alongside make a note of his weight on that date, if you have a scale
4. **Stories and songs.** Write down stories that your child makes up, songs he composes, interesting or funny things he says, insights he has about life and people. Include some of his favorite stories, books and songs.
5. **Video recordings.** If you own a video camera, or have access to one, use it to record special events such as holidays, birthdays, and other significant happenings. Record him singing, telling a favorite story, or talking on the telephone.
6. **Written record.** Keep a written record to go with the pictures, recordings, creative products, and other records of your child's development. Make a few notes about what he likes to do at different age levels. Describe the skills he's learning. Note the things he likes and doesn't like. Be sure to record experiences he has particularly enjoyed. With the collection of these kinds of materials and notes, you're creating a gift for your child more valuable than any toy or gift that money could ever buy. You're also helping him develop self-confidence by providing him with a record of his growth—a word-and-picture story of who he was, and who he has become. As he grows older, it will become a special treasure not only for him but also for others, who will come to know and love him too.

*But Most of All...While You
 and Your Children are Busy
 Creating....Have Fun!
 These memories will be with
 you for a lifetime.*

Recordando su Niñez

Tomado de un artículo de carta de Creciendo Juntos-Agosto 2009. Proveida por Servicios de apoyo de la Intervención Temprana, La oficina de Educación de el Condado de los Angeles

Recuerda su libro de bebe que usted tiene de cuando su niño era un bebe? Quizas este guardado por ahí en una repisa o cajon de su closet. Donde sea que este, saquelo, le proveera innumerables horas de aprendizaje, compartimeinto, amor y mucha diversión para usted y su niño/a.

Un libro de memorias será particularmente un muy buen recurso para cualquier momento que usted separe para compartir con sus niños, como en un dia lluvioso o una historia para dormir. De manera que el/ella vaya creciendo será deleitado al oír historias de cuando el/ella eran bebes que no recuerdan. Si usted no tiene un libro de bebe o si ha pasado mucho tiempo desde que usted hizo el suyo, ahora es un buen momento para empezar un nuevo libro de memoria. Aquí le damos algunas ideas que puede incluir en su libro:

1. Fotografias. Tome fotos de su bebe – comiendo; durmiendo; divirtiendose con sus amiguitos o con la familia; disfrutando actividades favoritas. Asegurese de escribir atras de la foto una pequeña descripcion y la fecha.

2. Creaciones artisticas. Guarde ejemplos de las artes de su niño en su libro de memoria. Guarde esos primeros garabatos asi como los trabajos hechos con sus propios deditos como colorear, pinturas de agua, retratos de el mismo, y todos esos tesoros de arte. No tiene que guardar todo, incluya a su bebe al escojer cuales son sus trabajos favoritos. Recuerde de poner la fecha detras de los trabajos.

3. Medidas de Crecimiento. Haga una grafica de crecimiento, marcando el crecimiento en pulgadas. Cada mes tome medidas del crecimiento de su niño/a y anotelas en la grafica con la fecha mostrando lo que ha crecido. Tambien puede incluir el peso y estatura si tiene una pesa.

5. Historias y canciones. Escriba las historias que su niño ha creado, canciones que el ha compuesto, cosas interesantes o divertidas que el/ella ha hecho o dicho. Esas cosas interesantes que le ha compartido acerca de la vida o de otra gente, asi como sus canciones y libros favoritos.

5. Grabe videos. Si usted tiene una camara de video, usela para grabar esos momentos especiales, como dias festivos, cumpleaños, y cualquier momento especial. Grabe a su niño cantando, diciendo una historia, o hablando por telefono.

6. Mantenga un record por escrito. Mantenga un record por escrito que vaya junto con las fotos, grabaciones, productos creativos, y sus etapas de crecimeinto. Haga algunas notas de lo que su niño le gusta hacer en las diferentes etapas de su vida. Describa las destrezas que su niña/a há aprendido. Escriba las cosas que a el/ella le gustan y las que no le gustan. Anote esas experiencias particularmente las que usted sabe que su niño/a disfrutó mas que otras. Con la recolección de todos estos recuerdos, materiales, y notas usted estará creando un regalo para sus niños mas valioso que cualquier regalo que el dinero pudiera comprar. Usted está ayudando su niño/a construir confianza en el mismo al proveerle un record de su crecimiento, una historia con palabras-fotos de quien era el y de lo que ahora es. De la manera que el siga creciendo esto será un tesoro especial, no solamente para el/ella sino para todos los que lo conozcan y lo amen.

Pero Sobretudo... Mientras usted y su niño se encuentran ocupados creando... Diviertanse! Estas memorias le durarán para el resto de su vida.



GOVERNMENTAL, LEGISLATIVE & ADVOCACY WEBSITES

California Assembly
<http://www.assembly.ca.gov/>

California Board of Education
<http://www.cde.ca.gov/be/>

California Children Services <http://www.dhs.ca.gov/pcfh/cms/ccs/>

California Department of Education
<http://www.cde.ca.gov/>

Special Education Division
<http://www.cde.ca.gov/sp/se/>

Alternative Schools & Programs <http://www.cde.ca.gov/sp/eo/as/>

Specialized Programs
<http://www.cde.ca.gov/sp/>

California Legislative Analyst's Office
<http://www.lao.ca.gov/>

California Legislative Information
<http://www.leginfo.ca.gov/>

CDC Learn the Signs-Act Early Website
<http://www.cdc.gov/actearly>

California Senate
<http://www.sen.ca.gov/>

Congress.org - Your Link to Congress
<http://www.congress.org/>

Council of Parent Attorneys & Advocates <http://www.copaa.net/>

Disability Law Resource Project <http://www.dlrp.org/>

DREDF: Disability Rights Education & Defense <http://www.dredf.org/>

EDLAW, Inc.
<http://www.edlaw.org/>

FindLaw: Education Law
<http://www.findlaw.com/01topics/37education/>

Interagency Committee on Disability Research <http://www.icdr.us/>

Legal Rights of Persons with Disabilities <http://ag.ca.gov/publications/legalrights/legal-rights.htm>

Legal Services of Northern California
<http://www.lsn.net/>

Matrix Parent Network & Resource Center
<http://www.matrixparents.org/>

National Institute of Literacy
<http://www.nifl.gov/>

Office of Hearings and Appeals
<http://www.ed-oha.org/>

National Association of College and University Attorneys
<http://www.nacua.org/>

Parent Advocacy Coalition for Educational Rights <http://www.pacer.org/>

Protection & Advocacy (California)
<http://www.pai-ca.org/>

The Special Ed Advocate
<http://www.wrightslaw.com/>

The Technical Assistance Alliance for Parent Centers
<http://www.taalliance.org/>

US Dept of Education
<http://www.ed.gov/index.jhtml>

Office for Civil Rights
<http://www.ed.gov/about/offices/list/ocr/index.html?src=mr>

Office of Special Education & Rehabilitative Services
<http://www.ed.gov/about/offices/list/osers/index.html?src=mr>

US Dept of Justice
<http://www.usdoj.gov/>

American with Disabilities Act Home Page
<http://www.usdoj.gov/crt/ada/adahom1.htm>

Civil Rights Division
<http://www.usdoj.gov/crt/>

Consumers' Guide to Disability Rights Laws
<http://www.usdoj.gov/crt/ada/cguide.htm>

US Equal Employment Opportunity Commission
<http://www.eeoc.gov/>

US Government Printing Office
<http://www.gpoaccess.gov/index.html>

US House of Representatives
<http://www.house.gov/>

US Library of Congress - Thomas Federal Legislative Information
<http://thomas.loc.gov/>

US Senate
The White House
<http://www.whitehouse.gov/>



San Gabriel/Pomona

Parents' Place

Family Resource & Empowerment Center

Parents' Place Continues Fundraising Efforts

You can help support Parents' Place by supporting our fundraising efforts.
Simply participate in one or more of the following:

1



Bring your empty inkjet & laser cartridges and used cell phones to our office. We can recycle them and earn valuable credits toward our daily operational costs.

2



Internet Users! Parents' Place has registered in the **Good Search Program**. We receive credit

for every search you make on the internet (all done through Yahoo), plus a percentage of all purchases you make when you use the "**Good Shop**" link. It's easy....give it a try!

- Go to: www.goodsearch.com (place this site on your Favorites list for future use)
- Place our name in the favorite charity box. (we are listed as San Gabriel Pomona Parents Place), and have fun searching and purchasing.

AND IF YOU SHOP AT ALBERTSON'S OR RALPH'S,

ALL YOU NEED TO DO IS LINK OUR NUMBER TO YOUR SAVINGS CARD.

3



- Go to: albertsons.com/cp to sign-up or renew your link, or
- Sign up at your local store
- Link your number to our organization number # 4 9 0 0 0 1 2 7 4 3 1

4



- Go to: www.ralphs.com
- All new and prior on-line customers must sign up for the new year, effective September 1, 2009.
- If you are a new on-line customer, click on Sign Up Today in the New Customer box and follow instructions. You will need zip code of store you shop at and your Ralph's Rewards card number.
- If you have registered before, put in your e-mail & password and click on "My Account." View all information and edit as necessary.
- If you are new or signing up again, don't forget to link our Organization Number: 8 4 7 5 5 to your account.

!!Thank You for Your Support!!

1500 S. Hyacinth Avenue Suite B, West Covina, CA 91791

(626) 919-1091 ** (626) 919-2784 Fax

Website: www.parentsplacefrc.com ** E-mail: empower@parentsplacefrc.com

**Bonnie Clemans Memorial Service Award
In Recognition of Those Who Generously Give of Themselves
for Children With Disabilities**

given by
The Community Advisory Committee (CAC)
of the

**East San Gabriel Valley (ESGV)
Special Education Local Plan Area (SELPA)**
1400 Ranger Drive, Covina, California 91722-2055
Phone: (626)966-1679 ~ Fax: (626)339-0027

In 1996 the world lost a very special person and advocate for special education. Bonnie Clemans was a devoted mother of two and a grandmother of three children with varying degrees of disabilities. Her skills and training were not limited to education or specific disabilities. She effectively advocated for all regardless of the issues. Bonnie was always willing to help if she could making her eagerly sought after as a presenter, speaker and trainer on a broad spectrum of topics. She often spoke to a variety of audiences: special education teacher credential classes at the University of Southern California, La Verne University and Azusa Pacific University; special education classes at Citrus and Mt. San Antonio Community Colleges; and community, regional center and parent groups. Sharing her experience based tales of negotiating through the often confusing, paper driven red tape strewn systems served as a road map for many of her listeners. Her many years of involvement resulted in positive working relationships with past and present elected officials.

Within her already busy schedule, she made time to serve many organizations in a variety of positions:

- Community Advocacy Committee Los Angeles County Representative
- McGeorge School of Law advocacy representative
- Los Angeles County Office of Education Community Advisory Committee (CAC) representative

Her networking system included:

- United Cerebral Palsy (UCP)
- Organization of Area Boards (OAB)
- Team of Advocates for Special Kids (TASK)
- Association for Retarded Citizens (ARC)
- Parents Advocacy League (PAL)

It is for all this and more that the members of the ESGV SELPA CAC and friends of Bonnie Clemans have decided to honor her and other individuals like Bonnie who have a special devotion and impact on the lives of the students with disabilities in the ESGV SELPA. The person who receives this award will be someone who is able to join people together so that children do not fall through the "cracks" that are created when people don't work together. This person will be someone who freely and constantly provides the ***SEAM*** that holds our system together and allows it to function!

***S** Service to all for students with disabilities and/or their families

***E** Exceptional effort above and beyond their own personal benefits or position duties

***A** Advocacy, mediation, support and training

***M** Making a difference in the educational lives of students with disabilities and/or their families

The Bonnie Clemans Memorial Service Award will honor one individual annually for their hard work and dedication to the children of the ESGV SELPA. The CAC will accept nominations by application from February 1 through April 30. Please use the reverse of this announcement to provide the information necessary for the CAC selection committee to make a decision. The honoree will be selected during the month of April and notified by May. The award will be announced by the CAC Committee Chairperson at the Joint Program Council and CAC June Luncheon.

(form on back)

Bonnie Clemans Memorial Service Award

Eligibility Criteria:

This award is limited to people who have provided service (present or past) within the geographic boundaries of the East San Gabriel Valley SELPA school districts. It can be awarded only once to any nominee. However, a person can be nominated more than one time.

This Person is Nominated for the Bonnie Clemans Memorial Service Award

(Please print or type)

Name Mr./Mrs./Miss/Ms./other _____
First Middle Last

Address _____

City _____ State _____ Zip _____

Telephone Number (Home) (_____) _____ (Work) (_____) _____

Occupation _____ Nominated by _____

Address _____

City _____ State _____ Zip _____

Telephone Number (Home) (_____) _____ (Work) (_____) _____

Please supply all of the following information:

- Describe the nominee's activities that make him/her exceptional in the support of special education children and their families in the ESGV SELPA/
 - Include the time frame and actual accomplishments
 - Explain why these were above and beyond personal benefit and work duties (if applicable)
 - Provide any areas that included helping others directly with the special education process
 - Have specific students and families explain how they benefited from the nominee's attentions

Provide the names and telephone numbers of two references who can attest to the activities of the nominee (please exclude family members of the nominee).

Personal Reference 1: _____ Telephone #: (_____) _____

Personal Reference 2: _____ Telephone #: (_____) _____

3. Other information that might assist the committee in making a selection is welcome.

4. **COMPLETE NOMINATION PACKET MUST BE RECEIVED AT THE ADDRESS BELOW BETWEEN FEBRUARY 1 AND APRIL 30.**

**Community Advisory Committee
Attention: Bonnie Clemans Memorial Award Committee
ESGV SELPA Office
1400 Ranger Drive
Covina, California 91722-2055**

JANUARY-FEBRUARY-MARCH 2010 CALENDAR

The San Gabriel/Pomona PARENTS' PLACE ACTIVITIES

(626) 919-1091 or (800) 422-2022
e-mail: empower@parentsplacefrc.com

The San Gabriel/Pomona PARENTS' PLACE BOARD MEETING

Board Meetings are held once each month, usually between 10:00 am and 12:00 noon. Meetings are held at the PARENTS' PLACE Family Resource & Empowerment Center, 1500 S. Hyacinth Ave., Suite B, West Covina. Please call our office (626) 919-1091 for actual date and time.

The San Gabriel/Pomona PARENTS' PLACE Family Resource Center Advisory Council and the LOCAL INTERAGENCY COORDINATING AREA (LICA) meet every 2ND Thursday of each month from 9:00 am to 11:00 am at the San Gabriel/Pomona Regional Center. For information, call our office at (626) 919-1091.



REACH

Parent Support Group
the First Thursday of Each Month
7:00—8:30 pm

For more information, call Rachel Atencio at the PARENTS' PLACE (626) 919-1091.

UPCOMING WORKSHOPS

IFSP/IPP Trainings (English/Spanish)

Friday, January 8 — 12noon to 2:00pm (English)
Friday, February 19 — 10am to 12noon (Spanish)
Friday, March 5 — 10am to 12noon (English)

IEP Trainings (English/Spanish)

Friday, January 22 — 10am to 12noon (English)
Friday, February 26 — 10am to 12noon (Spanish)
Friday, March 19 — 10am to 12noon (English)

**Facilitated by Office of Clients Rights Advocacy
(Protection and Advocacy, Inc.)**

Basic Rights Workshop

Facilitated by TASK
(Team of Advocates for Special Kids)
Tuesday, March 2 — 10am to 2:00pm (Spanish)
Wednesday, March 3 — 10am to 2:00pm (English)

Parents' Place Annual Open House

Friday, February 5 — 4:00 to 7:00pm

Assistive Technology 101

Facilitated by TASK
(Team of Advocates for Special Kids)
February 17—10am to 12noon (English)

SAVE THE DATE!

**18th Annual
Information Fair & Festival
Sunday, April 25, 2010**

PARENTS' PLACE
LE INVITA A UNIRSE A NUESTRO GRUPO DE APOYO EN ESPAÑOL
NUEVO DÍA

CADA SEGUNDO MIERCOLES DE EL MES 10:00 a 11:30 am
PARA MAS INFORMACIÓN, llame a: Elena Sanchez a (626) 919-1091

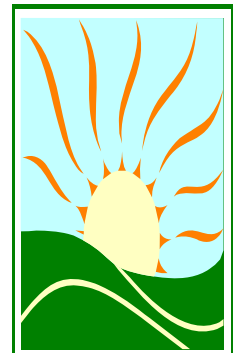
PARENTS' PLACE

Invites You to Attend our Spanish-Speaking Support Group

NEW DAY

Every Second Wednesday of the Month 10:00 to 11:30 am

For More Information, call Elena Sanchez at (626) 919-1091



JANUARY-FEBRUARY-MARCH 2010 CALENDAR—CONTINUED

MISCELLANEOUS EVENTS/ CONFERENCES SCHEDULED (For detailed information on any of these events/ conferences, call (626) 919-1091)

January 9/10: Winter 2010 Autism Conference, presented through ASA. Held in Long Beach.

January 22: Home Visiting—Working with Children who are Medically Fragile, sponsored by IDA, Held at Braille Institute, Los Angeles.

February 1/2: Competence & Confidence and Functionality, presented by Calif. Early Start—Advanced Practice Institute for Professionals. Held in Redondo Beach, CA.

February 5: Pathways to Successful Employment, sponsored by Self-Advocacy Board of L.A. County.

February 6: Tuning into Music (for the child with special needs). 9:00a—12n. Sponsored by Pasadena Child Development Associates. Fee \$40. Call (626) 793-7350, X 219 for more info.

February 6-7: 4th Annual Autism/Asperger's Conference, sponsored by Autism Conferences of America, held in Anaheim, CA.

February 11/12: Social Thinking presented by Michelle Garcia Winner Workshops on Autism Spectrum Disorders, ADHD, NLD & more. Held in Long Beach, CA. For more info, call (408) 557-8595, Ext. 303.

February 20: 14th Annual Lowenfeld-Akeson Early Years Symposium, "Catching Kids who Fall Between the Cracks". Held at Calif. School for the Blind.

February 27-28: 1st International Conference on Pediatric Psychological Trauma in Infants & Young Children from Illness Injury & Medical Intervention. Held in Los Angeles.

March 13-14: Casa Colina's 9th Annual: Trends in Autism Conference, held in Claremont, CA.

March 20: Food Allergies & Intolerances in Children. 9:00a—12n. Sponsored by Pasadena Child Development Associates. Call (626) 793-7350, X 219 for more info.

April 22-24: Early Intervention: Practices that Make A Difference. Sponsored by IDA of California, Held in Riverside Convention Center, Riverside, CA.

COMMUNITY INVOLVEMENT/ COLLABORATION OPORTUNITIES

Autism Society of America—Greater Long Beach/San Gabriel Valley Chapter ASA. P.O Box 15247, Long Beach, CA 90815-0247. Call (562) 943-3335 for dates and location of support meetings or information regarding Chapter activities.

East San Gabriel Valley SELPA Community Advisory Committee (CAC). CAC meetings normally held monthly, 6:30pm—8:30pm, at the ESGV SELPA office (across from Fairvalley School), 1400 Ranger Drive, Covina. For exact dates and information, call ESGV SELPA office (626) 966-1679.

Pasadena USD SELPA Community Advisory Committee (CAC). CAC meetings normally held monthly, 7:00pm—9:00pm. Call Blanca Siebels, CAC Chair (632) 536-4105 for location, exact dates and to reserve free childcare and translation.

Puente Hills SELPA Community Advisory Committee (CAC). CAC meetings normally held quarterly, 9:30a—11:30am, for Hacienda/Rowland USD's. For exact dates and location information, call Puente Hills SELPA office (626) 964-7458.

Pomona SELPA Community Advisory Committee (CAC). Meetings to be established. To check on meeting status, call (909) 397-5090.

West San Gabriel Valley SELPA Community Advisory Committee (CAC). CAC meetings normally held bi-monthly, 6:30pm-8:30pm, at WSGV SELPA office, Alhambra. Call for exact dates and information (626) 943-9748.

AREA BOARD 10 Board of Directors Meeting – First Thursday of each month, 4:30pm. For location information, call (818) 543-4631, or check website for changes and agenda www.areaboard10.org.



JANUARY-FEBRUARY-MARCH 2010 CALENDAR - CONTINUED

REGIONAL CENTER (SG/PRC) Activities

909) 620-7722

Website: www.sgprc.com

Board Meeting: Held the fourth Wednesday of each month at 7:00pm. Location: SG/PRC. For further information, call Linda Derosiers at SG/PRC (909) 868-7512.

Chinese—Korean Parent Support Group: Call Maggie Lang at SG/PRC (909) 868-7526 for meeting times and dates.

P.A.T.H. (Parents Acting for the Handicapped): For details, call Joanne East at (626) 919-4983.

ALIANZA General —Spanish Parent Support Group: Meets every third Thursday of each month, 6:00-8:00pm Call Violeta Escobar at (909) 868-7528.

Filipino Support Group: Contact Violeta Escobar at SG/PRC, (909) 868-7524, for information and details. Meeting held in English; however, most parents speak Tagalog.

SUPPORT GROUPS MISCELLANEOUS

A.B.L.E. Academy for “Mommy or Daddy and Me” - 0—3 years old with caretaker. Ongoing Tuesdays, Wednesdays, Fridays between 10:15-11:30am. Held in Glendora and Hacienda Hgts. Call 626-812-0055 for info.

Caring Connection, The—Parent Support Group for High-Risk Infants. Held 3rd Thursday of each month (English & Spanish), Pomona Valley Hospital. Call Edda Mendez (909) 865-9703.

Foothill Autism Alliance: For information concerning upcoming meetings, time and place, please call (818) 66-AUTISM, or visit their website at www.foothillautism.org.

CH.A.D.D. – Foothill Chapter 920: Call the Frostig Center, TEL: (626) 791-1255 for info on dates and time. Located in Pasadena, 971 N. Altadena Drive.

Club 21 — Learning & Resource Center is dedicated to the inclusion of individuals with Down syndrome in home, school

SUPPORT GROUPS MISCELLANEOUS (Continued)

and community life. Provides families encouragement, resources, and a supportive community that participates in events like weekly open play groups, parent chat nights, peer social events, sign language classes, therapy consultations and IEP/school support. Call 626-844-1821 or e-mail info@clubtwentyone.org for general questions. Located in Pasadena.

CPAD (Chinese Parent Assoc. for the Disabled) - San Gabriel, CPAD holds support group meetings and trainings for Chinese-speaking parents. Call Rose Wang (626) 202-4773 for dates and times. Hot Line: (626) 307-3837

Down Syndrome Association of L.A., Pomona: Sub Group – “Up for Down.” Meets third Thursday every other month at 7:00-8:30pm. For information, call Carol Anten at (909) 268-6344.

Fiesta Educativa: Spanish-speaking Support Group for all Disabilities. Meets twice monthly on different topics. Call Laura Ruesga at (323) 221-6696 for dates, times and topics.

FUERZA – Spanish-speaking Support Group for Down Syndrome & Cerebral Palsy – Call (800) 200-4323 or (310) 391-7153.

Epilepsy Foundation of Los Angeles County – Call for date and time (310) 670-2870.

Parenting Preemies—A 10-week educational support group held at San Antonio Hospital, for parents with recently—discharged pre-mature babies, low birth weight babies or babies with special needs. Call Valerie Willis (909) 985-2811, Ext. 23677 for schedule and signup.

DIR®/Floortime™ Parent Support Group—for parents of children with all types of disabilities to support each other in using DIR®/Floortime™ strategies at home. Meets 2nd Tuesday each month, 6:30-8:00pm at Pasadena Child Development Associates, Pasadena. Call Felicie Standley at (626) 793-7350, Ext 257, or e-mail to Felicie@pasadenachilddevelopment.org.

Pomona Valley Learning Disability Assoc. — Meetings held 3rd Thursday of each month, 5:30-8:00p.m., at Rancho Cucamonga Family Resource Center, 9791 Arrow Route, Rancho Cucamonga, CA 91730. For further info, call (909) 621-1494, or e-mail us at PVLDA@aol.com.



The San Gabriel/Pomona PARENTS' PLACE
Family Resource & Empowerment Center
1500 S. Hyacinth Ave. Ste. B, West Covina, CA 91791

Calendar of Events EFFECTIVE JANUARY 1, 2010

PLEASE CALL AHEAD TO SIGN UP FOR ALL WORKSHOPS

NOTE: NO CHILD CARE AVAILABLE FOR ANY TRAINING WORKSHOP

IFSP (0-3) & IPP (Over 3) TRAINING WORKSHOPS (Facilitated by The Office of Clients' Advocacy; Disability Rights California)

Friday	January 8, 2010	12:00pm — 2:00pm	English
Friday	March 5, 2010	10:00am — 12:00pm	English

IEP TRAINING WORKSHOPS (Facilitated by The Office of Clients' Rights Advocacy; Disability Rights California)

Friday	January 22, 2010	10:00am — 12:00pm	English
Friday	March 19, 2010	10:00am — 12:00pm	English

ANNUAL OPEN HOUSE

Friday	February 5, 2010	4:00pm — 7:00pm	All Welcome
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ASSISTIVE TECHNOLOGY 101 Facilitated by TASK (Team of Advocates for Special Kids)

Wednesday	February 17, 2010	10:00am — 12:00pm	Pre-Registration Required
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BASIC RIGHTS WORKSHOP Facilitated by TASK (Team of Advocates for Special Kids)

Wednesday	March 3, 2010	10:00am — 12:00pm	Pre-Registration Required
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SAVE THE DATE!!! **18th ANNUAL** **INFORMATION FAIR & FESTIVAL**

Sunday	April 25, 2010	1:00pm — 4:00pm	Families with Special Needs Children, 0-22
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PARENTS' PLACE SUPPORT GROUP MEETINGS

REACH	1st Thursday of Each Month	7:00pm — 8:30pm
NUEVO DÍA (Spanish)	2nd Wednesday of Each Month	10:00am — 11:30am

For more information about Parents' Place, please call
(626) 919-1091 or E-mail us at empower@parentsplacefrc.com
Website: www.parentsplacefrc.com



The San Gabriel/Pomona PARENTS' PLACE
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CALENDARIO DE EVENTOS ENERO 1, 2010

POR FAVOR LLAME PARA REGISTRARSE A LOS TALLERES

APERTURA DE CASA ANUAL

Viernes Febrero 5, 2010 4:00pm — 7:00pm Todos Bienvenidos

IFSP & IPP TALLER DE ENTRENAMIENTO

(Facilitado por la Oficina de Derechos del Cliente)
(Disability Rights California)

Viernes Febrero 19, 2010 10:00am — 12:00pm Español
NO HABRA CUIDADOS DE NIÑOS EN ESTE TALLER

IEP TALLER DE ENTRENAMIENTO

(Facilitado por la Oficina de Derechos del Cliente)
(Disability Rights California)

Viernes Febrero 26, 2010 10:00am — 12:00pm Español
NO HABRA CUIDADOS DE NIÑOS EN ESTE TALLER

TALLER DE DERECHOS BASICOS

(Facilitado por la Oficina de Derechos del Cliente)
(Disability Rights California)

Martes Marzo 2, 2010 10:00am — 12:00pm Pre-Registración
Es Requerida

**Guarde La Fecha!!!
18^{va} ANUAL**

FERIA y FESTIVAL INFORMATIVA

Sunday April 25, 2010 1:00pm — 4:00pm Familias con Niños con
Necesidades Especiales, 0-22

GRUPOS DE APOYO DE EL LUGAR DE LOS PADRES

NUEVO DÍA (Español) 2º Miercoles del Mes 10:00am — 11:30am
REACH (Ingles) 1er. Jueves del Mez 7:00pm — 8:30pm

Para mas información, llamenos a El Lugar para Los Padres al (626) 919-1091,
o mande por correo electronico a empower@parentsplacefrc.com
Pagina Electronica: www.parentsplacefrc.com



The San Gabriel/Pomona
Parents' Place
Family Resource & Empowerment Center

Providing services to Parents, Foster Parents, Guardians and Professionals who work with children and young adults with special needs from birth to 22 years of age.

Invites you to Our



ANNUAL OPEN HOUSE

Friday, February 5, 2010

4:00 p.m. — 7:00 p.m.

Parents' Place

1500 S. Hyacinth Avenue, Suite B
West Covina, CA 91791

Presenting our very 1st Training on DVD

(50 min. Duration)

“Safeguards 101”

An overview of the Procedural Safeguards



**View our Lending Library
Books ~ DVD's ~ Videos ~ Toys**

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**Meet our staff, Learn about our
Services & Community Resources**



Phone: (626) 919-1091 Fax: (626) 919-2784

Family Support: warmline@parentsplacefrc.com * Website: www.parentsplacefrc.com



The San Gabriel/Pomona

Parents' Place

Family Resource & Empowerment Center

Proporcionando servicios a Padres, Padres de Crianza, Guardianes y Profesionales que trabajan con niños con necesidades especiales del nacimiento a los 22 años.

Le Invita a nuestra



APERTURA DE CASA ANUAL

Viernes, Febrero 5, 2010

4:00 p.m. — 7:00 p.m.

Parents' Place

1500 S. Hyacinth Avenue, Suite B
West Covina, CA 91791

Presentando nuestro primer entrenamiento en vídeo
(50 mins. Duración)

“Protección 101”

Una vista al procedimiento de Protección



Mire nuestra librería ambulante
Libros ~ DVD's ~ Videos ~ Juguetes

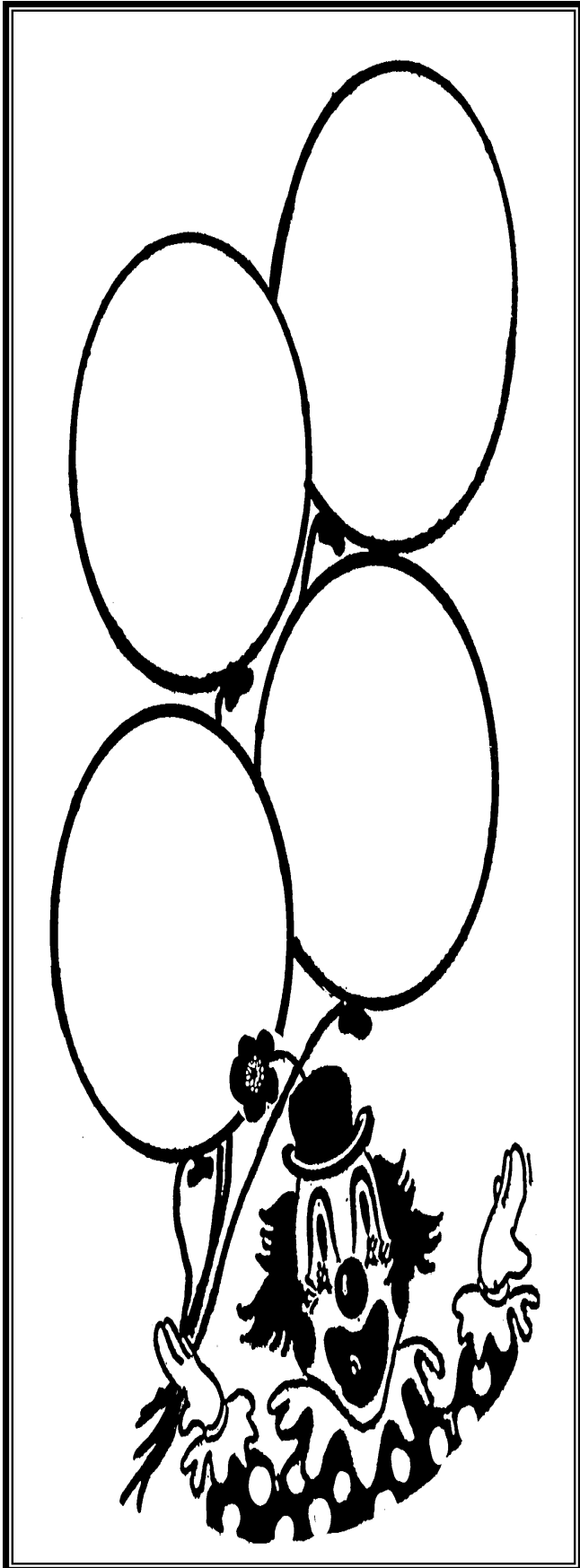
~

Conozca nuestro personal y sepa de nuestros
servicios y recursos en la comunidad



Telefono: (626) 919-1091 Fax: (626) 919-2784
Apoyo familiar: warmline@parentsplacefrc.com * Website: www.parentsplacefrc.com

Funded by California Department of Developmental Services, Department of Education & San Gabriel/Pomona Regional Center



Save The Date!

**Sunday,
April 25, 2010
1:00 — 4:00pm**

**18th Annual
Information Fair & Festival
Location: Cortez Park,
West Covina**

*Hosted by
San Gabriel/Pomona
PARENTS' PLACE*

Guarde La Fecha!

**Domingo,
Abril 25, 2010
1:00 — 4:00pm**

**18va Anual
Festival y Feria Informativa
Locación: Cortez Park,
West Covina**

*Presentado por
San Gabriel/Pomona
PARENTS' PLACE*

**The San Gabriel/Pomona
Parents' Place**

Family Resource & Empowerment Center

1500 S. Hyacinth Avenue, Suite B
West Covina, CA 91791-3832

(626) 919-1091

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YES, I would like to be added to The Parents' Place mailing list.
Si, me gustaria estar en la lista de correos de El Lugar de los Padres

Clip and Mail/Recortelo y Envíelo



Name/Nombre: _____

Address/Domicilio: _____

City/State/Zip: _____

Telephone #: (_____) _____ E-mail: _____
(Telefono)

Parent/Professional (Circle One) Agency: _____
Padre/Profesional (Circule uno) (Agencia)

Child's Disability: _____ Child's Birthdate: _____
(Discapacidad del Niño)

Primary Language: _____
Idioma Principal

Topics of Interest: _____
Temas que le Interesan

PARENTS' PLACE does not rent, sell, or exchange its mailing lists with any organization or individual. Your information is considered confidential and your privacy is respected!

The San Gabriel/Pomona PARENTS' PLACE Newsletter is a publication of the PARENTS' PLACE Family Resource & Empowerment Center. Views expressed in this publication are provided for your information and **are not** necessarily the views of the PARENTS' PLACE.

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